

**DISTANCES (MILES)**

| Table  | M1    | M2    | M3    | M4   | M5 | M6 | M7 |
|--|-------|-------|-------|------|----|----|----|
| <b>001</b>   |       |       |       |      |    |    |    |
| <b>London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness</b> |       |       |       |      |    |    |    |
| LONDON FENCHURCH STREET  | 0.00  | 0.00  | 0.00  |      |    |    |    |
| LIMEHOUSE  | 1.75  | 1.75  | 1.75  |      |    |    |    |
| WEST HAM   | 4.00  | 4.00  | 4.00  |      |    |    |    |
| LONDON LIVERPOOL STREET  |       |       |       | 0.00 |    |    |    |
| STRATFORD  |       |       |       | 4.00 |    |    |    |
| BARKING  | 7.50  | 7.50  | 7.50  | 8.00 |    |    |    |
| UPMINSTER  | 15.25 |       | 15.25 |      |    |    |    |
| OCKENDON   |       |       | 18.50 |      |    |    |    |
| CHAFFORD HUNDRED LAKESIDE  |       |       | 21.00 |      |    |    |    |
| DAGENHAM DOCK  |       | 10.50 |       |      |    |    |    |
| RAINHAM  |       | 12.75 |       |      |    |    |    |
| PURFLEET   |       | 16.00 |       |      |    |    |    |
| GRAYS  |       | 19.75 | 23.00 |      |    |    |    |
| TILBURY TOWN   |       | 21.50 | 24.75 |      |    |    |    |
| EAST TILBURY   |       | 25.25 | 28.25 |      |    |    |    |
| STANFORD-LE-HOPE   |       | 27.25 | 30.50 |      |    |    |    |
| WEST HORNDON   | 19.25 |       |       |      |    |    |    |
| LAINDON  | 22.75 |       |       |      |    |    |    |
| BASILDON   | 24.25 |       |       |      |    |    |    |
| PITSEA   | 26.50 | 32.50 | 35.75 |      |    |    |    |
| BENFLEET   | 29.25 | 35.25 | 38.50 |      |    |    |    |
| LEIGH-ON-SEA   | 32.50 | 38.50 | 41.75 |      |    |    |    |
| CHALKWELL  | 33.75 | 39.75 | 43.00 |      |    |    |    |
| WESTCLIFF  | 35.50 | 41.25 | 44.25 |      |    |    |    |
| SOUTHEND CENTRAL   | 35.75 | 41.75 | 45.00 |      |    |    |    |
| SOUTHEND EAST  | 36.50 | 42.50 | 45.75 |      |    |    |    |
| THORPE BAY   | 38.00 | 44.00 | 47.25 |      |    |    |    |
| SHOEBURYNES  | 39.50 | 45.50 | 48.75 |      |    |    |    |

|                             |      |  |  |  |  |  |  |
|-----------------------------|------|--|--|--|--|--|--|
| <b>002</b>                  |      |  |  |  |  |  |  |
| <b>Romford to Upminster</b> |      |  |  |  |  |  |  |
| ROMFORD                     | 0.00 |  |  |  |  |  |  |
| EMERSON PARK                | 2.00 |  |  |  |  |  |  |
| UPMINSTER                   | 3.50 |  |  |  |  |  |  |

# DISTANCES (MILES)

| Table  | M1    | M2    | M3   | M4 | M5 | M6 | M7 |
|--|-------|-------|------|----|----|----|----|
| 003  |       |       |      |    |    |    |    |
| Stratford, Highbury & Islington and Barking to Gospel Oak, Willesden Junction, Clapham Junction and Richmond |       |       |      |    |    |    |    |
| STRATFORD  |       | 0.00  |      |    |    |    |    |
| HACKNEY WICK   |       | 1.00  |      |    |    |    |    |
| HOMERTON   |       | 1.75  |      |    |    |    |    |
| HACKNEY CENTRAL  |       | 2.50  |      |    |    |    |    |
| DALSTON KINGSLAND  |       | 3.25  |      |    |    |    |    |
| CANONBURY  |       | 4.25  |      |    |    |    |    |
| HIGHBURY & ISLINGTON   |       | 4.75  |      |    |    |    |    |
| CALEDONIAN RD & BARNSBURY  |       | 5.25  |      |    |    |    |    |
| CAMDEN ROAD  |       | 6.25  |      |    |    |    |    |
| KENTISH TOWN WEST  |       | 6.75  |      |    |    |    |    |
| BARKING RIVERSIDE  |       |       |      |    |    |    |    |
| BARKING  | 0.00  |       |      |    |    |    |    |
| WOODGRANGE PARK  | 1.75  |       |      |    |    |    |    |
| WANSTEAD PARK  | 2.75  |       |      |    |    |    |    |
| LEYTONSTONE HIGH ROAD  | 3.25  |       |      |    |    |    |    |
| LEYTON MIDLAND ROAD  | 4.50  |       |      |    |    |    |    |
| WALTHAMSTOW QUEEN'S ROAD   | 5.75  |       |      |    |    |    |    |
| BLACKHORSE ROAD  | 6.50  |       |      |    |    |    |    |
| SOUTH TOTTENHAM  | 8.00  |       |      |    |    |    |    |
| HARRINGAY GREEN LANES  | 9.00  |       |      |    |    |    |    |
| CROUCH HILL  | 10.00 |       |      |    |    |    |    |
| UPPER HOLLOWAY   | 10.75 |       |      |    |    |    |    |
| GOSPEL OAK   | 12.00 | 7.50  |      |    |    |    |    |
| HAMPSTEAD HEATH  |       | 8.00  |      |    |    |    |    |
| FINCHLEY ROAD & FROGNAL  |       | 9.00  |      |    |    |    |    |
| WEST HAMPSTEAD   |       | 9.50  |      |    |    |    |    |
| BRONDESBURY  |       | 10.00 |      |    |    |    |    |
| BRONDESBURY PARK   |       | 10.25 |      |    |    |    |    |
| KENSAL RISE  |       | 11.00 |      |    |    |    |    |
| WILLESDEN JUNCTION   |       | 12.00 | 0.00 |    |    |    |    |
| SHEPHERD'S BUSH  |       |       | 2.00 |    |    |    |    |
| KENSINGTON (OLYMPIA)   |       |       | 2.75 |    |    |    |    |
| WEST BROMPTON  |       |       | 3.50 |    |    |    |    |
| IMPERIAL WHARF   |       |       | 4.50 |    |    |    |    |
| CLAPHAM JUNCTION   |       |       | 6.00 |    |    |    |    |
| ACTON CENTRAL  |       | 13.75 |      |    |    |    |    |
| SOUTH ACTON  |       | 14.50 |      |    |    |    |    |
| GUNNERSBURY  |       | 15.25 |      |    |    |    |    |
| KEW GARDENS  |       | 16.25 |      |    |    |    |    |
| RICHMOND   |       | 17.75 |      |    |    |    |    |

# DISTANCES (MILES)

| Table   | M1    | M2    | M3    | M4    | M5    | M6    | M7 |
|---|-------|-------|-------|-------|-------|-------|----|
| <b>004</b>  |       |       |       |       |       |       |    |
| <b>Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield</b> |       |       |       |       |       |       |    |
| READING   | 0.00  |       |       |       |       |       |    |
| TWYFORD   | 5.00  |       |       |       |       |       |    |
| MAIDENHEAD  | 11.75 |       |       |       |       |       |    |
| TAPLOW  | 13.50 |       |       |       |       |       |    |
| BURNHAM   | 15.00 |       |       |       |       |       |    |
| SLOUGH  | 17.50 |       |       |       |       |       |    |
| LANGLEY   | 19.75 |       |       |       |       |       |    |
| IVER  | 21.25 |       |       |       |       |       |    |
| WEST DRAYTON  | 22.75 |       |       |       |       |       |    |
| HEATHROW TERMINAL 5   |       | 0.00  |       |       |       |       |    |
| HEATHROW TERMINAL 4   |       |       | 0.00  |       |       |       |    |
| HEATHROW TERMINALS 2 & 3  |       | 1.50  | 1.75  |       |       |       |    |
| HAYES & HARLINGTON  | 25.25 | 5.50  | 5.75  |       |       |       |    |
| SOUTHALL  | 27.00 | 7.25  | 7.50  |       |       |       |    |
| HANWELL   | 28.75 | 9.00  | 9.25  |       |       |       |    |
| WEST EALING   | 29.50 | 9.75  | 10.00 |       |       |       |    |
| EALING BROADWAY   | 30.25 | 10.50 | 10.75 |       |       |       |    |
| ACTON MAIN LINE   | 31.75 | 12.00 | 12.25 |       |       |       |    |
| LONDON PADDINGTON EL  | 36.00 | 16.25 | 16.50 | 0.00  | 0.00  |       |    |
| BOND STREET   |       |       |       | 1.50  | 1.50  |       |    |
| TOTTENHAM COURT ROAD  |       |       |       | 2.25  | 2.25  |       |    |
| FARRINGDON  |       |       |       | 3.50  | 3.50  |       |    |
| LONDON LIVERPOOL STREET EL  |       |       |       | 4.25  | 4.25  |       |    |
| LONDON LIVERPOOL STREET   |       |       |       |       |       | 0.00  |    |
| WHITECHAPEL   |       |       |       | 5.50  | 5.50  |       |    |
| CANARY WHARF  |       |       |       | 7.75  |       |       |    |
| CUSTOM HOUSE  |       |       |       | 9.75  |       |       |    |
| WOOLWICH  |       |       |       | 12.25 |       |       |    |
| ABBEY WOOD  |       |       |       | 14.25 |       |       |    |
| STRATFORD   |       |       |       |       | 8.75  | 4.00  |    |
| MARYLAND  |       |       |       |       | 9.25  | 4.50  |    |
| FOREST GATE   |       |       |       |       | 10.00 | 5.25  |    |
| MANOR PARK  |       |       |       |       | 11.00 | 6.25  |    |
| ILFORD  |       |       |       |       | 12.00 | 7.25  |    |
| SEVEN KINGS   |       |       |       |       | 13.25 | 8.50  |    |
| GOODMAYES   |       |       |       |       | 14.00 | 9.25  |    |
| CHADWELL HEATH  |       |       |       |       | 14.75 | 10.00 |    |
| ROMFORD   |       |       |       |       | 17.25 | 12.50 |    |
| GIDEA PARK  |       |       |       |       | 18.25 | 13.50 |    |
| HAROLD WOOD   |       |       |       |       | 19.75 | 15.00 |    |
| BRENTWOOD   |       |       |       |       | 23.00 | 18.25 |    |
| SHENFIELD   |       |       |       |       | 25.00 | 20.25 |    |

|   |       |       |  |  |  |  |  |
|---|-------|-------|--|--|--|--|--|
| <b>005</b>  |       |       |  |  |  |  |  |
| <b>London to Wickford, Southminster and Southend Victoria</b> |       |       |  |  |  |  |  |
| LONDON LIVERPOOL STREET                                       | 0.00  | 0.00  |  |  |  |  |  |
| STRATFORD   | 4.00  | 4.00  |  |  |  |  |  |
| ROMFORD   | 12.50 | 12.50 |  |  |  |  |  |
| SHENFIELD   | 20.25 | 20.25 |  |  |  |  |  |
| BILLERICAY  | 24.25 | 24.25 |  |  |  |  |  |
| WICKFORD  | 29.00 | 29.00 |  |  |  |  |  |
| BATTLESBRIDGE   |       | 31.50 |  |  |  |  |  |
| SOUTH WOODHAM FERRERS   |       | 34.00 |  |  |  |  |  |
| NORTH FAMBRIDGE   |       | 37.25 |  |  |  |  |  |
| ALTHORNE  |       | 40.25 |  |  |  |  |  |
| BURNHAM-ON-CROUCH   |       | 43.25 |  |  |  |  |  |
| SOUTHMINSTER  |       | 45.50 |  |  |  |  |  |
| RAYLEIGH  | 33.25 |       |  |  |  |  |  |
| HOCKLEY   | 36.25 |       |  |  |  |  |  |
| ROCHFORD  | 38.75 |       |  |  |  |  |  |
| SOUTHEND AIRPORT  | 39.75 |       |  |  |  |  |  |
| PRITTEWELL  | 40.75 |       |  |  |  |  |  |
| SOUTHEND VICTORIA   | 41.50 |       |  |  |  |  |  |

## DISTANCES (MILES)

| Table   | M1    | M2   | M3    | M4    | M5    | M6 | M7 |
|---|-------|------|-------|-------|-------|----|----|
| <b>006</b>  |       |      |       |       |       |    |    |
| <b>London to Chelmsford, Witham, Braintree, Colchester, Clacton-on-Sea, Walton-on-the-Naze, Harwich and Ipswich</b> |       |      |       |       |       |    |    |
| LONDON LIVERPOOL STREET   | 0.00  |      |       |       |       |    |    |
| STRATFORD   | 4.00  |      |       |       |       |    |    |
| ROMFORD   | 12.25 |      |       |       |       |    |    |
| SHENFIELD   | 20.25 |      |       |       |       |    |    |
| INGATESTONE   | 23.50 |      |       |       |       |    |    |
| CHELMSFORD  | 29.75 |      |       |       |       |    |    |
| BEAULIEU PARK   | 32.50 |      |       |       |       |    |    |
| HATFIELD PEVEREL  | 36.00 |      |       |       |       |    |    |
| WITHAM  | 38.25 | 0.00 |       |       |       |    |    |
| WHITE NOTLEY  |       | 3.00 |       |       |       |    |    |
| CRESSING  |       | 4.25 |       |       |       |    |    |
| BRAINTREE FREEPORT  |       | 5.50 |       |       |       |    |    |
| BRAINTREE   |       | 6.25 |       |       |       |    |    |
| KELVEDON  | 42.25 |      |       |       |       |    |    |
| MARKS TEY   | 46.75 |      |       |       |       |    |    |
| COLCHESTER  | 51.75 |      |       | 0.00  | 0.00  |    |    |
| COLCHESTER TOWN   |       |      |       |       | 2.25  |    |    |
| HYTHE   |       |      |       | 2.75  | 3.25  |    |    |
| WIVENHOE  |       |      |       | 5.25  | 5.75  |    |    |
| ALRESFORD (ESSEX)   |       |      |       | 7.00  | 7.50  |    |    |
| GREAT BENTLEY   |       |      |       | 9.25  | 9.75  |    |    |
| WEELEY  |       |      |       | 12.00 | 12.50 |    |    |
| THORPE-LE-SOKEN   |       |      |       | 14.25 | 14.75 |    |    |
| KIRBY CROSS   |       |      |       |       | 17.25 |    |    |
| FRINTON-ON-SEA  |       |      |       |       | 18.50 |    |    |
| WALTON-ON-THE-NAZE  |       |      |       |       | 19.75 |    |    |
| CLACTON-ON-SEA  |       |      |       | 19.00 |       |    |    |
| MANNINGTREE   | 59.50 |      | 0.00  |       |       |    |    |
| MISTLEY   |       |      | 1.75  |       |       |    |    |
| WRABNESS  |       |      | 5.75  |       |       |    |    |
| HARWICH INTERNATIONAL   |       |      | 9.50  |       |       |    |    |
| DOVERCOURT  |       |      | 10.75 |       |       |    |    |
| HARWICH TOWN  |       |      | 11.25 |       |       |    |    |
| IPSWICH   | 68.75 |      |       |       |       |    |    |

|                             |       |  |  |  |  |  |  |
|-----------------------------|-------|--|--|--|--|--|--|
| <b>007</b>                  |       |  |  |  |  |  |  |
| <b>Marks Tey to Sudbury</b> |       |  |  |  |  |  |  |
| MARKS TEY                   | 0.00  |  |  |  |  |  |  |
| CHAPPEL & WAKES COLNE       | 3.50  |  |  |  |  |  |  |
| BURES                       | 6.75  |  |  |  |  |  |  |
| SUDBURY                     | 11.75 |  |  |  |  |  |  |

|  |        |  |  |  |  |  |  |
|--|--------|--|--|--|--|--|--|
| <b>008</b>                                       |        |  |  |  |  |  |  |
| <b>London, Colchester and Ipswich to Norwich</b> |        |  |  |  |  |  |  |
| LONDON LIVERPOOL STREET                          | 0.00   |  |  |  |  |  |  |
| STRATFORD  | 4.00   |  |  |  |  |  |  |
| CHELMSFORD                                       | 29.75  |  |  |  |  |  |  |
| COLCHESTER                                       | 51.75  |  |  |  |  |  |  |
| MANNINGTREE                                      | 59.50  |  |  |  |  |  |  |
| IPSWICH  | 68.75  |  |  |  |  |  |  |
| STOWMARKET                                       | 80.75  |  |  |  |  |  |  |
| DISS   | 95.00  |  |  |  |  |  |  |
| NORWICH  | 115.00 |  |  |  |  |  |  |

## DISTANCES (MILES)

| Table                                   | M1    | M2 | M3 | M4 | M5 | M6 | M7 |
|---|-------|----|----|----|----|----|----|
| <b>009</b>                              |       |    |    |    |    |    |    |
| <b>Norwich to Cromer and Sheringham</b> |       |    |    |    |    |    |    |
| NORWICH                                 | 0.00  |    |    |    |    |    |    |
| SALHOUSE                                | 6.00  |    |    |    |    |    |    |
| HOVETON & WROXHAM                       | 8.75  |    |    |    |    |    |    |
| WORSTEAD                                | 13.00 |    |    |    |    |    |    |
| NORTH WALSHAM                           | 16.00 |    |    |    |    |    |    |
| GUNTON                                  | 19.75 |    |    |    |    |    |    |
| ROUGHTON ROAD                           | 23.50 |    |    |    |    |    |    |
| CROMER                                  | 26.50 |    |    |    |    |    |    |
| WEST RUNTON                             | 28.75 |    |    |    |    |    |    |
| SHERINGHAM                              | 30.50 |    |    |    |    |    |    |

|  |       |       |       |  |  |  |  |
|--|-------|-------|-------|--|--|--|--|
| <b>010</b>                                     |       |       |       |  |  |  |  |
| <b>Norwich to Great Yarmouth and Lowestoft</b> |       |       |       |  |  |  |  |
| NORWICH  | 0.00  | 0.00  | 0.00  |  |  |  |  |
| BRUNDALL GARDENS                               | 4.75  | 4.75  | 4.75  |  |  |  |  |
| BRUNDALL                                       | 5.75  | 5.75  | 5.75  |  |  |  |  |
| LINGWOOD                                       | 8.00  |       |       |  |  |  |  |
| ACLE   | 10.50 |       |       |  |  |  |  |
| BUCKENHAM                                      |       | 7.75  | 7.75  |  |  |  |  |
| CANTLEY  |       | 10.00 | 10.00 |  |  |  |  |
| REEDHAM (NORFOLK)                              |       | 12.25 | 12.25 |  |  |  |  |
| BERNEY ARMS                                    |       | 16.00 |       |  |  |  |  |
| GREAT YARMOUTH                                 | 18.25 | 20.50 |       |  |  |  |  |
| HADDISCOE                                      |       |       | 16.25 |  |  |  |  |
| SOMERLEYTON                                    |       |       | 18.00 |  |  |  |  |
| OULTON BROAD NORTH                             |       |       | 22.00 |  |  |  |  |
| LOWESTOFT                                      |       |       | 23.50 |  |  |  |  |

|   |       |       |  |  |  |  |  |
|---|-------|-------|--|--|--|--|--|
| <b>011</b>  |       |       |  |  |  |  |  |
| <b>Ipswich to Felixstowe, Beccles and Lowestoft</b> |       |       |  |  |  |  |  |
| IPSWICH   | 0.00  | 0.00  |  |  |  |  |  |
| WESTERFIELD   | 3.50  | 3.50  |  |  |  |  |  |
| DERBY ROAD  |       | 6.25  |  |  |  |  |  |
| TRIMLEY   |       | 14.00 |  |  |  |  |  |
| FELIXSTOWE  |       | 15.75 |  |  |  |  |  |
| WOODBIDGE   | 10.25 |       |  |  |  |  |  |
| MELTON  | 11.50 |       |  |  |  |  |  |
| WICKHAM MARKET                                      | 15.75 |       |  |  |  |  |  |
| SAXMUNDHAM  | 22.50 |       |  |  |  |  |  |
| DARSHAM   | 26.75 |       |  |  |  |  |  |
| HALESWORTH  | 32.00 |       |  |  |  |  |  |
| BRAMPTON (SUFFOLK)                                  | 36.00 |       |  |  |  |  |  |
| BECCLES   | 40.25 |       |  |  |  |  |  |
| OULTON BROAD SOUTH                                  | 46.75 |       |  |  |  |  |  |
| LOWESTOFT   | 49.00 |       |  |  |  |  |  |

## DISTANCES (MILES)

| Table  | M1    | M2    | M3    | M4 | M5 | M6 | M7 |
|--|-------|-------|-------|----|----|----|----|
| <b>012</b>   |       |       |       |    |    |    |    |
| <b>Ipswich to Stowmarket, Bury St Edmunds, Cambridge, Ely and Peterborough</b> |       |       |       |    |    |    |    |
| LONDON LIVERPOOL STREET  | 0.00  |       |       |    |    |    |    |
| COLCHESTER   | 51.75 |       |       |    |    |    |    |
| IPSWICH  | 68.75 | 0.00  | 0.00  |    |    |    |    |
| NEEDHAM MARKET   |       | 8.25  | 8.25  |    |    |    |    |
| STOWMARKET   | 80.75 | 12.00 | 12.00 |    |    |    |    |
| ELMSWELL   |       | 17.75 | 17.75 |    |    |    |    |
| THURSTON   |       | 22.25 | 22.25 |    |    |    |    |
| BURY ST EDMUNDS  |       | 26.50 | 26.50 |    |    |    |    |
| KENNETT  |       | 36.00 |       |    |    |    |    |
| NEWMARKET  |       | 41.00 |       |    |    |    |    |
| DULLINGHAM   |       | 44.25 |       |    |    |    |    |
| CAMBRIDGE  |       | 55.50 |       |    |    |    |    |
| SOHAM  |       |       | 46.00 |    |    |    |    |
| ELY  |       |       | 51.00 |    |    |    |    |
| MANEA  |       |       | 60.75 |    |    |    |    |
| MARCH  |       |       | 66.50 |    |    |    |    |
| WHITTLESEA   |       |       | 74.25 |    |    |    |    |
| PETERBOROUGH   |       |       | 81.25 |    |    |    |    |

|  |       |       |       |       |       |       |  |
|--|-------|-------|-------|-------|-------|-------|--|
| <b>013</b>   |       |       |       |       |       |       |  |
| <b>London, Stansted Airport and Cambridge to Ely, Kings Lynn, Norwich and Peterborough</b> |       |       |       |       |       |       |  |
| LONDON LIVERPOOL STREET  | 0.00  |       |       |       |       |       |  |
| LONDON KINGS CROSS   |       |       | 0.00  |       |       |       |  |
| IPSWICH  |       |       |       |       |       | 0.00  |  |
| STANSTED AIRPORT   |       | 0.00  |       |       |       |       |  |
| CAMBRIDGE  | 55.75 | 24.50 | 58.00 | 0.00  | 0.00  |       |  |
| CAMBRIDGE NORTH  |       |       | 60.25 | 2.25  | 2.25  |       |  |
| WATERBEACH   |       |       | 63.25 | 5.25  | 5.25  |       |  |
| ELY  |       |       | 72.75 | 14.75 | 14.75 | 51.00 |  |
| LITTLEPORT   |       |       | 78.25 |       |       |       |  |
| DOWNHAM MARKET   |       |       | 88.50 |       |       |       |  |
| WATLINGTON   |       |       | 93.25 |       |       |       |  |
| KINGS LYNN   |       |       | 99.25 |       |       |       |  |
| SHIPPEA HILL   |       |       |       | 21.50 |       |       |  |
| LAKENHEATH   |       |       |       | 26.75 |       |       |  |
| BRANDON  |       |       |       | 30.75 |       |       |  |
| THETFORD   |       |       |       | 38.00 |       |       |  |
| HARLING ROAD   |       |       |       | 45.75 |       |       |  |
| ECCLES ROAD  |       |       |       | 48.75 |       |       |  |
| ATTLEBOROUGH   |       |       |       | 52.25 |       |       |  |
| SPOONER ROW  |       |       |       | 55.75 |       |       |  |
| WYMONDHAM  |       |       |       | 58.25 |       |       |  |
| NORWICH  |       |       |       | 68.25 |       |       |  |
| MANEA  |       |       |       |       | 24.50 |       |  |
| MARCH  |       |       |       |       | 30.25 |       |  |
| WHITTLESEA   |       |       |       |       | 38.00 |       |  |
| PETERBOROUGH   |       |       |       |       | 45.25 |       |  |

**DISTANCES (MILES)**

| Table   | M1   | M2    | M3    | M4   | M5    | M6   | M7 |
|---|------|-------|-------|------|-------|------|----|
| <b>014</b>  |      |       |       |      |       |      |    |
| <b>London to Broxbourne, Hertford East, Bishops Stortford, Stansted Airport and Cambridge</b> |      |       |       |      |       |      |    |
| LONDON LIVERPOOL STREET   |      | 0.00  | 0.00  |      | 0.00  |      |    |
| HACKNEY DOWNS   |      | 3.00  | 3.00  |      | 3.00  |      |    |
| SEVEN SISTERS   |      |       |       |      | 5.50  |      |    |
| STRATFORD   | 0.00 |       |       |      |       |      |    |
| LEA BRIDGE  | 2.25 |       |       |      |       |      |    |
| TOTTENHAM HALE  | 4.25 | 6.00  | 6.00  |      |       |      |    |
| NORTHUMBERLAND PARK   |      | 7.00  | 7.00  |      |       |      |    |
| MERIDIAN WATER  |      | 7.75  | 7.75  |      |       |      |    |
| PONDERS END   |      | 10.00 | 10.00 |      |       |      |    |
| BRIMSDOWN   |      | 10.75 | 10.75 |      |       |      |    |
| ENFIELD LOCK  |      | 11.75 | 11.75 |      |       |      |    |
| WALTHAM CROSS   |      | 12.75 | 12.75 |      |       |      |    |
| CHESHUNT  |      | 14.00 | 14.00 |      | 14.50 |      |    |
| BROXBOURNE  |      | 17.25 | 17.25 | 0.00 |       |      |    |
| RYE HOUSE   |      |       |       | 1.75 |       |      |    |
| ST MARGARETS (HERTS)  |      |       |       | 3.00 |       |      |    |
| WARE  |      |       |       | 5.00 |       |      |    |
| HERTFORD EAST   |      |       |       | 7.00 |       |      |    |
| ROYDON  |      | 20.00 | 20.00 |      |       |      |    |
| HARLOW TOWN   |      | 22.75 | 22.75 |      |       |      |    |
| HARLOW MILL   |      | 24.50 | 24.50 |      |       |      |    |
| SAWBRIDGEWORTH  |      | 26.75 | 26.75 |      |       |      |    |
| BISHOPS STORTFORD   |      | 30.25 | 30.25 |      |       |      |    |
| STANSTED MOUNTFITCHET   |      | 33.75 | 33.75 |      |       |      |    |
| STANSTED AIRPORT  |      | 37.50 |       |      |       | 0.00 |    |
| ELSENHAM  |      |       | 35.50 |      |       | 4.50 |    |
| NEWPORT (ESSEX)   |      |       | 40.00 |      |       |      |    |
| AUDLEY END  |      |       | 41.75 |      |       |      |    |
| GREAT CHESTERFORD   |      |       | 45.75 |      |       |      |    |
| WHITTLESFORD PARKWAY  |      |       | 49.00 |      |       |      |    |
| SHELFORD  |      |       | 52.50 |      |       |      |    |
| CAMBRIDGE   |      |       | 55.75 |      |       |      |    |
| CAMBRIDGE NORTH   |      |       | 58.00 |      |       |      |    |

**DISTANCES (MILES)**

| Table   | M1           | M2           | M3 | M4 | M5 | M6 | M7 |
|---|--------------|--------------|----|----|----|----|----|
| <b>015</b>  |              |              |    |    |    |    |    |
| <b>London, Brighton, Horsham, Gatwick Airport and East Croydon to Stevenage, Peterborough and Cambridge</b> |              |              |    |    |    |    |    |
| <b>BRIGHTON</b>   |              |              |    |    |    |    |    |
| <b>HORSHAM</b>  |              |              |    |    |    |    |    |
| <b>GATWICK AIRPORT</b>  |              |              |    |    |    |    |    |
| <b>REDHILL</b>  |              |              |    |    |    |    |    |
| <b>EAST CROYDON</b>   |              |              |    |    |    |    |    |
| <b>LONDON BRIDGE</b>  |              |              |    |    |    |    |    |
| <b>LONDON BLACKFRIARS</b>   |              |              |    |    |    |    |    |
| <b>CITY THAMESLINK</b>  |              |              |    |    |    |    |    |
| <b>FARRINGDON</b>   |              |              |    |    |    |    |    |
| <b>ST PANCRAS INTERNATIONAL</b>   |              |              |    |    |    |    |    |
| <b>LONDON KINGS CROSS</b>   | <b>0.00</b>  | <b>0.00</b>  |    |    |    |    |    |
| <b>FINSBURY PARK</b>  | <b>2.50</b>  | <b>2.50</b>  |    |    |    |    |    |
| <b>POTTERS BAR</b>  | <b>12.75</b> | <b>12.75</b> |    |    |    |    |    |
| <b>HATFIELD</b>   | <b>17.75</b> | <b>17.75</b> |    |    |    |    |    |
| <b>WELWYN GARDEN CITY</b>   | <b>20.25</b> | <b>20.25</b> |    |    |    |    |    |
| <b>WELWYN NORTH</b>   | <b>22.00</b> | <b>22.00</b> |    |    |    |    |    |
| <b>KNEBWORTH</b>  | <b>25.00</b> | <b>25.00</b> |    |    |    |    |    |
| <b>STEVENAGE</b>  | <b>27.50</b> | <b>27.50</b> |    |    |    |    |    |
| <b>HITCHIN</b>  | <b>31.75</b> | <b>31.75</b> |    |    |    |    |    |
| <b>ARLESEY</b>  |              | <b>37.00</b> |    |    |    |    |    |
| <b>BIGGLESWADE</b>  |              | <b>41.00</b> |    |    |    |    |    |
| <b>SANDY</b>  |              | <b>44.00</b> |    |    |    |    |    |
| <b>ST NEOTS</b>   |              | <b>51.50</b> |    |    |    |    |    |
| <b>HUNTINGDON</b>   |              | <b>58.75</b> |    |    |    |    |    |
| <b>PETERBOROUGH</b>   |              | <b>76.25</b> |    |    |    |    |    |
| <b>LETCHWORTH GARDEN CITY</b>   | <b>34.75</b> |              |    |    |    |    |    |
| <b>BALDOCK</b>  | <b>36.75</b> |              |    |    |    |    |    |
| <b>ASHWELL &amp; MORDEN</b>   | <b>41.00</b> |              |    |    |    |    |    |
| <b>ROYSTON</b>  | <b>45.00</b> |              |    |    |    |    |    |
| <b>MELDRETH</b>   | <b>48.00</b> |              |    |    |    |    |    |
| <b>SHEPRETH</b>   | <b>50.00</b> |              |    |    |    |    |    |
| <b>FOXTON</b>   | <b>51.00</b> |              |    |    |    |    |    |
| <b>CAMBRIDGE</b>  | <b>58.00</b> |              |    |    |    |    |    |
| <b>CAMBRIDGE NORTH</b>  | <b>60.25</b> |              |    |    |    |    |    |
| <b>ELY</b>  | <b>72.75</b> |              |    |    |    |    |    |
| <b>KINGS LYNN</b>   | <b>99.25</b> |              |    |    |    |    |    |



**DISTANCES (MILES)**

| Table   | M1    | M2    | M3    | M4 | M5 | M6 | M7 |
|---|-------|-------|-------|----|----|----|----|
| <b>016</b>  |       |       |       |    |    |    |    |
| <b>London to Potters Bar, Hatfield, Welwyn Garden City, Enfield Chase, Hertford North and Stevenage</b> |       |       |       |    |    |    |    |
| SEVENOAKS   |       |       |       |    |    |    |    |
| BROMLEY SOUTH   |       |       |       |    |    |    |    |
| DENMARK HILL  |       |       |       |    |    |    |    |
| ELEPHANT & CASTLE   |       |       |       |    |    |    |    |
| LONDON BLACKFRIARS  |       |       |       |    |    |    |    |
| CITY THAMESLINK   |       |       |       |    |    |    |    |
| FARRINGDON  |       |       |       |    |    |    |    |
| ST PANCRAS INTERNATIONAL  |       |       |       |    |    |    |    |
| LONDON KINGS CROSS  | 0.00  |       |       |    |    |    |    |
| MOORGATE  |       | 0.00  | 0.00  |    |    |    |    |
| OLD STREET  |       | 0.50  | 0.50  |    |    |    |    |
| ESSEX ROAD  |       | 1.75  | 1.75  |    |    |    |    |
| HIGHBURY & ISLINGTON  |       | 2.25  | 2.25  |    |    |    |    |
| DRAYTON PARK  |       | 2.75  | 2.75  |    |    |    |    |
| FINSBURY PARK   | 2.50  | 3.50  | 3.50  |    |    |    |    |
| HARRINGAY   | 3.50  | 4.50  | 4.50  |    |    |    |    |
| HORNSEY   | 4.00  | 5.00  | 5.00  |    |    |    |    |
| ALEXANDRA PALACE  | 5.00  | 6.00  | 6.00  |    |    |    |    |
| NEW SOUTHGATE   | 6.50  | 7.50  |       |    |    |    |    |
| OAKLEIGH PARK   | 8.50  | 9.50  |       |    |    |    |    |
| NEW BARNET  | 9.25  | 10.25 |       |    |    |    |    |
| HADLEY WOOD   | 10.50 | 11.50 |       |    |    |    |    |
| POTTERS BAR   | 12.75 | 13.75 |       |    |    |    |    |
| BROOKMANS PARK  | 14.50 | 15.50 |       |    |    |    |    |
| WELHAM GREEN  | 15.50 | 16.50 |       |    |    |    |    |
| HATFIELD  | 17.75 | 18.75 |       |    |    |    |    |
| WELWYN GARDEN CITY  | 20.25 | 21.25 |       |    |    |    |    |
| WELWYN NORTH  | 22.00 |       |       |    |    |    |    |
| KNEBWORTH   | 25.00 |       |       |    |    |    |    |
| BOWES PARK  |       |       | 6.75  |    |    |    |    |
| PALMERS GREEN   |       |       | 7.75  |    |    |    |    |
| WINCHMORE HILL  |       |       | 8.75  |    |    |    |    |
| GRANGE PARK   |       |       | 9.50  |    |    |    |    |
| ENFIELD CHASE   |       |       | 10.25 |    |    |    |    |
| GORDON HILL   |       |       | 11.00 |    |    |    |    |
| CREWS HILL  |       |       | 12.50 |    |    |    |    |
| CUFFLEY   |       |       | 14.25 |    |    |    |    |
| BAYFORD   |       |       | 17.75 |    |    |    |    |
| HERTFORD NORTH  |       |       | 20.75 |    |    |    |    |
| WATTON-AT-STONE   |       |       | 25.00 |    |    |    |    |
| STEVENAGE   | 27.50 |       | 30.00 |    |    |    |    |

**DISTANCES (MILES)**

| Table  | M1    | M2    | M3    | M4 | M5 | M6 | M7 |
|--|-------|-------|-------|----|----|----|----|
| 017  |       |       |       |    |    |    |    |
| London to Chingford, Enfield Town and Cheshunt |       |       |       |    |    |    |    |
| LONDON LIVERPOOL STREET                        | 0.00  | 0.00  | 0.00  |    |    |    |    |
| BETHNAL GREEN                                  | 1.25  | 1.25  | 1.25  |    |    |    |    |
| CAMBRIDGE HEATH                                | 1.75  | 1.75  | 1.75  |    |    |    |    |
| LONDON FIELDS                                  | 2.50  | 2.50  | 2.50  |    |    |    |    |
| HACKNEY DOWNS                                  | 3.00  | 3.00  | 3.00  |    |    |    |    |
| CLAPTON  | 4.00  |       |       |    |    |    |    |
| ST JAMES STREET                                | 5.75  |       |       |    |    |    |    |
| WALTHAMSTOW CENTRAL                            | 6.25  |       |       |    |    |    |    |
| WOOD STREET                                    | 7.00  |       |       |    |    |    |    |
| HIGHAMS PARK                                   | 8.50  |       |       |    |    |    |    |
| CHINGFORD                                      | 10.50 |       |       |    |    |    |    |
| RECTORY ROAD                                   |       | 3.75  | 3.75  |    |    |    |    |
| STOKE NEWINGTON                                |       | 4.25  | 4.25  |    |    |    |    |
| STAMFORD HILL                                  |       | 5.00  | 5.00  |    |    |    |    |
| SEVEN SISTERS                                  |       | 5.50  | 5.50  |    |    |    |    |
| BRUCE GROVE                                    |       | 6.25  | 6.25  |    |    |    |    |
| WHITE HART LANE                                |       | 7.25  | 7.25  |    |    |    |    |
| SILVER STREET                                  |       | 8.00  | 8.00  |    |    |    |    |
| EDMONTON GREEN                                 |       | 8.50  | 8.50  |    |    |    |    |
| BUSH HILL PARK                                 |       | 9.75  |       |    |    |    |    |
| ENFIELD TOWN                                   |       | 10.75 |       |    |    |    |    |
| SOUTHBURY                                      |       |       | 10.50 |    |    |    |    |
| TURKEY STREET                                  |       |       | 12.25 |    |    |    |    |
| THEOBALDS GROVE                                |       |       | 13.50 |    |    |    |    |
| CHESHUNT                                       |       |       | 14.50 |    |    |    |    |

**DISTANCES (MILES)**

| Table   | M1     | M2 | M3 | M4 | M5 | M6 | M7 |
|---|--------|----|----|----|----|----|----|
| <b>020</b>  |        |    |    |    |    |    |    |
| <b>London to Lincoln, Doncaster, Hull, Leeds, West Yorkshire, York, the North East, Newcastle, Edinburgh and Scotland<br/>(ALL DISTANCES ARE SHOWN FROM LONDON)</b> |        |    |    |    |    |    |    |
|   |        |    |    |    |    |    |    |
| LONDON KINGS CROSS  | 0.00   |    |    |    |    |    |    |
| STEVENAGE   | 27.50  |    |    |    |    |    |    |
| PETERBOROUGH  | 76.25  |    |    |    |    |    |    |
| GRANTHAM  | 105.25 |    |    |    |    |    |    |
| NEWARK NORTH GATE   | 120.00 |    |    |    |    |    |    |
| LINCOLN   | 136.50 |    |    |    |    |    |    |
| RETFORD   | 138.50 |    |    |    |    |    |    |
| DONCASTER   | 156.00 |    |    |    |    |    |    |
| SELBY   | 174.25 |    |    |    |    |    |    |
| HOWDEN  | 183.00 |    |    |    |    |    |    |
| BROUGH  | 194.75 |    |    |    |    |    |    |
| HULL  | 205.25 |    |    |    |    |    |    |
| BEVERLEY  | 213.50 |    |    |    |    |    |    |
| WAKEFIELD WESTGATE  | 175.75 |    |    |    |    |    |    |
| LEEDS   | 185.75 |    |    |    |    |    |    |
| HUDDERSFIELD via Leeds  | 202.75 |    |    |    |    |    |    |
| HORSFORTH   | 191.50 |    |    |    |    |    |    |
| HARROGATE   | 204.00 |    |    |    |    |    |    |
| SHIPLEY   | 196.50 |    |    |    |    |    |    |
| BRADFORD FORSTER SQUARE   | 199.25 |    |    |    |    |    |    |
| KEIGHLEY  | 202.00 |    |    |    |    |    |    |
| SKIPTON   | 212.25 |    |    |    |    |    |    |
| PONTEFRAC T MONKHILL  | 172.50 |    |    |    |    |    |    |
| WAKEFIELD KIRKGATE  | 181.25 |    |    |    |    |    |    |
| MIRFIELD  | 190.50 |    |    |    |    |    |    |
| BRIGHOUSE   | 194.50 |    |    |    |    |    |    |
| HALIFAX   | 199.75 |    |    |    |    |    |    |
| LOW MOOR  | 204.50 |    |    |    |    |    |    |
| BRADFORD INTERCHANGE  | 207.75 |    |    |    |    |    |    |
| YORK  | 188.50 |    |    |    |    |    |    |
| THIRSK  | 210.75 |    |    |    |    |    |    |
| NORTHALLERTON   | 218.50 |    |    |    |    |    |    |
| EAGLESCLIFFE  | 233.25 |    |    |    |    |    |    |
| MIDDLESBROUGH   | 239.50 |    |    |    |    |    |    |
| HARTLEPOOL  | 248.00 |    |    |    |    |    |    |
| SUNDERLAND  | 266.00 |    |    |    |    |    |    |
| DARLINGTON  | 232.50 |    |    |    |    |    |    |
| DURHAM  | 254.50 |    |    |    |    |    |    |
| NEWCASTLE   | 268.50 |    |    |    |    |    |    |
| MORPETH   | 285.00 |    |    |    |    |    |    |
| ALNMOUTH FOR ALNWICK  | 303.25 |    |    |    |    |    |    |
| BERWICK-UPON-TWEED  | 335.50 |    |    |    |    |    |    |
| DUNBAR  | 363.75 |    |    |    |    |    |    |
| EDINBURGH   | 393.00 |    |    |    |    |    |    |
| GLASGOW CENTRAL   | 450.25 |    |    |    |    |    |    |
| DUNDEE  | 452.25 |    |    |    |    |    |    |
| ABERDEEN  | 523.50 |    |    |    |    |    |    |
| STIRLING  | 429.50 |    |    |    |    |    |    |
| PERTH   | 463.75 |    |    |    |    |    |    |
| INVERNESS   | 581.75 |    |    |    |    |    |    |

# DISTANCES (MILES)

| Table   | M1     | M2   | M3    | M4    | M5   | M6 | M7 |
|---|--------|------|-------|-------|------|----|----|
| 021   |        |      |       |       |      |    |    |
| Liverpool, Warrington, Manchester and Sheffield to Doncaster, Scunthorpe, Grimsby, Cleethorpes, Hull, Bridlington and Scarborough |        |      |       |       |      |    |    |
| LIVERPOOL LIME STREET   |        |      |       |       |      |    |    |
| LIVERPOOL SOUTH PARKWAY   |        |      |       |       |      |    |    |
| WARRINGTON WEST   |        |      |       |       |      |    |    |
| WARRINGTON CENTRAL  |        |      |       |       |      |    |    |
| BIRCHWOOD   |        |      |       |       |      |    |    |
| IRLAM   |        |      |       |       |      |    |    |
| URMSTON   |        |      |       |       |      |    |    |
| MANCHESTER OXFORD ROAD  |        |      |       |       |      |    |    |
| MANCHESTER PICCADILLY   | 0.00   |      |       |       |      |    |    |
| STOCKPORT   | 6.00   |      |       |       |      |    |    |
| SHEFFIELD   | 42.75  |      |       |       |      |    |    |
| MEADOWHALL  | 46.25  | 0.00 |       |       |      |    |    |
| ROTHERHAM CENTRAL   | 49.00  |      |       |       |      |    |    |
| SWINTON (S.YORKS)   | 53.50  | 5.00 |       |       |      |    |    |
| MEXBOROUGH  | 54.75  |      |       |       |      |    |    |
| CONISBROUGH   | 57.00  |      |       |       |      |    |    |
| LONDON KINGS CROSS  |        |      |       |       |      |    |    |
| DONCASTER   | 61.75  |      | 0.00  | 0.00  | 0.00 |    |    |
| BENTLEY (S.YORKS)   |        |      |       |       | 1.75 |    |    |
| ADWICK  |        |      |       |       | 4.00 |    |    |
| KIRK SANDALL  | 65.75  |      |       | 4.00  |      |    |    |
| HATFIELD & STAINFORTH   | 68.50  |      |       | 6.75  |      |    |    |
| THORNE SOUTH  |        |      |       | 9.75  |      |    |    |
| CROWLE  |        |      |       | 15.75 |      |    |    |
| ALTHORPE  |        |      |       | 19.50 |      |    |    |
| SCUNTHORPE  |        |      |       | 23.00 |      |    |    |
| BARNETBY  |        |      |       | 34.00 |      |    |    |
| HABROUGH  |        |      |       | 41.00 |      |    |    |
| GRIMSBY TOWN  |        |      |       | 49.00 |      |    |    |
| CLEETHORPES   |        |      |       | 52.00 |      |    |    |
| THORNE NORTH  | 71.50  |      |       |       |      |    |    |
| GOOLE   | 79.00  |      |       |       |      |    |    |
| SALTMARSHE  | 82.50  |      |       |       |      |    |    |
| SELBY   |        |      | 18.25 |       |      |    |    |
| HOWDEN  |        |      | 27.00 |       |      |    |    |
| GILBERDYKE  | 85.75  |      | 32.25 |       |      |    |    |
| BROOMFLEET  | 88.25  |      | 34.75 |       |      |    |    |
| BROUGH  | 92.25  |      | 38.75 |       |      |    |    |
| FERRIBY   | 95.25  |      | 41.75 |       |      |    |    |
| HESSLE  | 98.00  |      | 44.50 |       |      |    |    |
| HULL  | 102.25 |      | 49.25 |       |      |    |    |
| COTTINGHAM  |        |      |       |       |      |    |    |
| BEVERLEY  |        |      |       |       |      |    |    |
| DRIFFIELD   |        |      |       |       |      |    |    |
| BRIDLINGTON   |        |      |       |       |      |    |    |
| FILEY   |        |      |       |       |      |    |    |
| SCARBOROUGH   |        |      |       |       |      |    |    |

## DISTANCES (MILES)

| Table  | M1    | M2    | M3    | M4 | M5 | M6 | M7 |
|--|-------|-------|-------|----|----|----|----|
| <b>022</b>   |       |       |       |    |    |    |    |
| <b>Huddersfield, Halifax, Bradford, Leeds and York to Selby and Hull</b> |       |       |       |    |    |    |    |
| HUDDERSFIELD   |       |       |       |    |    |    |    |
| HALIFAX  |       |       |       |    |    |    |    |
| BRADFORD INTERCHANGE   |       |       |       |    |    |    |    |
| NEW PUDSEY   |       |       |       |    |    |    |    |
| BRAMLEY  |       |       |       |    |    |    |    |
| LEEDS  | 0.00  |       |       |    |    |    |    |
| CROSS GATES  | 4.25  |       |       |    |    |    |    |
| GARFORTH   | 7.25  |       |       |    |    |    |    |
| EAST GARFORTH  | 8.00  |       |       |    |    |    |    |
| MICKLEFIELD  | 9.00  |       |       |    |    |    |    |
| SOUTH MILFORD  | 12.75 |       |       |    |    |    |    |
| SHEFFIELD  |       |       |       |    |    |    |    |
| LONDON KINGS CROSS   |       |       |       |    |    |    |    |
| DONCASTER  |       |       |       |    |    |    |    |
| GOOLE  |       |       |       |    |    |    |    |
| YORK   |       | 0.00  | 0.00  |    |    |    |    |
| ULLESKELF  |       | 8.75  |       |    |    |    |    |
| CHURCH FENTON  |       | 10.75 |       |    |    |    |    |
| SHERBURN-IN-ELMET  |       | 12.75 |       |    |    |    |    |
| SELBY  | 20.75 | 21.00 | 17.75 |    |    |    |    |
| WRESSLE  | 27.00 |       |       |    |    |    |    |
| HOWDEN   | 29.50 |       |       |    |    |    |    |
| EASTRINGTON  | 32.50 |       |       |    |    |    |    |
| GILBERDYKE   | 34.75 |       |       |    |    |    |    |
| BROOMFLEET   | 37.25 |       |       |    |    |    |    |
| BROUGH   | 41.25 |       |       |    |    |    |    |
| FERRIBY  | 44.25 |       |       |    |    |    |    |
| HESSLE   | 47.00 |       |       |    |    |    |    |
| HULL   | 51.75 |       |       |    |    |    |    |
| COTTINGHAM   |       |       |       |    |    |    |    |
| BEVERLEY   |       |       |       |    |    |    |    |
| DRIFFIELD  |       |       |       |    |    |    |    |
| BRIDLINGTON  |       |       |       |    |    |    |    |
| FILEY  |       |       |       |    |    |    |    |
| SCARBOROUGH  |       |       |       |    |    |    |    |

|  |       |  |  |  |  |  |  |
|--|-------|--|--|--|--|--|--|
| <b>023</b>   |       |  |  |  |  |  |  |
| <b>Huddersfield, Halifax, Bradford and Leeds to York and Scarborough</b> |       |  |  |  |  |  |  |
| HUDDERSFIELD   |       |  |  |  |  |  |  |
| DEWSBURY   |       |  |  |  |  |  |  |
| HALIFAX  |       |  |  |  |  |  |  |
| BRADFORD INTERCHANGE   |       |  |  |  |  |  |  |
| NEW PUDSEY   |       |  |  |  |  |  |  |
| BRAMLEY  |       |  |  |  |  |  |  |
| LEEDS  | 0.00  |  |  |  |  |  |  |
| CROSS GATES  | 4.25  |  |  |  |  |  |  |
| GARFORTH   | 7.25  |  |  |  |  |  |  |
| EAST GARFORTH  | 8.00  |  |  |  |  |  |  |
| MICKLEFIELD  | 9.00  |  |  |  |  |  |  |
| CHURCH FENTON  | 14.75 |  |  |  |  |  |  |
| ULLESKELF  | 16.50 |  |  |  |  |  |  |
| YORK   | 25.50 |  |  |  |  |  |  |
| MALTON   | 46.75 |  |  |  |  |  |  |
| SEAMER   | 64.75 |  |  |  |  |  |  |
| SCARBOROUGH  | 67.50 |  |  |  |  |  |  |

## DISTANCES (MILES)

| Table  | M1    | M2 | M3 | M4 | M5 | M6 | M7 |
|--|-------|----|----|----|----|----|----|
| 024  |       |    |    |    |    |    |    |
| Hull to Beverley, Bridlington, Filey and Scarborough |       |    |    |    |    |    |    |
| SHEFFIELD  |       |    |    |    |    |    |    |
| LONDON KINGS CROSS                                   |       |    |    |    |    |    |    |
| DONCASTER  |       |    |    |    |    |    |    |
| YORK   |       |    |    |    |    |    |    |
| SELBY  |       |    |    |    |    |    |    |
| HULL   | 0.00  |    |    |    |    |    |    |
| COTTINGHAM   | 4.00  |    |    |    |    |    |    |
| BEVERLEY   | 8.25  |    |    |    |    |    |    |
| ARRAM  | 11.25 |    |    |    |    |    |    |
| HUTTON CRANSWICK                                     | 16.25 |    |    |    |    |    |    |
| DRIFFIELD  | 19.50 |    |    |    |    |    |    |
| NAFFERTON  | 21.50 |    |    |    |    |    |    |
| BRIDLINGTON  | 31.00 |    |    |    |    |    |    |
| BEMPTON  | 34.50 |    |    |    |    |    |    |
| HUNMANBY   | 41.75 |    |    |    |    |    |    |
| FILEY  | 44.50 |    |    |    |    |    |    |
| SEAMER   | 51.00 |    |    |    |    |    |    |
| SCARBOROUGH  | 53.75 |    |    |    |    |    |    |

|  |       |       |  |  |  |  |  |
|--|-------|-------|--|--|--|--|--|
| 025  |       |       |  |  |  |  |  |
| Hull, Barton-on-Humber and Barnetby to Grimsby and Cleethorpes |       |       |  |  |  |  |  |
| HULL PARAGON INTERCHANGE                                       |       |       |  |  |  |  |  |
| BARTON-ON-HUMBER   |       | 0.00  |  |  |  |  |  |
| BARROW HAVEN   |       | 2.00  |  |  |  |  |  |
| NEW HOLLAND  |       | 3.50  |  |  |  |  |  |
| GOXHILL  |       | 5.50  |  |  |  |  |  |
| THORNTON ABBEY   |       | 7.25  |  |  |  |  |  |
| ULCEBY   |       | 9.75  |  |  |  |  |  |
| BARNETBY   | 0.00  |       |  |  |  |  |  |
| HABROUGH   | 6.50  | 11.50 |  |  |  |  |  |
| STALLINGBOROUGH  | 10.25 | 15.25 |  |  |  |  |  |
| HEALING  | 11.25 | 16.25 |  |  |  |  |  |
| GREAT COATES   | 12.50 | 17.50 |  |  |  |  |  |
| GRIMSBY TOWN   | 14.50 | 19.50 |  |  |  |  |  |
| GRIMSBY DOCKS  | 15.50 | 20.50 |  |  |  |  |  |
| NEW CLEE   | 16.25 | 21.25 |  |  |  |  |  |
| CLEETHORPES  | 17.75 | 22.75 |  |  |  |  |  |

|   |       |       |  |  |  |  |  |
|---|-------|-------|--|--|--|--|--|
| 026   |       |       |  |  |  |  |  |
| Leeds and Sheffield to Worksop, Retford, Gainsborough, Lincoln, Grimsby and Cleethorpes |       |       |  |  |  |  |  |
| LEEDS   |       |       |  |  |  |  |  |
| WAKEFIELD KIRKGATE  |       |       |  |  |  |  |  |
| HUDDERSFIELD  |       |       |  |  |  |  |  |
| BARNSELY  |       |       |  |  |  |  |  |
| MEADOWHALL  |       |       |  |  |  |  |  |
| SHEFFIELD   | 0.00  |       |  |  |  |  |  |
| DARNALL   | 2.25  |       |  |  |  |  |  |
| WOODHOUSE   | 5.25  |       |  |  |  |  |  |
| KIVETON BRIDGE  | 9.50  |       |  |  |  |  |  |
| KIVETON PARK  | 10.75 |       |  |  |  |  |  |
| SHIREOAKS   | 13.75 |       |  |  |  |  |  |
| WORKSOP   | 15.75 |       |  |  |  |  |  |
| RETFORD   | 23.50 | 0.00  |  |  |  |  |  |
| GAINSBOROUGH LEA ROAD   | 33.00 |       |  |  |  |  |  |
| SAXILBY   | 42.50 |       |  |  |  |  |  |
| LINCOLN   | 48.50 |       |  |  |  |  |  |
| GAINSBOROUGH CENTRAL  |       | 10.00 |  |  |  |  |  |
| KIRTON LINDSEY  |       | 20.50 |  |  |  |  |  |
| BRIGG   |       | 26.50 |  |  |  |  |  |
| BARNETBY  |       | 30.25 |  |  |  |  |  |
| HABROUGH  |       | 36.75 |  |  |  |  |  |
| GRIMSBY TOWN  |       | 44.75 |  |  |  |  |  |
| CLEETHORPES   |       | 48.00 |  |  |  |  |  |

## DISTANCES (MILES)

| Table   | M1    | M2    | M3 | M4 | M5 | M6 | M7 |
|---|-------|-------|----|----|----|----|----|
| 027   |       |       |    |    |    |    |    |
| Sheffield, Nottingham and Lincoln to Barnsley, Penistone, Huddersfield, Wakefield, Castleford and Leeds |       |       |    |    |    |    |    |
| NOTTINGHAM  |       |       |    |    |    |    |    |
| CHESTERFIELD  |       |       |    |    |    |    |    |
| LINCOLN   |       |       |    |    |    |    |    |
| GAINSBOROUGH LEA ROAD   |       |       |    |    |    |    |    |
| RETFORD   |       |       |    |    |    |    |    |
| WORKSOP   |       |       |    |    |    |    |    |
| SHEFFIELD   | 0.00  | 0.00  |    |    |    |    |    |
| MEADOWHALL  | 3.50  | 3.50  |    |    |    |    |    |
| CHAPELTOWN  | 7.25  | 7.25  |    |    |    |    |    |
| ELSECAR   | 10.50 | 10.50 |    |    |    |    |    |
| WOMBWELL  | 12.00 | 12.00 |    |    |    |    |    |
| BARNSELY  | 16.00 | 16.00 |    |    |    |    |    |
| DODWORTH  | 19.00 |       |    |    |    |    |    |
| SILKSTONE COMMON  | 20.25 |       |    |    |    |    |    |
| PENISTONE   | 23.50 |       |    |    |    |    |    |
| DENBY DALE  | 27.50 |       |    |    |    |    |    |
| SHEPLEY   | 29.75 |       |    |    |    |    |    |
| STOCKSMOOR  | 30.75 |       |    |    |    |    |    |
| BROCKHOLES  | 32.75 |       |    |    |    |    |    |
| HONLEY  | 33.75 |       |    |    |    |    |    |
| BERRY BROW  | 34.75 |       |    |    |    |    |    |
| LOCKWOOD  | 35.75 |       |    |    |    |    |    |
| HUDDERSFIELD  | 37.00 |       |    |    |    |    |    |
| DARTON  |       | 19.50 |    |    |    |    |    |
| WAKEFIELD KIRKGATE  |       | 27.00 |    |    |    |    |    |
| NORMANTON   |       | 30.00 |    |    |    |    |    |
| CASTLEFORD  |       | 33.50 |    |    |    |    |    |
| WOODLESFORD   |       | 38.25 |    |    |    |    |    |
| LEEDS   |       | 44.25 |    |    |    |    |    |

|  |       |       |       |  |  |  |  |
|--|-------|-------|-------|--|--|--|--|
| 028  |       |       |       |  |  |  |  |
| Sheffield and Doncaster to Wakefield and Leeds |       |       |       |  |  |  |  |
| SHEFFIELD                                      | 0.00  |       |       |  |  |  |  |
| MEADOWHALL                                     | 3.50  |       |       |  |  |  |  |
| ROTHERHAM CENTRAL                              | 6.25  |       |       |  |  |  |  |
| SWINTON (S.YORKS)                              | 10.75 |       |       |  |  |  |  |
| BOLTON-UPON-DEARNE                             | 13.00 |       |       |  |  |  |  |
| GOLDTHORPE                                     | 14.25 |       |       |  |  |  |  |
| THURNSCOPE                                     | 15.00 |       |       |  |  |  |  |
| MOORTHORPE                                     | 18.50 |       |       |  |  |  |  |
| DONCASTER                                      |       | 0.00  | 0.00  |  |  |  |  |
| BENTLEY (S.YORKS)                              |       | 1.75  |       |  |  |  |  |
| ADWICK   |       | 4.00  |       |  |  |  |  |
| SOUTH ELMSALL                                  |       | 8.75  |       |  |  |  |  |
| FITZWILLIAM                                    | 22.25 | 13.25 |       |  |  |  |  |
| SANDAL & AGBRIGG                               | 27.00 | 18.00 |       |  |  |  |  |
| WAKEFIELD KIRKGATE via Pontefract Monkhill     |       |       | 25.25 |  |  |  |  |
| WAKEFIELD WESTGATE                             | 28.75 | 19.75 |       |  |  |  |  |
| OUTWOOD  | 31.25 | 22.25 |       |  |  |  |  |
| LEEDS  | 38.75 | 29.75 |       |  |  |  |  |

|  |       |       |  |  |  |  |  |
|--|-------|-------|--|--|--|--|--|
| 029  |       |       |  |  |  |  |  |
| Sheffield to Wakefield and Leeds (summary) |       |       |  |  |  |  |  |
| SHEFFIELD                                  | 0.00  | 0.00  |  |  |  |  |  |
| MEADOWHALL                                 | 3.50  | 3.50  |  |  |  |  |  |
| WAKEFIELD KIRKGATE                         | 27.00 |       |  |  |  |  |  |
| WAKEFIELD WESTGATE                         |       | 28.75 |  |  |  |  |  |
| LEEDS                                      | 44.25 | 38.75 |  |  |  |  |  |

## DISTANCES (MILES)

| Table                                    | M1           | M2           | M3 | M4 | M5 | M6 | M7 |
|--|--------------|--------------|----|----|----|----|----|
| <b>029A</b>                              |              |              |    |    |    |    |    |
| <b>Wakefield to Leeds (summary)</b>      |              |              |    |    |    |    |    |
| <b>WAKEFIELD KIRKGATE via Castleford</b> |              | <b>0.00</b>  |    |    |    |    |    |
| <b>WAKEFIELD WESTGATE</b>                | <b>0.00</b>  |              |    |    |    |    |    |
| <b>LEEDS</b>                             | <b>10.00</b> | <b>17.25</b> |    |    |    |    |    |

|   |              |  |  |  |  |  |  |
|---|--------------|--|--|--|--|--|--|
| <b>030</b>                              |              |  |  |  |  |  |  |
| <b>Sheffield to Pontefract and York</b> |              |  |  |  |  |  |  |
| <b>SHEFFIELD</b>                        | <b>0.00</b>  |  |  |  |  |  |  |
| <b>MEADOWHALL</b>                       | <b>3.50</b>  |  |  |  |  |  |  |
| <b>ROTHERHAM CENTRAL</b>                | <b>6.25</b>  |  |  |  |  |  |  |
| <b>SWINTON (S.YORKS)</b>                | <b>10.75</b> |  |  |  |  |  |  |
| <b>MOORTHORPE</b>                       | <b>18.50</b> |  |  |  |  |  |  |
| <b>PONTEFRACT BAGHILL</b>               | <b>25.50</b> |  |  |  |  |  |  |
| <b>SHERBURN-IN-ELMET</b>                | <b>33.75</b> |  |  |  |  |  |  |
| <b>CHURCH FENTON</b>                    | <b>36.00</b> |  |  |  |  |  |  |
| <b>ULLESKELF</b>                        | <b>38.00</b> |  |  |  |  |  |  |
| <b>YORK</b>                             | <b>46.75</b> |  |  |  |  |  |  |

|   |              |              |              |  |  |  |  |
|---|--------------|--------------|--------------|--|--|--|--|
| <b>031</b>  |              |              |              |  |  |  |  |
| <b>Bradford and Halifax to Huddersfield, Wakefield, Castleford and Pontefract</b> |              |              |              |  |  |  |  |
| <b>BRADFORD INTERCHANGE</b>   | <b>0.00</b>  | <b>0.00</b>  |              |  |  |  |  |
| <b>LOW MOOR</b>   | <b>3.25</b>  | <b>3.25</b>  |              |  |  |  |  |
| <b>HALIFAX</b>  | <b>8.00</b>  | <b>8.00</b>  |              |  |  |  |  |
| <b>BRIGHOUSE</b>  | <b>13.25</b> | <b>13.25</b> |              |  |  |  |  |
| <b>HUDDERSFIELD</b>   |              | <b>18.50</b> | <b>0.00</b>  |  |  |  |  |
| <b>DEIGHTON</b>   |              |              | <b>2.00</b>  |  |  |  |  |
| <b>MIRFIELD</b>   | <b>17.25</b> |              | <b>5.00</b>  |  |  |  |  |
| <b>WAKEFIELD KIRKGATE</b>   | <b>26.50</b> |              | <b>14.25</b> |  |  |  |  |
| <b>NORMANTON</b>  |              |              | <b>17.50</b> |  |  |  |  |
| <b>CASTLEFORD</b>   |              |              | <b>21.00</b> |  |  |  |  |
| <b>PONTEFRACT MONKHILL</b>  | <b>35.25</b> |              |              |  |  |  |  |

|   |              |              |  |  |  |  |  |
|---|--------------|--------------|--|--|--|--|--|
| <b>032</b>  |              |              |  |  |  |  |  |
| <b>Leeds, Castleford and Wakefield to Pontefract, Knottingley and Goole</b> |              |              |  |  |  |  |  |
| <b>LEEDS</b>  | <b>0.00</b>  | <b>0.00</b>  |  |  |  |  |  |
| <b>WOODLESFORD</b>  | <b>6.00</b>  |              |  |  |  |  |  |
| <b>CASTLEFORD</b>   | <b>10.75</b> |              |  |  |  |  |  |
| <b>GLASSHOUGHTON</b>  | <b>12.25</b> |              |  |  |  |  |  |
| <b>WAKEFIELD WESTGATE</b>   |              | <b>10.00</b> |  |  |  |  |  |
| <b>WAKEFIELD KIRKGATE</b>   |              | <b>11.00</b> |  |  |  |  |  |
| <b>STREETHOUSE</b>  |              | <b>15.25</b> |  |  |  |  |  |
| <b>FEATHERSTONE</b>   |              | <b>17.00</b> |  |  |  |  |  |
| <b>PONTEFRACT TANSHELF</b>  |              | <b>19.00</b> |  |  |  |  |  |
| <b>PONTEFRACT MONKHILL</b>  | <b>14.00</b> | <b>19.75</b> |  |  |  |  |  |
| <b>KNOTTINGLEY</b>  | <b>16.00</b> | <b>21.75</b> |  |  |  |  |  |
| <b>WHITLEY BRIDGE</b>   | <b>20.25</b> |              |  |  |  |  |  |
| <b>HENSALL</b>  | <b>22.00</b> |              |  |  |  |  |  |
| <b>SNAITH</b>   | <b>25.75</b> |              |  |  |  |  |  |
| <b>RAWCLIFFE</b>  | <b>28.50</b> |              |  |  |  |  |  |
| <b>GOOLE</b>  | <b>32.50</b> |              |  |  |  |  |  |



**DISTANCES (MILES)**

| Table   | M1           | M2 | M3 | M4 | M5 | M6 | M7 |
|---|--------------|----|----|----|----|----|----|
| <b>033</b>  |              |    |    |    |    |    |    |
| <b>Leeds to Harrogate, Knaresborough and York</b> |              |    |    |    |    |    |    |
| <b>LONDON KINGS CROSS</b>                         |              |    |    |    |    |    |    |
| <b>LEEDS</b>                                      | <b>0.00</b>  |    |    |    |    |    |    |
| <b>BURLEY PARK</b>                                | <b>2.25</b>  |    |    |    |    |    |    |
| <b>HEADINGLEY</b>                                 | <b>3.00</b>  |    |    |    |    |    |    |
| <b>HORSFORTH</b>                                  | <b>5.75</b>  |    |    |    |    |    |    |
| <b>WEETON</b>                                     | <b>11.75</b> |    |    |    |    |    |    |
| <b>PANNAL</b>                                     | <b>15.00</b> |    |    |    |    |    |    |
| <b>HORNBEAM PARK</b>                              | <b>17.25</b> |    |    |    |    |    |    |
| <b>HARROGATE</b>                                  | <b>18.25</b> |    |    |    |    |    |    |
| <b>STARBECK</b>                                   | <b>20.50</b> |    |    |    |    |    |    |
| <b>KNARESBOROUGH</b>                              | <b>22.00</b> |    |    |    |    |    |    |
| <b>CATTAL</b>                                     | <b>28.50</b> |    |    |    |    |    |    |
| <b>HAMMERTON</b>                                  | <b>30.00</b> |    |    |    |    |    |    |
| <b>POPPLETON</b>                                  | <b>35.75</b> |    |    |    |    |    |    |
| <b>YORK</b>                                       | <b>38.75</b> |    |    |    |    |    |    |

|                                     |              |              |  |  |  |  |  |
|-------------------------------------|--------------|--------------|--|--|--|--|--|
| <b>034</b>                          |              |              |  |  |  |  |  |
| <b>Leeds and Bradford to Ilkley</b> |              |              |  |  |  |  |  |
| <b>LEEDS</b>                        | <b>0.00</b>  |              |  |  |  |  |  |
| <b>KIRKSTALL FORGE</b>              | <b>4.25</b>  |              |  |  |  |  |  |
| <b>BRADFORD FORSTER SQUARE</b>      |              | <b>0.00</b>  |  |  |  |  |  |
| <b>FRIZINGHALL</b>                  |              | <b>1.75</b>  |  |  |  |  |  |
| <b>SHIPLEY</b>                      |              | <b>2.75</b>  |  |  |  |  |  |
| <b>BILDON</b>                       |              | <b>4.25</b>  |  |  |  |  |  |
| <b>GUISELEY</b>                     | <b>10.25</b> | <b>7.50</b>  |  |  |  |  |  |
| <b>MENSTON</b>                      | <b>11.50</b> | <b>8.75</b>  |  |  |  |  |  |
| <b>BURLEY-IN-WHARFEDALE</b>         | <b>13.00</b> | <b>10.25</b> |  |  |  |  |  |
| <b>BEN RHYDDING</b>                 | <b>15.25</b> | <b>12.50</b> |  |  |  |  |  |
| <b>ILKLEY</b>                       | <b>16.25</b> | <b>13.50</b> |  |  |  |  |  |

## DISTANCES (MILES)

| Table  | M1    | M2     | M3    | M4    | M5 | M6 | M7 |
|--|-------|--------|-------|-------|----|----|----|
| <b>035</b>   |       |        |       |       |    |    |    |
| <b>Leeds and Bradford to Keighley, Skipton, Lancaster, Morecambe, Heysham Port, Settle, Appleby and Carlisle</b> |       |        |       |       |    |    |    |
| LEEDS  |       | 0.00   | 0.00  |       |    |    |    |
| KIRKSTALL FORGE  |       | 4.25   | 4.25  |       |    |    |    |
| APPERLEY BRIDGE  |       | 7.75   | 7.75  |       |    |    |    |
| BRADFORD FORSTER SQUARE  | 0.00  |        |       |       |    |    |    |
| FRIZINGHALL  | 1.75  |        |       |       |    |    |    |
| SHIPLEY  | 2.75  | 10.75  | 10.75 |       |    |    |    |
| SALTAIRE   | 3.50  | 11.50  | 11.50 |       |    |    |    |
| BINGLEY  | 5.75  | 13.75  | 13.75 |       |    |    |    |
| CROSSFLATTS  | 6.50  | 14.50  | 14.50 |       |    |    |    |
| KEIGHLEY   | 9.00  | 17.00  | 17.00 |       |    |    |    |
| STEETON & SILSDEN  | 12.00 | 20.00  | 20.00 |       |    |    |    |
| CONONLEY   | 15.25 | 23.25  | 23.25 |       |    |    |    |
| SKIPTON  | 18.25 | 26.25  | 26.25 |       |    |    |    |
| GARGRAVE   |       | 30.00  | 30.00 |       |    |    |    |
| BLACKPOOL NORTH  |       |        |       | 0.00  |    |    |    |
| PRESTON  |       |        |       | 17.50 |    |    |    |
| BLACKBURN  |       |        |       | 29.75 |    |    |    |
| CLITHEROE  |       |        |       | 39.50 |    |    |    |
| HELLIFIELD   |       | 36.00  | 36.00 | 53.00 |    |    |    |
| LONG PRESTON   |       | 37.25  | 37.25 |       |    |    |    |
| GIGGLESWICK  |       |        | 41.00 |       |    |    |    |
| CLAPHAM (NTH YORKSHIRE)  |       |        | 47.75 |       |    |    |    |
| BENTHAM  |       |        | 51.00 |       |    |    |    |
| WENNINGTON   |       |        | 54.25 |       |    |    |    |
| CARNFORTH  |       |        | 64.00 |       |    |    |    |
| LANCASTER  |       |        | 70.00 |       |    |    |    |
| BARE LANE  |       |        | 72.50 |       |    |    |    |
| MORECAMBE  |       |        | 74.00 |       |    |    |    |
| HEYSHAM PORT   |       |        | 78.25 |       |    |    |    |
| SETTLE   |       | 41.00  |       |       |    |    |    |
| HORTON-IN-RIBBLESDALE  |       | 47.25  |       |       |    |    |    |
| RIBBLEHEAD   |       | 52.00  |       |       |    |    |    |
| DENT   |       | 58.00  |       |       |    |    |    |
| GARSDALE   |       | 61.50  |       |       |    |    |    |
| KIRKBY STEPHEN   |       | 71.25  |       |       |    |    |    |
| APPLEBY  |       | 82.00  |       |       |    |    |    |
| LANGWATHBY   |       | 93.00  |       |       |    |    |    |
| LAZONBY & KIRKOSWALD   |       | 97.25  |       |       |    |    |    |
| ARMATHWAITE  |       | 102.75 |       |       |    |    |    |
| CARLISLE   |       | 112.75 |       |       |    |    |    |

|  |       |      |  |  |  |  |  |
|--|-------|------|--|--|--|--|--|
| <b>036</b>                                     |       |      |  |  |  |  |  |
| <b>Leeds to Shipley and Bradford (summary)</b> |       |      |  |  |  |  |  |
| LEEDS  | 0.00  | 0.00 |  |  |  |  |  |
| KIRKSTALL FORGE                                | 4.25  |      |  |  |  |  |  |
| APPERLEY BRIDGE                                | 7.75  |      |  |  |  |  |  |
| SHIPLEY  | 10.75 |      |  |  |  |  |  |
| FRIZINGHALL                                    | 11.75 |      |  |  |  |  |  |
| BRADFORD FORSTER SQUARE                        | 13.50 |      |  |  |  |  |  |
| BRAMLEY  |       | 4.00 |  |  |  |  |  |
| NEW PUDSEY                                     |       | 5.75 |  |  |  |  |  |
| BRADFORD INTERCHANGE                           |       | 9.50 |  |  |  |  |  |

# DISTANCES (MILES)

| Table   | M1    | M2    | M3    | M4    | M5 | M6 | M7 |
|---|-------|-------|-------|-------|----|----|----|
| 037   |       |       |       |       |    |    |    |
| Leeds and Bradford to Halifax, Huddersfield, Burnley, Blackburn, Preston, Blackpool, Rochdale, Manchester, Warrington and Chester |       |       |       |       |    |    |    |
| YORK  |       |       |       |       |    |    |    |
| HULL  |       |       |       |       |    |    |    |
| SELBY   |       |       |       |       |    |    |    |
| LEEDS   | 0.00  | 0.00  | 0.00  | 0.00  |    |    |    |
| BRAMLEY   |       | 4.00  | 4.00  | 4.00  |    |    |    |
| NEW PUDSEY  |       | 5.75  | 5.75  | 5.75  |    |    |    |
| BRADFORD INTERCHANGE  |       | 9.50  | 9.50  | 9.50  |    |    |    |
| LOW MOOR  |       | 12.75 | 12.75 | 12.75 |    |    |    |
| HALIFAX   |       | 17.50 | 17.50 | 17.50 |    |    |    |
| COTTINGLEY  | 2.50  |       |       |       |    |    |    |
| MORLEY  | 4.50  |       |       |       |    |    |    |
| BATLEY  | 7.50  |       |       |       |    |    |    |
| DEWSBURY  | 9.25  |       |       |       |    |    |    |
| RAVENSTHORPE  | 10.75 |       |       |       |    |    |    |
| MIRFIELD  | 12.25 |       |       |       |    |    |    |
| BRIGHOUSE   | 16.25 |       |       | 22.75 |    |    |    |
| HUDDERSFIELD  |       |       |       | 28.00 |    |    |    |
| SOWERBY BRIDGE  | 22.00 | 21.00 | 21.00 |       |    |    |    |
| MYTHOLMROYD   | 26.00 | 25.00 | 25.00 |       |    |    |    |
| HEBDEN BRIDGE   | 27.25 | 26.25 | 26.25 |       |    |    |    |
| BURNLEY MANCHESTER ROAD   |       |       | 39.00 |       |    |    |    |
| ACCRINGTON  |       |       | 45.25 |       |    |    |    |
| BLACKBURN   |       |       | 51.50 |       |    |    |    |
| PRESTON   |       |       | 63.50 |       |    |    |    |
| POULTON-LE-FYLDE  |       |       | 78.00 |       |    |    |    |
| BLACKPOOL NORTH   |       |       | 81.00 |       |    |    |    |
| TODMORDEN   | 31.25 | 30.50 |       |       |    |    |    |
| WALSDEN   | 33.00 | 32.00 |       |       |    |    |    |
| LITTLEBOROUGH   | 37.00 | 36.00 |       |       |    |    |    |
| SMITHY BRIDGE   | 38.00 | 37.00 |       |       |    |    |    |
| ROCHDALE  | 40.25 | 39.25 |       |       |    |    |    |
| CASTLETON   | 42.00 | 41.00 |       |       |    |    |    |
| MILLS HILL  | 44.75 | 43.75 |       |       |    |    |    |
| MOSTON  | 46.75 | 45.75 |       |       |    |    |    |
| MANCHESTER VICTORIA   | 50.75 | 49.75 |       |       |    |    |    |
| SALFORD CENTRAL   |       |       |       |       |    |    |    |
| SALFORD CRESCENT  |       |       |       |       |    |    |    |
| BOLTON  |       |       |       |       |    |    |    |
| WIGAN WALLGATE  |       |       |       |       |    |    |    |
| WIGAN NORTH WESTERN   |       |       |       |       |    |    |    |
| WARRINGTON BANK QUAY  |       |       |       |       |    |    |    |
| CHESTER   |       |       |       |       |    |    |    |

# DISTANCES (MILES)

| Table  | M1    | M2    | M3    | M4 | M5 | M6 | M7 |
|--|-------|-------|-------|----|----|----|----|
| <b>038</b>   |       |       |       |    |    |    |    |
| <b>Leeds, Dewsbury, Castleford and Wakefield to Huddersfield, Stalybridge and Manchester</b> |       |       |       |    |    |    |    |
| LEEDS  | 0.00  | 0.00  |       |    |    |    |    |
| COTTINGLEY   | 2.50  | 2.50  |       |    |    |    |    |
| MORLEY   | 4.50  | 4.50  |       |    |    |    |    |
| BATLEY   | 7.50  | 7.50  |       |    |    |    |    |
| DEWSBURY   | 9.00  | 9.00  |       |    |    |    |    |
| RAVENSTHORPE   | 10.50 | 10.50 |       |    |    |    |    |
| YORK   |       |       | 0.00  |    |    |    |    |
| CASTLEFORD   |       |       | 19.00 |    |    |    |    |
| NORMANTON  |       |       | 22.50 |    |    |    |    |
| WAKEFIELD KIRKGATE   |       |       | 25.75 |    |    |    |    |
| MIRFIELD   | 12.25 | 12.25 | 35.00 |    |    |    |    |
| DEIGHTON   | 15.00 | 15.00 | 37.75 |    |    |    |    |
| HUDDERSFIELD   | 17.00 | 17.00 | 42.00 |    |    |    |    |
| SLAITHWAITE  | 21.50 | 21.50 |       |    |    |    |    |
| MARSDEN  | 24.00 | 24.00 |       |    |    |    |    |
| GREENFIELD   | 30.25 | 30.25 |       |    |    |    |    |
| MOSSLEY (GRTR MANCHESTER)  | 32.25 | 32.25 |       |    |    |    |    |
| STALYBRIDGE  | 35.00 | 35.00 |       |    |    |    |    |
| ASHTON-UNDER-LYNE  | 36.50 |       |       |    |    |    |    |
| MANCHESTER VICTORIA  | 42.50 |       |       |    |    |    |    |
| MANCHESTER OXFORD ROAD   | 44.25 |       |       |    |    |    |    |
| MANCHESTER PICCADILLY  | 44.75 | 42.25 |       |    |    |    |    |
| MANCHESTER AIRPORT   | 55.75 |       |       |    |    |    |    |

|   |       |      |        |       |       |       |       |
|---|-------|------|--------|-------|-------|-------|-------|
| <b>039</b>  |       |      |        |       |       |       |       |
| <b>Liverpool and Manchester to Leeds, Hull, York, Scarborough, Teesside and Newcastle<br/>(summary of TransPennine services only)</b> |       |      |        |       |       |       |       |
| LIVERPOOL LIME STREET   |       |      | 0.00   |       |       |       |       |
| LEA GREEN   |       |      | 10.75  |       |       |       |       |
| NEWTON-LE-WILLOWS   |       |      | 15.75  |       |       |       |       |
| MANCHESTER AIRPORT  | 0.00  |      |        |       |       |       |       |
| GATLEY  | 4.00  |      |        |       |       |       |       |
| EAST DIDSbury   | 5.25  |      |        |       |       |       |       |
| MANCHESTER PICCADILLY   | 10.75 | 0.00 |        |       |       |       |       |
| MANCHESTER OXFORD ROAD  | 11.50 |      |        |       |       |       |       |
| MANCHESTER VICTORIA   | 13.25 |      | 32.00  |       |       |       |       |
| STALYBRIDGE   |       | 7.50 | 39.50  |       |       |       |       |
| HUDDERSFIELD  |       |      | 57.50  |       |       |       | 0.00  |
| DEWSBURY  |       |      | 65.50  |       |       |       |       |
| LEEDS   |       |      | 74.25  |       |       | 0.00  |       |
| GARFORTH  |       |      | 82.00  |       |       | 7.25  |       |
| SELBY   |       |      |        |       |       | 20.75 |       |
| BROUGH  |       |      |        |       |       | 41.25 |       |
| HULL  |       |      |        |       |       | 51.75 |       |
| WAKEFIELD KIRKGATE  |       |      |        |       |       |       | 16.25 |
| NORMANTON   |       |      |        |       |       |       | 19.50 |
| CASTLEFORD  |       |      |        |       |       |       | 23.00 |
| YORK  |       |      | 100.25 |       | 0.00  |       | 42.00 |
| MALTON  |       |      |        |       | 21.25 |       |       |
| SEAMER  |       |      |        |       | 39.25 |       |       |
| SCARBOROUGH   |       |      |        |       | 42.00 |       |       |
| THIRSK  |       |      | 122.25 |       |       |       |       |
| NORTHALLERTON   |       |      | 130.25 | 0.00  |       |       |       |
| DARLINGTON  |       |      | 144.25 |       |       |       |       |
| YARM  |       |      |        | 12.00 |       |       |       |
| EAGLESCLIFFE  |       |      |        | 14.75 |       |       |       |
| THORNABY  |       |      |        | 17.75 |       |       |       |
| MIDDLESBROUGH   |       |      |        | 21.00 |       |       |       |
| REDCAR CENTRAL  |       |      |        | 28.75 |       |       |       |
| SALTBURN  |       |      |        | 33.75 |       |       |       |
| DURHAM  |       |      | 166.25 |       |       |       |       |
| CHESTER-LE-STREET   |       |      | 172.00 |       |       |       |       |
| NEWCASTLE   |       |      | 180.75 |       |       |       |       |

# DISTANCES (MILES)

| Table  | M1     | M2    | M3    | M4 | M5 | M6 | M7 |
|--|--------|-------|-------|----|----|----|----|
| 040  |        |       |       |    |    |    |    |
| Leeds and York to Middlesbrough, Redcar, Sunderland, Darlington, Durham, Newcastle and Edinburgh |        |       |       |    |    |    |    |
| LONDON KINGS CROSS   |        |       |       |    |    |    |    |
| BIRMINGHAM NEW STREET  |        |       |       |    |    |    |    |
| SHEFFIELD  |        |       |       |    |    |    |    |
| DONCASTER  |        |       |       |    |    |    |    |
| LIVERPOOL LIME STREET  |        |       |       |    |    |    |    |
| MANCHESTER AIRPORT   |        |       |       |    |    |    |    |
| MANCHESTER VICTORIA  |        |       |       |    |    |    |    |
| LEEDS  |        |       |       |    |    |    |    |
| YORK   | 0.00   | 0.00  | 0.00  |    |    |    |    |
| THIRSK   | 22.25  | 22.25 | 22.25 |    |    |    |    |
| NORTHALLERTON  | 30.00  | 30.00 | 30.00 |    |    |    |    |
| YARM   |        | 42.00 | 42.00 |    |    |    |    |
| EAGLESCLIFFE   |        | 44.75 | 44.75 |    |    |    |    |
| THORNABY   |        | 47.75 |       |    |    |    |    |
| MIDDLESBROUGH  |        | 51.00 |       |    |    |    |    |
| REDCAR CENTRAL   |        | 58.75 |       |    |    |    |    |
| SALTBURN   |        | 63.75 |       |    |    |    |    |
| HARTLEPOOL   |        |       | 59.50 |    |    |    |    |
| SEAHAM   |        |       | 72.25 |    |    |    |    |
| SUNDERLAND   |        |       | 77.50 |    |    |    |    |
| DARLINGTON   | 44.00  |       |       |    |    |    |    |
| DURHAM   | 66.00  |       |       |    |    |    |    |
| CHESTER-LE-STREET  | 71.75  |       |       |    |    |    |    |
| NEWCASTLE  | 80.50  |       |       |    |    |    |    |
| MORPETH  | 97.00  |       |       |    |    |    |    |
| ALNMOUTH FOR ALNWICK   | 115.25 |       |       |    |    |    |    |
| BERWICK-UPON-TWEED   | 147.50 |       |       |    |    |    |    |
| DUNBAR   | 175.75 |       |       |    |    |    |    |
| EDINBURGH  | 205.25 |       |       |    |    |    |    |
| HAYMARKET  |        |       |       |    |    |    |    |
| MOTHERWELL   |        |       |       |    |    |    |    |
| GLASGOW CENTRAL  |        |       |       |    |    |    |    |
| FALKIRK GRAHAMSTON   |        |       |       |    |    |    |    |
| STIRLING   |        |       |       |    |    |    |    |
| PERTH  |        |       |       |    |    |    |    |
| INVERNESS  |        |       |       |    |    |    |    |
| INVERKEITHING  |        |       |       |    |    |    |    |
| KIRKCALDY  |        |       |       |    |    |    |    |
| LEUCHARS   |        |       |       |    |    |    |    |
| DUNDEE   |        |       |       |    |    |    |    |
| ARBROATH   |        |       |       |    |    |    |    |
| MONTROSE   |        |       |       |    |    |    |    |
| STONEHAVEN   |        |       |       |    |    |    |    |
| ABERDEEN   |        |       |       |    |    |    |    |

# DISTANCES (MILES)

| Table  | M1    | M2    | M3    | M4 | M5 | M6 | M7 |
|--|-------|-------|-------|----|----|----|----|
| 041  |       |       |       |    |    |    |    |
| Newcastle, Sunderland, Hartlepool, Bishop Auckland and Darlington to Middlesbrough, Nunthorpe, Whitby and Saltburn |       |       |       |    |    |    |    |
| CARLISLE   |       |       |       |    |    |    |    |
| HEXHAM   |       |       |       |    |    |    |    |
| METROCENTRE  |       |       |       |    |    |    |    |
| NEWCASTLE  | 0.00  |       |       |    |    |    |    |
| HEWORTH  | 2.75  |       |       |    |    |    |    |
| SUNDERLAND   | 12.00 |       |       |    |    |    |    |
| SEAHAM   | 17.25 |       |       |    |    |    |    |
| HORDEN   | 23.00 |       |       |    |    |    |    |
| HARTLEPOOL   | 30.00 |       |       |    |    |    |    |
| SEATON CAREW   | 32.25 |       |       |    |    |    |    |
| BILLINGHAM   | 37.25 |       |       |    |    |    |    |
| STOCKTON   | 41.75 |       |       |    |    |    |    |
| BISHOP AUCLAND   |       | 0.00  |       |    |    |    |    |
| SHILDON  |       | 2.75  |       |    |    |    |    |
| NEWTON AYCLIFFE  |       | 5.00  |       |    |    |    |    |
| HEIGHINGTON  |       | 6.25  |       |    |    |    |    |
| NORTH ROAD   |       | 10.75 |       |    |    |    |    |
| CHESTER-LE-STREET  |       |       |       |    |    |    |    |
| DURHAM   |       |       |       |    |    |    |    |
| DARLINGTON   |       | 12.00 |       |    |    |    |    |
| DINSDALE   |       | 15.75 |       |    |    |    |    |
| ALLENS WEST  |       | 20.00 |       |    |    |    |    |
| EAGLESCLIFFE   |       | 20.75 |       |    |    |    |    |
| LONDON KINGS CROSS   |       |       |       |    |    |    |    |
| THORNABY   | 44.00 | 23.75 |       |    |    |    |    |
| MIDDLESBROUGH  | 47.25 | 27.00 | 0.00  |    |    |    |    |
| JAMES COOK   |       |       | 2.50  |    |    |    |    |
| MARTON   |       |       | 3.00  |    |    |    |    |
| GYPSY LANE   |       |       | 4.00  |    |    |    |    |
| NUNTHORPE  |       |       | 4.50  |    |    |    |    |
| GREAT AYTON  |       |       | 8.50  |    |    |    |    |
| BATTERSBY  |       |       | 11.00 |    |    |    |    |
| KILDALE  |       |       | 12.75 |    |    |    |    |
| COMMONDALE   |       |       | 16.75 |    |    |    |    |
| CASTLETON MOOR   |       |       | 18.50 |    |    |    |    |
| DANBY  |       |       | 20.00 |    |    |    |    |
| LEALHOLM   |       |       | 23.50 |    |    |    |    |
| GLAISDALE  |       |       | 25.50 |    |    |    |    |
| EGTON  |       |       | 27.25 |    |    |    |    |
| GROSMONT   |       |       | 28.75 |    |    |    |    |
| SLEIGHTS   |       |       | 32.00 |    |    |    |    |
| RUSWARP  |       |       | 33.50 |    |    |    |    |
| WHITBY   |       |       | 35.00 |    |    |    |    |
| SOUTH BANK   |       | 29.50 |       |    |    |    |    |
| REDCAR CENTRAL   |       | 34.50 |       |    |    |    |    |
| REDCAR EAST  |       | 35.50 |       |    |    |    |    |
| LONGBECK   |       | 37.00 |       |    |    |    |    |
| MARSKE   |       | 37.50 |       |    |    |    |    |
| SALTBURN   |       | 39.50 |       |    |    |    |    |

## DISTANCES (MILES)

| Table   | M1    | M2 | M3 | M4 | M5 | M6 | M7 |
|---|-------|----|----|----|----|----|----|
| 042   |       |    |    |    |    |    |    |
| Newcastle to Metrocentre, Hexham and Carlisle |       |    |    |    |    |    |    |
| MIDDLESBROUGH                                 |       |    |    |    |    |    |    |
| HARTLEPOOL                                    |       |    |    |    |    |    |    |
| SUNDERLAND                                    |       |    |    |    |    |    |    |
| MORPETH                                       |       |    |    |    |    |    |    |
| NEWCASTLE                                     | 0.00  |    |    |    |    |    |    |
| DUNSTON                                       | 2.25  |    |    |    |    |    |    |
| METROCENTRE                                   | 3.50  |    |    |    |    |    |    |
| BLAYDON                                       | 5.50  |    |    |    |    |    |    |
| WYLAM   | 9.75  |    |    |    |    |    |    |
| PRUDHOE                                       | 12.00 |    |    |    |    |    |    |
| STOCKSFIELD                                   | 14.50 |    |    |    |    |    |    |
| RIDING MILL                                   | 16.75 |    |    |    |    |    |    |
| CORBRIDGE                                     | 19.25 |    |    |    |    |    |    |
| HEXHAM  | 22.25 |    |    |    |    |    |    |
| HAYDON BRIDGE                                 | 30.00 |    |    |    |    |    |    |
| BARDON MILL                                   | 33.75 |    |    |    |    |    |    |
| HALTWHISTLE                                   | 38.50 |    |    |    |    |    |    |
| BRAMPTON (CUMBRIA)                            | 50.75 |    |    |    |    |    |    |
| WETHERAL                                      | 57.50 |    |    |    |    |    |    |
| CARLISLE                                      | 61.75 |    |    |    |    |    |    |

|  |        |  |  |  |  |  |  |
|--|--------|--|--|--|--|--|--|
| 043  |        |  |  |  |  |  |  |
| Newcastle to Morpeth, Berwick-upon-Tweed, Dunbar and Edinburgh |        |  |  |  |  |  |  |
| CARLISLE   |        |  |  |  |  |  |  |
| HEXHAM   |        |  |  |  |  |  |  |
| METROCENTRE  |        |  |  |  |  |  |  |
| NEWCASTLE  | 0.00   |  |  |  |  |  |  |
| MANORS   | 0.50   |  |  |  |  |  |  |
| CRAMLINGTON  | 9.75   |  |  |  |  |  |  |
| MORPETH  | 16.50  |  |  |  |  |  |  |
| PEGSWOOD   | 18.50  |  |  |  |  |  |  |
| WIDDRINGTON  | 23.25  |  |  |  |  |  |  |
| ACKLINGTON   | 28.50  |  |  |  |  |  |  |
| ALNMOUTH FOR ALNWICK   | 34.75  |  |  |  |  |  |  |
| CHATHILL   | 46.00  |  |  |  |  |  |  |
| BERWICK-UPON-TWEED   | 67.00  |  |  |  |  |  |  |
| RESTON   | 78.00  |  |  |  |  |  |  |
| DUNBAR   | 95.25  |  |  |  |  |  |  |
| EAST LINTON  | 101.25 |  |  |  |  |  |  |
| EDINBURGH  | 124.50 |  |  |  |  |  |  |

|                                       |       |  |  |  |  |  |  |
|---------------------------------------|-------|--|--|--|--|--|--|
| 044                                   |       |  |  |  |  |  |  |
| Newcastle to Bedlington and Ashington |       |  |  |  |  |  |  |
| NEWCASTLE                             | 0.00  |  |  |  |  |  |  |
| MANORS                                | 0.50  |  |  |  |  |  |  |
| NORTHUMBERLAND PARK (NE)              | 6.50  |  |  |  |  |  |  |
| SEATON DELAVAL                        | 14.25 |  |  |  |  |  |  |
| NEWSHAM                               | 16.75 |  |  |  |  |  |  |
| BLYTH BEBSIDE                         | 19.00 |  |  |  |  |  |  |
| BEDLINGTON                            | TBC   |  |  |  |  |  |  |
| ASHINGTON                             | TBC   |  |  |  |  |  |  |

## DISTANCES (MILES)

| Table  | M1    | M2 | M3 | M4 | M5 | M6 | M7 |
|--|-------|----|----|----|----|----|----|
| <b>051</b>   |       |    |    |    |    |    |    |
| <b>London, the South Coast, Gatwick Airport, East Croydon, the Medway Towns and Sutton to St Albans, Luton and Bedford</b> |       |    |    |    |    |    |    |
| BRIGHTON   |       |    |    |    |    |    |    |
| HAYWARDS HEATH   |       |    |    |    |    |    |    |
| THREE BRIDGES  |       |    |    |    |    |    |    |
| GATWICK AIRPORT  |       |    |    |    |    |    |    |
| EAST CROYDON   |       |    |    |    |    |    |    |
| SUTTON (SURREY)  |       |    |    |    |    |    |    |
| WIMBLEDON  |       |    |    |    |    |    |    |
| ORPINGTON  |       |    |    |    |    |    |    |
| BROMLEY SOUTH  |       |    |    |    |    |    |    |
| RAINHAM (KENT)   |       |    |    |    |    |    |    |
| GILLINGHAM (KENT)  |       |    |    |    |    |    |    |
| CHATHAM  |       |    |    |    |    |    |    |
| GRAVESEND  |       |    |    |    |    |    |    |
| DARTFORD   |       |    |    |    |    |    |    |
| WOOLWICH ARSENAL   |       |    |    |    |    |    |    |
| ELEPHANT & CASTLE  |       |    |    |    |    |    |    |
| LONDON BRIDGE  | 0.00  |    |    |    |    |    |    |
| LONDON BLACKFRIARS   | 1.25  |    |    |    |    |    |    |
| CITY THAMESLINK  | 1.50  |    |    |    |    |    |    |
| FARRINGDON   | 2.00  |    |    |    |    |    |    |
| ST PANCRAS INTERNATIONAL   | 3.25  |    |    |    |    |    |    |
| KENTISH TOWN   | 5.25  |    |    |    |    |    |    |
| WEST HAMPSTEAD THAMESLINK  | 7.25  |    |    |    |    |    |    |
| CRICKLEWOOD  | 8.50  |    |    |    |    |    |    |
| HENDON   | 10.25 |    |    |    |    |    |    |
| MILL HILL BROADWAY   | 12.75 |    |    |    |    |    |    |
| ELSTREE & BOREHAMWOOD  | 15.75 |    |    |    |    |    |    |
| RADLETT  | 18.50 |    |    |    |    |    |    |
| ST ALBANS CITY   | 23.25 |    |    |    |    |    |    |
| HARPENDEN  | 28.25 |    |    |    |    |    |    |
| LUTON AIRPORT PARKWAY  | 32.25 |    |    |    |    |    |    |
| LUTON  | 33.25 |    |    |    |    |    |    |
| LEAGRAVE   | 35.25 |    |    |    |    |    |    |
| HARLINGTON   | 39.25 |    |    |    |    |    |    |
| FLITWICK   | 42.25 |    |    |    |    |    |    |
| BEDFORD  | 52.25 |    |    |    |    |    |    |

|   |        |        |        |  |  |  |  |
|---|--------|--------|--------|--|--|--|--|
| <b>052</b>  |        |        |        |  |  |  |  |
| <b>London to Kettering, Corby, Leicester, Nottingham, Derby, Chesterfield and Sheffield</b> |        |        |        |  |  |  |  |
| ST PANCRAS INTERNATIONAL  | 0.00   | 0.00   | 0.00   |  |  |  |  |
| LUTON AIRPORT PARKWAY   | 29.25  | 29.25  | 29.25  |  |  |  |  |
| LUTON   | 30.25  | 30.25  | 30.25  |  |  |  |  |
| BEDFORD   | 49.75  | 49.75  | 49.75  |  |  |  |  |
| WELLINGBOROUGH  | 65.25  | 65.25  | 65.25  |  |  |  |  |
| KETTERING   | 72.00  | 72.00  | 72.00  |  |  |  |  |
| CORBY   |        |        | 79.50  |  |  |  |  |
| OAKHAM  |        |        | 93.75  |  |  |  |  |
| MELTON MOWBRAY  |        |        | 105.25 |  |  |  |  |
| MARKET HARBOROUGH   | 83.00  | 83.00  |        |  |  |  |  |
| LEICESTER   | 99.25  | 99.25  | 120.50 |  |  |  |  |
| SYSTON  | 103.00 | 103.00 |        |  |  |  |  |
| SILEBY  | 105.75 | 105.75 |        |  |  |  |  |
| BARROW UPON SOAR  | 107.75 | 107.75 |        |  |  |  |  |
| LOUGHBOROUGH  | 111.75 | 111.75 |        |  |  |  |  |
| EAST MIDLANDS PARKWAY   | 117.50 | 117.50 |        |  |  |  |  |
| ATTENBOROUGH  | 121.75 |        |        |  |  |  |  |
| BEESTON   | 123.25 |        |        |  |  |  |  |
| NOTTINGHAM  | 126.50 |        |        |  |  |  |  |
| NEWARK CASTLE   |        |        |        |  |  |  |  |
| LINCOLN   |        |        |        |  |  |  |  |
| GRIMSBY TOWN  |        |        |        |  |  |  |  |
| LONG EATON  |        | 120.50 |        |  |  |  |  |
| DERBY   |        | 128.50 |        |  |  |  |  |
| CHESTERFIELD  |        | 152.75 |        |  |  |  |  |
| SHEFFIELD   |        | 165.00 |        |  |  |  |  |



## DISTANCES (MILES)

| Table  | M1    | M2    | M3 | M4 | M5 | M6 | M7 |
|--|-------|-------|----|----|----|----|----|
| 053  |       |       |    |    |    |    |    |
| Nottingham, Derby and Chesterfield to Sheffield, Manchester, Liverpool, Leeds and York |       |       |    |    |    |    |    |
| NOTTINGHAM   | 0.00  |       |    |    |    |    |    |
| ILKESTON   | 6.25  |       |    |    |    |    |    |
| LANGLEY MILL   | 12.00 |       |    |    |    |    |    |
| ALFRETON   | 18.25 |       |    |    |    |    |    |
| DERBY  |       | 0.00  |    |    |    |    |    |
| BELPER   |       | 8.00  |    |    |    |    |    |
| CHESTERFIELD   | 28.50 | 24.25 |    |    |    |    |    |
| DRONFIELD  | 33.75 | 29.50 |    |    |    |    |    |
| SHEFFIELD  | 40.75 | 36.50 |    |    |    |    |    |
| STOCKPORT  |       |       |    |    |    |    |    |
| MANCHESTER PICCADILLY  |       |       |    |    |    |    |    |
| MANCHESTER OXFORD ROAD   |       |       |    |    |    |    |    |
| WARRINGTON CENTRAL   |       |       |    |    |    |    |    |
| WIDNES   |       |       |    |    |    |    |    |
| LIVERPOOL SOUTH PARKWAY  |       |       |    |    |    |    |    |
| LIVERPOOL LIME STREET  |       |       |    |    |    |    |    |
| MEADOWHALL   |       |       |    |    |    |    |    |
| BARNSELY   |       |       |    |    |    |    |    |
| DONCASTER  |       |       |    |    |    |    |    |
| WAKEFIELD KIRKGATE   |       |       |    |    |    |    |    |
| WAKEFIELD WESTGATE   |       |       |    |    |    |    |    |
| LEEDS  |       |       |    |    |    |    |    |
| YORK   |       |       |    |    |    |    |    |

|   |        |        |  |  |  |  |  |
|---|--------|--------|--|--|--|--|--|
| 054   |        |        |  |  |  |  |  |
| Liverpool, Manchester, Sheffield, Nottingham, Birmingham and Leicester to Peterborough, Ely, Cambridge, Stansted Airport, Ipswich and Norwich |        |        |  |  |  |  |  |
| LIVERPOOL LIME STREET   | 0.00   |        |  |  |  |  |  |
| LIVERPOOL SOUTH PARKWAY   | 6.00   |        |  |  |  |  |  |
| WIDNES  | 12.00  |        |  |  |  |  |  |
| WARRINGTON CENTRAL  | 18.00  |        |  |  |  |  |  |
| MANCHESTER OXFORD ROAD  | 34.00  |        |  |  |  |  |  |
| MANCHESTER PICCADILLY   | 35.00  |        |  |  |  |  |  |
| STOCKPORT   | 41.00  |        |  |  |  |  |  |
| SHEFFIELD   | 77.00  |        |  |  |  |  |  |
| CHESTERFIELD  | 89.00  |        |  |  |  |  |  |
| ALFRETON  | 100.00 |        |  |  |  |  |  |
| LANGLEY MILL  | 107.25 |        |  |  |  |  |  |
| ILKESTON  | 113.00 |        |  |  |  |  |  |
| NOTTINGHAM  | 118.00 |        |  |  |  |  |  |
| GRANTHAM  | 141.00 |        |  |  |  |  |  |
| BIRMINGHAM NEW STREET   |        | 0.00   |  |  |  |  |  |
| WATER ORTON   |        | 7.50   |  |  |  |  |  |
| COLESHILL PARKWAY   |        | 9.75   |  |  |  |  |  |
| NUNEATON  |        | 21.25  |  |  |  |  |  |
| HINCKLEY  |        | 24.75  |  |  |  |  |  |
| NARBOROUGH  |        | 32.75  |  |  |  |  |  |
| SOUTH WIGSTON   |        | 35.75  |  |  |  |  |  |
| LEICESTER   |        | 39.75  |  |  |  |  |  |
| MELTON MOWBRAY  |        | 54.50  |  |  |  |  |  |
| OAKHAM  |        | 65.75  |  |  |  |  |  |
| STAMFORD  |        | 79.50  |  |  |  |  |  |
| PETERBOROUGH  | 170.00 | 91.25  |  |  |  |  |  |
| MARCH   | 185.25 | 106.50 |  |  |  |  |  |
| ELY   | 200.00 | 122.00 |  |  |  |  |  |
| CAMBRIDGE   |        | 136.75 |  |  |  |  |  |
| STANSTED AIRPORT  |        | 161.25 |  |  |  |  |  |
| BURY ST EDMUNDS   |        |        |  |  |  |  |  |
| STOWMARKET  |        |        |  |  |  |  |  |
| IPSWICH   |        |        |  |  |  |  |  |
| THETFORD  | 223.00 |        |  |  |  |  |  |
| NORWICH   | 254.00 |        |  |  |  |  |  |

# DISTANCES (MILES)

| Table                               | M1    | M2 | M3 | M4 | M5 | M6 | M7 |
|-------------------------------------|-------|----|----|----|----|----|----|
| 055                                 |       |    |    |    |    |    |    |
| Nottingham to Mansfield and Worksop |       |    |    |    |    |    |    |
| NOTTINGHAM                          | 0.00  |    |    |    |    |    |    |
| BULWELL                             | 5.50  |    |    |    |    |    |    |
| HUCKNALL                            | 8.25  |    |    |    |    |    |    |
| NEWSTEAD                            | 10.75 |    |    |    |    |    |    |
| KIRKBY IN ASHFIELD                  | 13.75 |    |    |    |    |    |    |
| SUTTON PARKWAY                      | 14.50 |    |    |    |    |    |    |
| MANSFIELD                           | 17.25 |    |    |    |    |    |    |
| MANSFIELD WOODHOUSE                 | 18.75 |    |    |    |    |    |    |
| SHIREBROOK                          | 21.50 |    |    |    |    |    |    |
| LANGWITH - WHALEY THORNS            | 22.25 |    |    |    |    |    |    |
| CRESWELL (DERBYS)                   | 25.50 |    |    |    |    |    |    |
| WHITWELL                            | 26.75 |    |    |    |    |    |    |
| WORKSOP                             | 31.50 |    |    |    |    |    |    |

|   |       |       |        |       |  |  |  |
|---|-------|-------|--------|-------|--|--|--|
| 056   |       |       |        |       |  |  |  |
| Nottingham to Derby, Matlock, Stoke-on-Trent, Crewe and Birmingham, Cardiff and Bristol |       |       |        |       |  |  |  |
| GRIMSBY TOWN  |       |       |        |       |  |  |  |
| LINCOLN   |       |       |        |       |  |  |  |
| NEWARK CASTLE   |       |       |        |       |  |  |  |
| NOTTINGHAM  | 0.00  | 0.00  | 0.00   |       |  |  |  |
| BEESTON   | 3.25  | 3.25  | 3.25   |       |  |  |  |
| ATTENBOROUGH  | 4.75  | 4.75  | 4.75   |       |  |  |  |
| LONG EATON  | 7.75  | 7.75  | 7.75   |       |  |  |  |
| SPONDON   | 13.50 | 13.50 | 13.50  |       |  |  |  |
| DERBY   | 16.00 | 16.00 | 16.00  |       |  |  |  |
| DUFFIELD  | 21.25 |       |        |       |  |  |  |
| BELPER  | 23.75 |       |        |       |  |  |  |
| AMBERGATE   | 26.50 |       |        |       |  |  |  |
| WHATSTANDWELL   | 28.50 |       |        |       |  |  |  |
| CROMFORD  | 31.50 |       |        |       |  |  |  |
| MATLOCK BATH  | 32.25 |       |        |       |  |  |  |
| MATLOCK   | 33.25 |       |        |       |  |  |  |
| PEARTREE  |       | 17.25 |        |       |  |  |  |
| TUTBURY & HATTON  |       | 27.25 |        |       |  |  |  |
| UTTOXETER   |       | 35.00 |        |       |  |  |  |
| BLYTHE BRIDGE   |       | 46.00 |        |       |  |  |  |
| LONGTON   |       | 49.50 |        |       |  |  |  |
| STOKE-ON-TRENT  |       | 52.00 |        |       |  |  |  |
| LONGPORT  |       | 54.75 |        |       |  |  |  |
| KIDSGROVE   |       | 58.25 |        |       |  |  |  |
| ALSAGER   |       | 60.50 |        |       |  |  |  |
| CREWE   |       | 67.00 |        |       |  |  |  |
| WILLINGTON  |       |       | 22.25  |       |  |  |  |
| BURTON-ON-TRENT   |       |       | 27.00  |       |  |  |  |
| TAMWORTH  |       |       | 40.00  |       |  |  |  |
| WILNECOTE   |       |       | 41.75  |       |  |  |  |
| WATER ORTON   |       |       | 49.50  |       |  |  |  |
| BIRMINGHAM NEW STREET   |       |       | 57.25  |       |  |  |  |
| UNIVERSITY  |       |       | 59.75  |       |  |  |  |
| WORCESTERSHIRE PARKWAY  |       |       | 84.25  |       |  |  |  |
| ASHCHURCH FOR TEWKESBURY  |       |       | 95.50  |       |  |  |  |
| CHELTENHAM SPA  |       |       | 102.75 | 0.00  |  |  |  |
| GLOUCESTER  |       |       | 109.25 |       |  |  |  |
| LYDNEY  |       |       | 128.75 |       |  |  |  |
| CHEPSTOW  |       |       | 136.50 |       |  |  |  |
| NEWPORT (SOUTH WALES)   |       |       | 154.00 |       |  |  |  |
| CARDIFF CENTRAL   |       |       | 165.75 |       |  |  |  |
| BRISTOL PARKWAY   |       |       |        | 39.50 |  |  |  |
| BRISTOL TEMPLE MEADS  |       |       |        | 45.25 |  |  |  |

# DISTANCES (MILES)

| Table  | M1    | M2    | M3 | M4 | M5 | M6 | M7 |
|--|-------|-------|----|----|----|----|----|
| 057  |       |       |    |    |    |    |    |
| Nottingham to Newark, Lincoln, Grimsby and Cleethorpes |       |       |    |    |    |    |    |
| CREWE  |       |       |    |    |    |    |    |
| STOKE-ON-TRENT   |       |       |    |    |    |    |    |
| DERBY  |       |       |    |    |    |    |    |
| LEICESTER  |       |       |    |    |    |    |    |
| LOUGHBOROUGH   |       |       |    |    |    |    |    |
| NOTTINGHAM   | 0.00  |       |    |    |    |    |    |
| CARLTON  | 3.00  |       |    |    |    |    |    |
| BURTON JOYCE   | 5.00  |       |    |    |    |    |    |
| LOWDHAM  | 9.25  |       |    |    |    |    |    |
| THURGARTON   | 10.00 |       |    |    |    |    |    |
| BLEASBY  | 11.00 |       |    |    |    |    |    |
| FISKERTON  | 12.75 |       |    |    |    |    |    |
| ROLLESTON  | 13.75 |       |    |    |    |    |    |
| NEWARK CASTLE  | 17.25 |       |    |    |    |    |    |
| LONDON KINGS CROSS                                     |       |       |    |    |    |    |    |
| STEVENAGE  |       |       |    |    |    |    |    |
| PETERBOROUGH   |       |       |    |    |    |    |    |
| GRANTHAM   |       |       |    |    |    |    |    |
| NEWARK NORTH GATE                                      |       | 0.00  |    |    |    |    |    |
| COLLINGHAM   | 22.25 | 5.00  |    |    |    |    |    |
| SWINDERBY  | 25.00 | 7.75  |    |    |    |    |    |
| HYKEHAM  | 29.75 | 12.50 |    |    |    |    |    |
| LINCOLN  | 33.75 | 16.50 |    |    |    |    |    |
| MARKET RASEN   | 48.50 |       |    |    |    |    |    |
| BARNETBY   | 63.50 |       |    |    |    |    |    |
| HABROUGH   | 69.50 |       |    |    |    |    |    |
| GRIMSBY TOWN   | 77.50 |       |    |    |    |    |    |
| CLEETHORPES  | 80.75 |       |    |    |    |    |    |

|   |       |       |  |  |  |  |  |
|---|-------|-------|--|--|--|--|--|
| 058   |       |       |  |  |  |  |  |
| Nottingham to Grantham, Peterborough, Sleaford, Boston and Skegness |       |       |  |  |  |  |  |
| NOTTINGHAM  | 0.00  |       |  |  |  |  |  |
| NETHERFIELD   | 4.50  |       |  |  |  |  |  |
| RADCLIFFE (NOTTS)   | 5.00  |       |  |  |  |  |  |
| BINGHAM   | 8.50  |       |  |  |  |  |  |
| ASLOCKTON   | 10.75 |       |  |  |  |  |  |
| ELTON & ORSTON  | 14.50 |       |  |  |  |  |  |
| BOTTESFORD  | 15.00 | 0.00  |  |  |  |  |  |
| GRANTHAM  | 22.50 |       |  |  |  |  |  |
| PETERBOROUGH  |       |       |  |  |  |  |  |
| ANCASTER  | 34.00 | 12.75 |  |  |  |  |  |
| RAUCEBY   | 37.75 |       |  |  |  |  |  |
| SLEAFORD  | 40.00 |       |  |  |  |  |  |
| HECKINGTON  | 44.50 |       |  |  |  |  |  |
| SWINESHEAD  | 49.50 |       |  |  |  |  |  |
| HUBBERTS BRIDGE   | 52.75 |       |  |  |  |  |  |
| BOSTON  | 56.50 |       |  |  |  |  |  |
| THORPE CULVERT  | 73.25 |       |  |  |  |  |  |
| WAINFLEET   | 75.25 |       |  |  |  |  |  |
| HAVENHOUSE  | 77.00 |       |  |  |  |  |  |
| SKEGNESS  | 80.25 |       |  |  |  |  |  |

|   |       |  |  |  |  |  |  |
|---|-------|--|--|--|--|--|--|
| 059   |       |  |  |  |  |  |  |
| Peterborough to Spalding, Sleaford, Lincoln and Doncaster |       |  |  |  |  |  |  |
| PETERBOROUGH  | 0.00  |  |  |  |  |  |  |
| SPALDING  | 16.50 |  |  |  |  |  |  |
| SLEAFORD  | 35.50 |  |  |  |  |  |  |
| RUSKINGTON  | 40.00 |  |  |  |  |  |  |
| METHERINGHAM  | 47.50 |  |  |  |  |  |  |
| LINCOLN   | 56.75 |  |  |  |  |  |  |
| SAXILBY   | 62.75 |  |  |  |  |  |  |
| GAINSBOROUGH LEA ROAD                                     | 72.25 |  |  |  |  |  |  |
| DONCASTER   | 93.50 |  |  |  |  |  |  |

## DISTANCES (MILES)

| Table  | M1    | M2    | M3 | M4 | M5 | M6 | M7 |
|--|-------|-------|----|----|----|----|----|
| 061  |       |       |    |    |    |    |    |
| London to Willesden Junction, Harrow & Wealdstone and Watford Junction |       |       |    |    |    |    |    |
| LONDON EUSTON  | 0.00  |       |    |    |    |    |    |
| SOUTH HAMPSTEAD  | 2.50  |       |    |    |    |    |    |
| KILBURN HIGH ROAD  | 3.00  |       |    |    |    |    |    |
| QUEENS PARK (LONDON)   | 3.75  |       |    |    |    |    |    |
| KENSAL GREEN   | 4.50  |       |    |    |    |    |    |
| WILLESDEN JUNCTION   | 5.50  |       |    |    |    |    |    |
| HARLESDEN  | 6.00  |       |    |    |    |    |    |
| STONEBRIDGE PARK   | 7.00  |       |    |    |    |    |    |
| EAST CROYDON   |       | 0.00  |    |    |    |    |    |
| CLAPHAM JUNCTION   |       | 7.75  |    |    |    |    |    |
| IMPERIAL WHARF   |       | 8.75  |    |    |    |    |    |
| WEST BROMPTON  |       | 9.25  |    |    |    |    |    |
| KENSINGTON (OLYMPIA)   |       | 11.25 |    |    |    |    |    |
| SHEPHERD'S BUSH  |       | 12.50 |    |    |    |    |    |
| WEMBLEY CENTRAL  | 8.00  | 16.75 |    |    |    |    |    |
| NORTH WEMBLEY  | 9.00  |       |    |    |    |    |    |
| SOUTH KENTON   | 9.50  |       |    |    |    |    |    |
| KENTON   | 10.25 |       |    |    |    |    |    |
| HARROW & WEALDSTONE  | 11.25 |       |    |    |    |    |    |
| HEADSTONE LANE   | 12.50 |       |    |    |    |    |    |
| HATCH END  | 13.25 |       |    |    |    |    |    |
| CARPENDERS PARK  | 14.75 |       |    |    |    |    |    |
| BUSHEY   | 16.00 |       |    |    |    |    |    |
| WATFORD HIGH STREET  | 16.75 |       |    |    |    |    |    |
| WATFORD JUNCTION   | 17.75 |       |    |    |    |    |    |

|                                     |      |  |  |  |  |  |  |
|-------------------------------------|------|--|--|--|--|--|--|
| 062                                 |      |  |  |  |  |  |  |
| Watford Junction to St Albans Abbey |      |  |  |  |  |  |  |
| WATFORD JUNCTION                    | 0.00 |  |  |  |  |  |  |
| WATFORD NORTH                       | 0.75 |  |  |  |  |  |  |
| GARSTON (HERTFORDSHIRE)             | 1.75 |  |  |  |  |  |  |
| BRICKET WOOD                        | 3.25 |  |  |  |  |  |  |
| HOW WOOD                            | 4.50 |  |  |  |  |  |  |
| PARK STREET                         | 5.00 |  |  |  |  |  |  |
| ST ALBANS ABBEY                     | 6.50 |  |  |  |  |  |  |

|                          |       |  |  |  |  |  |  |
|--------------------------|-------|--|--|--|--|--|--|
| 063                      |       |  |  |  |  |  |  |
| Bletchley to Bedford     |       |  |  |  |  |  |  |
| BLETCHLEY                | 0.00  |  |  |  |  |  |  |
| FENNY STRATFORD          | 1.00  |  |  |  |  |  |  |
| BOW BRICKHILL            | 2.00  |  |  |  |  |  |  |
| WOBURN SANDS             | 4.00  |  |  |  |  |  |  |
| ASPLEY GUISE             | 5.00  |  |  |  |  |  |  |
| RIDGMONT                 | 6.75  |  |  |  |  |  |  |
| LIDLINGTON               | 8.50  |  |  |  |  |  |  |
| MILLBROOK (BEDFORDSHIRE) | 10.00 |  |  |  |  |  |  |
| STEWARTBY                | 11.25 |  |  |  |  |  |  |
| KEMPSTON HARDWICK        | 13.00 |  |  |  |  |  |  |
| BEDFORD ST JOHNS         | 16.00 |  |  |  |  |  |  |
| BEDFORD                  | 16.75 |  |  |  |  |  |  |

## DISTANCES (MILES)

| Table  | M1     | M2 | M3 | M4 | M5 | M6 | M7 |
|--|--------|----|----|----|----|----|----|
| <b>064</b>   |        |    |    |    |    |    |    |
| <b>London to Coventry, Birmingham, Wolverhampton, Telford and Shrewsbury</b> |        |    |    |    |    |    |    |
| LONDON EUSTON  | 0.00   |    |    |    |    |    |    |
| WATFORD JUNCTION   | 17.50  |    |    |    |    |    |    |
| MILTON KEYNES CENTRAL  | 49.75  |    |    |    |    |    |    |
| RUGBY  | 82.50  |    |    |    |    |    |    |
| COVENTRY   | 94.00  |    |    |    |    |    |    |
| BIRMINGHAM INTERNATIONAL   | 104.75 |    |    |    |    |    |    |
| BIRMINGHAM NEW STREET  | 113.25 |    |    |    |    |    |    |
| SANDWELL & DUDLEY  | 118.50 |    |    |    |    |    |    |
| WOLVERHAMPTON  | 126.00 |    |    |    |    |    |    |
| TELFORD CENTRAL  | 141.50 |    |    |    |    |    |    |
| WELLINGTON (SHROPSHIRE)  | 145.50 |    |    |    |    |    |    |
| SHREWSBURY   | 156.00 |    |    |    |    |    |    |

|  |        |  |  |  |  |  |  |
|--|--------|--|--|--|--|--|--|
| <b>065</b>   |        |  |  |  |  |  |  |
| <b>London to Stoke-on-Trent, Crewe, North Wales, Manchester, Liverpool, Preston, Blackpool, Lancaster, Carlisle, Edinburgh and Glasgow (ALL DISTANCES ARE SHOWN FROM LONDON)</b> |        |  |  |  |  |  |  |
| LONDON EUSTON  | 0.00   |  |  |  |  |  |  |
| WATFORD JUNCTION   | 17.50  |  |  |  |  |  |  |
| MILTON KEYNES CENTRAL  | 49.75  |  |  |  |  |  |  |
| RUGBY  | 82.50  |  |  |  |  |  |  |
| COVENTRY   | 94.00  |  |  |  |  |  |  |
| BIRMINGHAM INTERNATIONAL   | 104.75 |  |  |  |  |  |  |
| BIRMINGHAM NEW STREET  | 113.25 |  |  |  |  |  |  |
| SANDWELL & DUDLEY  | 118.50 |  |  |  |  |  |  |
| WOLVERHAMPTON  | 126.00 |  |  |  |  |  |  |
| NUNEATON   | 97.00  |  |  |  |  |  |  |
| TAMWORTH   | 110.00 |  |  |  |  |  |  |
| LICHFIELD TRENT VALLEY   | 116.25 |  |  |  |  |  |  |
| STAFFORD   | 133.50 |  |  |  |  |  |  |
| STOKE-ON-TRENT   | 146.50 |  |  |  |  |  |  |
| MACCLESFIELD   | 166.50 |  |  |  |  |  |  |
| CREWE  | 158.00 |  |  |  |  |  |  |
| WILMSLOW   | 177.00 |  |  |  |  |  |  |
| STOCKPORT  | 178.50 |  |  |  |  |  |  |
| MANCHESTER PICCADILLY  | 184.25 |  |  |  |  |  |  |
| CHESTER  | 179.00 |  |  |  |  |  |  |
| WREXHAM GENERAL  | 191.00 |  |  |  |  |  |  |
| FLINT  | 191.50 |  |  |  |  |  |  |
| PRESTATYN  | 205.50 |  |  |  |  |  |  |
| RHYL   | 209.00 |  |  |  |  |  |  |
| COLWYN BAY   | 219.50 |  |  |  |  |  |  |
| LLANDUDNO JUNCTION   | 223.50 |  |  |  |  |  |  |
| BANGOR (GWYNEDD)   | 238.75 |  |  |  |  |  |  |
| HOLYHEAD   | 263.50 |  |  |  |  |  |  |
| RUNCORN  | 180.05 |  |  |  |  |  |  |
| LIVERPOOL LIME STREET  | 193.50 |  |  |  |  |  |  |
| WARRINGTON BANK QUAY   | 182.00 |  |  |  |  |  |  |
| WIGAN NORTH WESTERN  | 193.75 |  |  |  |  |  |  |
| PRESTON  | 209.00 |  |  |  |  |  |  |
| KIRKHAM & WESHAM   | 216.75 |  |  |  |  |  |  |
| POULTON-LE-FYLDE   | 223.25 |  |  |  |  |  |  |
| BLACKPOOL NORTH  | 226.50 |  |  |  |  |  |  |
| LANCASTER  | 230.00 |  |  |  |  |  |  |
| OXENHOLME LAKE DISTRICT  | 249.00 |  |  |  |  |  |  |
| PENRITH NORTH LAKES  | 281.25 |  |  |  |  |  |  |
| CARLISLE   | 299.00 |  |  |  |  |  |  |
| LOCKERBIE  | 324.25 |  |  |  |  |  |  |
| HAYMARKET  | 398.75 |  |  |  |  |  |  |
| EDINBURGH  | 400.00 |  |  |  |  |  |  |
| MOTHERWELL   | 388.50 |  |  |  |  |  |  |
| GLASGOW CENTRAL  | 401.25 |  |  |  |  |  |  |
| STIRLING   | 416.50 |  |  |  |  |  |  |

## DISTANCES (MILES)

| Table  | M1     | M2    | M3 | M4 | M5 | M6 | M7 |
|--|--------|-------|----|----|----|----|----|
| 066  |        |       |    |    |    |    |    |
| London, Milton Keynes and Rugby to Nuneaton, Tamworth, Lichfield, Stafford and Crewe |        |       |    |    |    |    |    |
| LONDON EUSTON  | 0.00   |       |    |    |    |    |    |
| WATFORD JUNCTION   | 17.50  |       |    |    |    |    |    |
| MILTON KEYNES CENTRAL  | 49.75  |       |    |    |    |    |    |
| NORTHAMPTON  |        | 0.00  |    |    |    |    |    |
| RUGBY  | 82.50  | 18.75 |    |    |    |    |    |
| NUNEATON   | 97.00  |       |    |    |    |    |    |
| ATHERSTONE   | 102.00 |       |    |    |    |    |    |
| TAMWORTH   | 109.50 |       |    |    |    |    |    |
| LICHFIELD TRENT VALLEY   | 115.75 |       |    |    |    |    |    |
| RUGELEY TRENT VALLEY   | 123.75 |       |    |    |    |    |    |
| STAFFORD   | 133.50 |       |    |    |    |    |    |
| CREWE  | 158.00 |       |    |    |    |    |    |

|  |        |       |  |  |  |  |  |
|--|--------|-------|--|--|--|--|--|
| 067  |        |       |  |  |  |  |  |
| London to Milton Keynes, Northampton, Rugby, Coventry and Birmingham |        |       |  |  |  |  |  |
| LONDON EUSTON  | 0.00   |       |  |  |  |  |  |
| EAST CROYDON   |        | 0.00  |  |  |  |  |  |
| CLAPHAM JUNCTION   |        | 7.75  |  |  |  |  |  |
| WEMBLEY CENTRAL  | 8.00   | 16.75 |  |  |  |  |  |
| HARROW & WEALDSTONE  | 11.50  |       |  |  |  |  |  |
| BUSHEY   | 16.00  |       |  |  |  |  |  |
| WATFORD JUNCTION   | 17.50  |       |  |  |  |  |  |
| KINGS LANGLEY  | 21.00  |       |  |  |  |  |  |
| APSLEY   | 23.00  |       |  |  |  |  |  |
| HEMEL HEMPSTEAD  | 24.50  |       |  |  |  |  |  |
| BERKHAMSTED  | 28.00  |       |  |  |  |  |  |
| TRING  | 31.75  |       |  |  |  |  |  |
| CHEDDINGTON  | 36.00  |       |  |  |  |  |  |
| LEIGHTON BUZZARD   | 40.25  |       |  |  |  |  |  |
| BLETCHLEY  | 46.75  |       |  |  |  |  |  |
| MILTON KEYNES CENTRAL  | 49.75  |       |  |  |  |  |  |
| WOLVERTON  | 52.50  |       |  |  |  |  |  |
| NORTHAMPTON  | 65.75  |       |  |  |  |  |  |
| LONG BUCKBY  | 75.25  |       |  |  |  |  |  |
| RUGBY  | 84.50  |       |  |  |  |  |  |
| COVENTRY   | 96.00  |       |  |  |  |  |  |
| BIRMINGHAM INTERNATIONAL   | 106.75 |       |  |  |  |  |  |
| BIRMINGHAM NEW STREET  | 115.25 |       |  |  |  |  |  |

|   |       |  |  |  |  |  |  |
|---|-------|--|--|--|--|--|--|
| 068   |       |  |  |  |  |  |  |
| Rugby to Coventry, Birmingham and Wolverhampton |       |  |  |  |  |  |  |
| LONDON EUSTON                                   |       |  |  |  |  |  |  |
| WATFORD JUNCTION                                |       |  |  |  |  |  |  |
| MILTON KEYNES CENTRAL                           |       |  |  |  |  |  |  |
| NORTHAMPTON                                     |       |  |  |  |  |  |  |
| RUGBY   | 0.00  |  |  |  |  |  |  |
| COVENTRY  | 13.50 |  |  |  |  |  |  |
| CANLEY  | 15.25 |  |  |  |  |  |  |
| TILE HILL                                       | 17.25 |  |  |  |  |  |  |
| BERKSWELL                                       | 19.25 |  |  |  |  |  |  |
| HAMPTON-IN-ARDEN                                | 22.50 |  |  |  |  |  |  |
| BIRMINGHAM INTERNATIONAL                        | 24.25 |  |  |  |  |  |  |
| MARSTON GREEN                                   | 26.25 |  |  |  |  |  |  |
| LEA HALL  | 27.75 |  |  |  |  |  |  |
| STECHFORD                                       | 29.00 |  |  |  |  |  |  |
| ADDERLEY PARK                                   | 30.75 |  |  |  |  |  |  |
| BIRMINGHAM NEW STREET                           | 32.75 |  |  |  |  |  |  |
| SMETHWICK ROLFE STREET                          | 36.00 |  |  |  |  |  |  |
| SMETHWICK GALTON BRIDGE                         | 36.75 |  |  |  |  |  |  |
| SANDWELL & DUDLEY                               | 38.00 |  |  |  |  |  |  |
| DUDLEY PORT                                     | 39.00 |  |  |  |  |  |  |
| TIPTON  | 39.75 |  |  |  |  |  |  |
| COSELEY   | 41.25 |  |  |  |  |  |  |
| WOLVERHAMPTON                                   | 45.50 |  |  |  |  |  |  |

## DISTANCES (MILES)

| Table   | M1    | M2    | M3 | M4 | M5 | M6 | M7 |
|---|-------|-------|----|----|----|----|----|
| <b>069</b>  |       |       |    |    |    |    |    |
| <b>Wolverhampton and Birmingham to Walsall, Cannock and Rugeley</b> |       |       |    |    |    |    |    |
| WOLVERHAMPTON   |       |       |    |    |    |    |    |
| COSELEY   |       |       |    |    |    |    |    |
| TIPTON  |       |       |    |    |    |    |    |
| DUDLEY PORT   |       |       |    |    |    |    |    |
| SANDWELL & DUDLEY   |       |       |    |    |    |    |    |
| SMETHWICK GALTON BRIDGE   |       |       |    |    |    |    |    |
| SMETHWICK ROLFE STREET  |       |       |    |    |    |    |    |
| COVENTRY  |       |       |    |    |    |    |    |
| BIRMINGHAM INTERNATIONAL  |       |       |    |    |    |    |    |
| MARSTON GREEN   |       |       |    |    |    |    |    |
| LEA HALL  |       |       |    |    |    |    |    |
| STECHFORD   |       |       |    |    |    |    |    |
| ADDERLEY PARK   |       |       |    |    |    |    |    |
| BIRMINGHAM NEW STREET   | 0.00  | 0.00  |    |    |    |    |    |
| DUDDESTON   | 1.50  |       |    |    |    |    |    |
| ASTON   | 2.75  |       |    |    |    |    |    |
| WITTON  | 3.50  |       |    |    |    |    |    |
| PERRY BARR  | 4.25  |       |    |    |    |    |    |
| HAMSTEAD  | 5.75  |       |    |    |    |    |    |
| TAME BRIDGE PARKWAY   | 8.50  | 8.50  |    |    |    |    |    |
| BESCOT STADIUM  | 9.50  |       |    |    |    |    |    |
| WALSALL   | 10.75 |       |    |    |    |    |    |
| BLOXWICH  | 14.00 |       |    |    |    |    |    |
| BLOXWICH NORTH  | 14.50 |       |    |    |    |    |    |
| LANDYWOOD   | 16.75 |       |    |    |    |    |    |
| CANNOCK   | 18.75 |       |    |    |    |    |    |
| HEDNESFORD  | 20.75 |       |    |    |    |    |    |
| RUGELEY TOWN  | 24.75 |       |    |    |    |    |    |
| RUGELEY TRENT VALLEY  | 26.25 |       |    |    |    |    |    |
| DARLASTON   |       | 11.00 |    |    |    |    |    |
| WILLENHALL  |       | 12.50 |    |    |    |    |    |
| WOLVERHAMPTON   |       | 15.50 |    |    |    |    |    |

|  |       |       |      |  |  |  |  |
|--|-------|-------|------|--|--|--|--|
| <b>070</b>   |       |       |      |  |  |  |  |
| <b>Lichfield and Sutton Coldfield to Birmingham, Longbridge, Redditch and Bromsgrove</b> |       |       |      |  |  |  |  |
| LICHFIELD TRENT VALLEY   | 0.00  | 0.00  |      |  |  |  |  |
| LICHFIELD CITY   | 1.25  | 1.25  |      |  |  |  |  |
| SHENSTONE  | 4.25  | 4.25  |      |  |  |  |  |
| BLAKE STREET   | 6.75  | 6.75  |      |  |  |  |  |
| BUTLERS LANE   | 7.50  | 7.50  |      |  |  |  |  |
| FOUR OAKS  | 8.50  | 8.50  |      |  |  |  |  |
| SUTTON COLDFIELD   | 9.75  | 9.75  |      |  |  |  |  |
| WYLDE GREEN  | 11.25 | 11.25 |      |  |  |  |  |
| CHESTER ROAD   | 11.75 | 11.75 |      |  |  |  |  |
| ERDINGTON  | 12.75 | 12.75 |      |  |  |  |  |
| GRAVELLY HILL  | 13.50 | 13.50 |      |  |  |  |  |
| ASTON  | 14.75 | 14.75 |      |  |  |  |  |
| DUDDESTON  | 16.00 | 16.00 |      |  |  |  |  |
| BIRMINGHAM NEW STREET  | 17.50 | 17.50 | 0.00 |  |  |  |  |
| FIVE WAYS  | 18.50 | 18.50 |      |  |  |  |  |
| UNIVERSITY   | 19.75 | 19.75 |      |  |  |  |  |
| SELY OAK   | 20.75 | 20.75 |      |  |  |  |  |
| BOURNVILLE   | 21.75 | 21.75 |      |  |  |  |  |
| MOSELEY VILLAGE  |       |       | 4.00 |  |  |  |  |
| KINGS HEATH  |       |       | 4.75 |  |  |  |  |
| PINEAPPLE ROAD   |       |       | 5.50 |  |  |  |  |
| KINGS NORTON   | 22.75 | 22.75 | 7.00 |  |  |  |  |
| NORTHFIELD   | 24.25 | 24.25 |      |  |  |  |  |
| LONGBRIDGE   | 25.25 | 25.25 |      |  |  |  |  |
| BARNT GREEN  | 27.75 | 27.75 |      |  |  |  |  |
| ALVECHURCH   | 29.75 |       |      |  |  |  |  |
| REDDITCH   | 33.00 |       |      |  |  |  |  |
| BROMSGROVE   |       | 31.25 |      |  |  |  |  |

## DISTANCES (MILES)

| Table                                   | M1    | M2 | M3 | M4 | M5 | M6 | M7 |
|---|-------|----|----|----|----|----|----|
| 071                                     |       |    |    |    |    |    |    |
| Leamington Spa to Coventry and Nuneaton |       |    |    |    |    |    |    |
| LEAMINGTON SPA                          | 0.00  |    |    |    |    |    |    |
| KENILWORTH                              | 4.00  |    |    |    |    |    |    |
| COVENTRY                                | 9.00  |    |    |    |    |    |    |
| COVENTRY ARENA                          | 13.00 |    |    |    |    |    |    |
| BEDWORTH                                | 15.50 |    |    |    |    |    |    |
| BERMUDA PARK                            | 17.25 |    |    |    |    |    |    |
| NUNEATON                                | 19.25 |    |    |    |    |    |    |

|   |       |  |  |  |  |  |  |
|---|-------|--|--|--|--|--|--|
| 072   |       |  |  |  |  |  |  |
| Leamington Spa to Warwick and Stratford-upon-Avon |       |  |  |  |  |  |  |
| LONDON MARYLEBONE                                 |       |  |  |  |  |  |  |
| LEAMINGTON SPA                                    | 0.00  |  |  |  |  |  |  |
| WARWICK   | 2.00  |  |  |  |  |  |  |
| WARWICK PARKWAY                                   | 3.25  |  |  |  |  |  |  |
| HATTON  | 6.00  |  |  |  |  |  |  |
| CLAVERDON   | 7.75  |  |  |  |  |  |  |
| BEARLEY   | 11.00 |  |  |  |  |  |  |
| WILMCOTE  | 12.50 |  |  |  |  |  |  |
| STRATFORD PARKWAY                                 | 14.25 |  |  |  |  |  |  |
| STRATFORD-UPON-AVON                               | 15.25 |  |  |  |  |  |  |



# DISTANCES (MILES)

| Table  | M1    | M2    | M3   | M4   | M5 | M6 | M7 |
|--|-------|-------|------|------|----|----|----|
| 073  |       |       |      |      |    |    |    |
| Leamington Spa and Stratford-upon-Avon to Birmingham, Stourbridge, Kidderminster and Worcester |       |       |      |      |    |    |    |
| STRATFORD-UPON-AVON  |       | 0.00  |      |      |    |    |    |
| STRATFORD PARKWAY  |       | 1.00  |      |      |    |    |    |
| WILMCOTE   |       | 2.75  |      |      |    |    |    |
| WOOTTON WAWEN  |       | 6.50  |      |      |    |    |    |
| HENLEY-IN-ARDEN  |       | 8.25  |      |      |    |    |    |
| DANZEY   |       | 11.25 |      |      |    |    |    |
| WOOD END   |       | 13.00 |      |      |    |    |    |
| THE LAKES  |       | 14.25 |      |      |    |    |    |
| EARLSWOOD (WEST MIDLANDS)  |       | 15.00 |      |      |    |    |    |
| WYTHALL  |       | 16.00 |      |      |    |    |    |
| WHITLOCKS END  |       | 17.00 |      |      |    |    |    |
| SHIRLEY  |       | 18.00 |      |      |    |    |    |
| YARDLEY WOOD   |       | 19.25 |      |      |    |    |    |
| HALL GREEN   |       | 20.50 |      |      |    |    |    |
| SPRING ROAD  |       | 21.00 |      |      |    |    |    |
| LONDON MARYLEBONE  |       |       |      |      |    |    |    |
| LEAMINGTON SPA   | 0.00  |       |      |      |    |    |    |
| WARWICK  | 2.00  |       |      |      |    |    |    |
| WARWICK PARKWAY  | 3.25  |       |      |      |    |    |    |
| HATTON   | 6.00  |       |      |      |    |    |    |
| LAPWORTH   | 10.25 |       |      |      |    |    |    |
| DORRIDGE   | 12.75 |       |      |      |    |    |    |
| WIDNEY MANOR   | 14.75 |       |      |      |    |    |    |
| SOLIHULL   | 16.25 |       |      |      |    |    |    |
| OLTON  | 18.00 |       |      |      |    |    |    |
| ACOCKS GREEN   | 19.00 |       |      |      |    |    |    |
| TYSELEY  | 20.00 | 22.00 |      |      |    |    |    |
| SMALL HEATH  | 21.00 | 23.00 | 0.00 |      |    |    |    |
| BIRMINGHAM NEW STREET  |       |       | 3.00 | 0.00 |    |    |    |
| BIRMINGHAM MOOR STREET   | 22.75 | 24.75 |      |      |    |    |    |
| BIRMINGHAM SNOW HILL   | 23.25 | 25.25 |      |      |    |    |    |
| JEWELLERY QUARTER  | 24.00 | 26.00 |      |      |    |    |    |
| THE HAWTHORNS  | 26.50 | 28.50 |      |      |    |    |    |
| SMETHWICK GALTON BRIDGE  | 27.00 | 29.00 |      |      |    |    |    |
| LANGLEY GREEN  | 28.25 | 30.25 |      | 6.25 |    |    |    |
| ROWLEY REGIS   | 30.25 | 32.25 |      |      |    |    |    |
| OLD HILL   | 31.50 | 33.50 |      |      |    |    |    |
| CRADLEY HEATH  | 32.75 | 34.75 |      |      |    |    |    |
| LYE  | 34.25 | 36.25 |      |      |    |    |    |
| STOURBRIDGE JUNCTION   | 35.25 | 37.25 |      |      |    |    |    |
| HAGLEY   | 37.25 | 39.25 |      |      |    |    |    |
| BLAKEDOWN  | 39.00 | 41.00 |      |      |    |    |    |
| KIDDERMINSTER  | 42.25 | 44.25 |      |      |    |    |    |
| HARTLEBURY   | 45.75 | 47.75 |      |      |    |    |    |
| DROITWICH SPA  | 51.50 | 53.50 |      |      |    |    |    |
| WORCESTER SHRUB HILL   | 57.25 |       |      |      |    |    |    |
| WORCESTER FOREGATE STREET  | 59.00 | 58.75 |      |      |    |    |    |
| MALVERN LINK   | 65.75 |       |      |      |    |    |    |
| GREAT MALVERN  | 67.00 |       |      |      |    |    |    |

|  |      |  |  |  |  |  |  |
|--|------|--|--|--|--|--|--|
| 073A   |      |  |  |  |  |  |  |
| Stourbridge Junction to Stourbridge Town shuttle |      |  |  |  |  |  |  |
| STOURBRIDGE JN (TOWN PLAT)                       | 0.00 |  |  |  |  |  |  |
| STOURBRIDGE TOWN                                 | 0.75 |  |  |  |  |  |  |

## DISTANCES (MILES)

| Table   | M1    | M2    | M3    | M4 | M5 | M6 | M7 |
|---|-------|-------|-------|----|----|----|----|
| 074   |       |       |       |    |    |    |    |
| Birmingham to Worcester, Great Malvern and Hereford |       |       |       |    |    |    |    |
| BIRMINGHAM MOOR STREET                              |       |       |       |    |    |    |    |
| BIRMINGHAM SNOW HILL                                |       |       |       |    |    |    |    |
| BIRMINGHAM NEW STREET                               | 0.00  | 0.00  | 0.00  |    |    |    |    |
| UNIVERSITY  | 2.50  | 2.50  | 2.50  |    |    |    |    |
| BARNT GREEN   | 10.50 | 10.50 | 10.50 |    |    |    |    |
| BROMSGROVE  | 13.00 | 13.00 | 13.00 |    |    |    |    |
| DROITWICH SPA                                       | 19.25 | 19.25 |       |    |    |    |    |
| WORCESTERSHIRE PARKWAY                              |       |       | 27.00 |    |    |    |    |
| WORCESTER SHRUB HILL                                |       | 25.00 |       |    |    |    |    |
| WORCESTER FOREGATE STREET                           | 24.50 | 26.75 |       |    |    |    |    |
| MALVERN LINK  | 31.25 |       |       |    |    |    |    |
| GREAT MALVERN                                       | 32.50 |       |       |    |    |    |    |
| COLWALL   | 35.25 |       |       |    |    |    |    |
| LEDBURY   | 39.50 |       |       |    |    |    |    |
| HEREFORD  | 53.25 |       |       |    |    |    |    |

# DISTANCES (MILES)

| Table  | M1     | M2    | M3    | M4 | M5 | M6 | M7 |
|--|--------|-------|-------|----|----|----|----|
| 075  |        |       |       |    |    |    |    |
| Birmingham to Shrewsbury, Machynlleth, Aberystwyth, Barmouth, Pwllheli, Wrexham, Chester and North Wales |        |       |       |    |    |    |    |
| BIRMINGHAM INTERNATIONAL   |        |       |       |    |    |    |    |
| BIRMINGHAM NEW STREET  | 0.00   | 0.00  |       |    |    |    |    |
| SMETHWICK GALTON BRIDGE  | 4.00   |       |       |    |    |    |    |
| SANDWELL & DUDLEY  | 5.25   |       |       |    |    |    |    |
| TAME BRIDGE PARKWAY  |        | 8.50  |       |    |    |    |    |
| DARLASTON  |        | 11.00 |       |    |    |    |    |
| WILLENHALL   |        | 12.50 |       |    |    |    |    |
| WOLVERHAMPTON  | 13.00  | 15.50 |       |    |    |    |    |
| BILBROOK   | 17.00  |       |       |    |    |    |    |
| CODSALL  | 17.50  |       |       |    |    |    |    |
| ALBRIGHTON   | 20.75  |       |       |    |    |    |    |
| COSFORD  | 22.25  |       |       |    |    |    |    |
| SHIFNAL  | 25.50  |       |       |    |    |    |    |
| TELFORD CENTRAL  | 28.50  |       |       |    |    |    |    |
| OAKENGATES   | 29.50  |       |       |    |    |    |    |
| WELLINGTON (SHROPSHIRE)  | 32.50  |       |       |    |    |    |    |
| SHREWSBURY   | 43.00  |       | 0.00  |    |    |    |    |
| WELSHPOOL  | 62.50  |       |       |    |    |    |    |
| NEWTOWN (POWYS)  | 76.50  |       |       |    |    |    |    |
| CAERSWS  | 82.00  |       |       |    |    |    |    |
| MACHYNLLETH  | 103.75 | 0.00  |       |    |    |    |    |
| DOVEY JUNCTION   | 107.75 | 4.00  |       |    |    |    |    |
| BORTH  | 116.00 |       |       |    |    |    |    |
| BOW STREET   | 91.00  |       |       |    |    |    |    |
| ABERYSTWYTH  | 124.25 |       |       |    |    |    |    |
| PENHELIG   |        | 9.00  |       |    |    |    |    |
| ABERDOVEY  |        | 10.00 |       |    |    |    |    |
| TYWYN  |        | 13.50 |       |    |    |    |    |
| TONFANAU   |        | 16.00 |       |    |    |    |    |
| LLWYNGWRIL   |        | 20.00 |       |    |    |    |    |
| FAIRBOURNE   |        | 22.75 |       |    |    |    |    |
| MORFA MAWDDACH   |        | 23.75 |       |    |    |    |    |
| BARMOUTH   |        | 25.50 |       |    |    |    |    |
| LLANABER   |        | 26.75 |       |    |    |    |    |
| TALYBONT   |        | 29.25 |       |    |    |    |    |
| DYFFRYN ARDUDWY  |        | 30.25 |       |    |    |    |    |
| LLANBEDR   |        | 32.50 |       |    |    |    |    |
| PENSARN  |        | 33.25 |       |    |    |    |    |
| LLANDANWG  |        | 34.00 |       |    |    |    |    |
| HARLECH  |        | 35.75 |       |    |    |    |    |
| TYGWYN   |        | 38.50 |       |    |    |    |    |
| TALSARNAU  |        | 39.25 |       |    |    |    |    |
| LLANDECWYN   |        | 40.50 |       |    |    |    |    |
| PENRHYNDEUDRAETH   |        | 41.25 |       |    |    |    |    |
| MINFFORDD  |        | 42.50 |       |    |    |    |    |
| PORTHMADOG   |        | 44.50 |       |    |    |    |    |
| CRICCIETH  |        | 49.50 |       |    |    |    |    |
| PENYCHAIN  |        | 54.00 |       |    |    |    |    |
| ABERERCH   |        | 55.50 |       |    |    |    |    |
| PWLLHELI   |        | 57.50 |       |    |    |    |    |
| GOBOWEN  |        |       | 18.00 |    |    |    |    |
| CHIRK  |        |       | 21.00 |    |    |    |    |
| RUABON   |        |       | 25.50 |    |    |    |    |
| WREXHAM GENERAL  |        |       | 30.25 |    |    |    |    |
| CHESTER  |        |       | 42.25 |    |    |    |    |
| RHYL   |        |       |       |    |    |    |    |
| COLWYN BAY   |        |       |       |    |    |    |    |
| LLANDUDNO JUNCTION   |        |       |       |    |    |    |    |
| LLANDUDNO  |        |       |       |    |    |    |    |
| BANGOR (GWYNEDD)   |        |       |       |    |    |    |    |
| HOLYHEAD   |        |       |       |    |    |    |    |

**DISTANCES (MILES)**

| Table  | M1    | M2    | M3    | M4    | M5 | M6 | M7 |
|--|-------|-------|-------|-------|----|----|----|
| 076  |       |       |       |       |    |    |    |
| Birmingham and Coventry to Stafford, Stoke-on-Trent, Crewe, Manchester and Liverpool |       |       |       |       |    |    |    |
| COVENTRY   |       |       |       |       |    |    |    |
| BIRMINGHAM INTERNATIONAL   |       |       |       |       |    |    |    |
| BIRMINGHAM NEW STREET  | 0.00  | 0.00  | 0.00  | 0.00  |    |    |    |
| SMETHWICK GALTON BRIDGE  | 4.00  | 4.00  | 4.00  | 4.00  |    |    |    |
| SANDWELL & DUDLEY  | 5.25  | 5.25  | 5.25  | 5.25  |    |    |    |
| COSELEY  | 8.50  | 8.50  | 8.50  | 8.50  |    |    |    |
| WOLVERHAMPTON  | 12.75 | 12.75 | 12.75 | 12.75 |    |    |    |
| PENKRIDGE  | 22.75 | 22.75 | 22.75 | 22.75 |    |    |    |
| STAFFORD   | 28.00 | 28.00 | 28.00 | 28.00 |    |    |    |
| STONE  |       |       | 37.00 | 37.00 |    |    |    |
| STOKE-ON-TRENT   |       |       | 44.25 | 44.25 |    |    |    |
| LONGPORT   |       |       | 47.25 | 47.25 |    |    |    |
| KIDSGROVE  |       |       | 50.50 | 50.50 |    |    |    |
| ALSAGER  |       |       | 53.75 |       |    |    |    |
| CREWE  | 52.50 | 52.50 | 60.25 |       |    |    |    |
| WILMSLOW   |       | 71.50 |       |       |    |    |    |
| MACCLESFIELD   |       |       |       | 64.00 |    |    |    |
| STOCKPORT  |       | 77.50 |       | 76.00 |    |    |    |
| MANCHESTER PICCADILLY  |       | 83.50 |       | 82.00 |    |    |    |
| WINSFORD   | 60.00 |       |       |       |    |    |    |
| HARTFORD   | 64.25 |       |       |       |    |    |    |
| ACTON BRIDGE   | 67.00 |       |       |       |    |    |    |
| RUNCORN  | 75.00 |       |       |       |    |    |    |
| LIVERPOOL SOUTH PARKWAY  | 82.50 |       |       |       |    |    |    |
| MOSSLEY HILL   | 84.25 |       |       |       |    |    |    |
| LIVERPOOL LIME STREET  | 88.00 |       |       |       |    |    |    |

# DISTANCES (MILES)

| Table  | M1    | M2    | M3     | M4   | M5 | M6 | M7 |
|--|-------|-------|--------|------|----|----|----|
| 077  |       |       |        |      |    |    |    |
| Manchester, Leeds, Liverpool, London, Birmingham, Cardiff and Crewe to Chester, Rhyl, Llandudno, Bangor and Holyhead |       |       |        |      |    |    |    |
| LEEDS  |       |       |        |      |    |    |    |
| BRADFORD INTERCHANGE   |       |       |        |      |    |    |    |
| HALIFAX  |       |       |        |      |    |    |    |
| ROCHDALE   |       |       |        |      |    |    |    |
| MANCHESTER AIRPORT   |       |       |        |      |    |    |    |
| EAST DIDSbury  |       |       |        |      |    |    |    |
| MANCHESTER PICCADILLY  |       | 0.00  |        |      |    |    |    |
| MANCHESTER OXFORD ROAD   |       | 0.50  |        |      |    |    |    |
| MANCHESTER VICTORIA  | 0.00  |       |        |      |    |    |    |
| ECCLES   | 4.00  |       |        |      |    |    |    |
| NEWTON-LE-WILLOWS  | 15.50 | 16.25 |        |      |    |    |    |
| EARLESTOWN   | 17.25 | 18.00 |        |      |    |    |    |
| WARRINGTON BANK QUAY   | 21.25 | 22.00 |        |      |    |    |    |
| RUNCORN EAST   | 26.25 | 27.00 |        |      |    |    |    |
| LIVERPOOL LIME STREET  |       |       |        |      |    |    |    |
| LIVERPOOL SOUTH PARKWAY  |       |       |        |      |    |    |    |
| RUNCORN  |       |       |        |      |    |    |    |
| FRODSHAM   | 29.50 | 30.25 |        |      |    |    |    |
| HELSBY   | 32.00 | 32.75 | 0.00   |      |    |    |    |
| INCE & ELTON   |       |       | 2.00   |      |    |    |    |
| STANLOW & THORNTON   |       |       | 2.75   |      |    |    |    |
| ELLESMERE PORT   |       |       | 5.25   |      |    |    |    |
| LONDON EUSTON  |       |       |        |      |    |    |    |
| MILTON KEYNES CENTRAL  |       |       |        |      |    |    |    |
| BIRMINGHAM INTERNATIONAL   |       |       |        |      |    |    |    |
| BIRMINGHAM NEW STREET  |       |       |        |      |    |    |    |
| WOLVERHAMPTON  |       |       |        |      |    |    |    |
| STAFFORD   |       |       |        |      |    |    |    |
| CARDIFF CENTRAL  |       |       |        |      |    |    |    |
| SHREWSBURY   |       |       |        |      |    |    |    |
| WREXHAM GENERAL  |       |       |        |      |    |    |    |
| CREWE  |       |       | 0.00   |      |    |    |    |
| CHESTER  | 39.50 | 40.25 | 21.00  |      |    |    |    |
| SHOTTON  |       |       | 29.00  |      |    |    |    |
| FLINT  |       |       | 33.50  |      |    |    |    |
| PRESTATYN  |       |       | 47.50  |      |    |    |    |
| RHYL   |       |       | 51.00  |      |    |    |    |
| ABERGELE & PENSARN   |       |       | 55.25  |      |    |    |    |
| COLWYN BAY   |       |       | 61.50  |      |    |    |    |
| BLAENAU FFESTINIOG   |       |       |        |      |    |    |    |
| BETWS-Y-COED   |       |       |        |      |    |    |    |
| LLANRWST   |       |       |        |      |    |    |    |
| LLANDUDNO JUNCTION   |       |       | 65.50  | 0.00 |    |    |    |
| DEGANWY  |       |       |        | 1.25 |    |    |    |
| LLANDUDNO  |       |       |        | 3.00 |    |    |    |
| CONWY  |       |       | 66.50  |      |    |    |    |
| PENMAENMAWR  |       |       | 70.75  |      |    |    |    |
| LLANFAIRFECHAN   |       |       | 73.25  |      |    |    |    |
| BANGOR (GWYNEDD)   |       |       | 80.75  |      |    |    |    |
| LLANFAIRPWLL   |       |       | 84.50  |      |    |    |    |
| BODORGAN   |       |       | 93.50  |      |    |    |    |
| TY CROES   |       |       | 96.25  |      |    |    |    |
| RHOSNEIGR  |       |       | 98.00  |      |    |    |    |
| VALLEY   |       |       | 102.00 |      |    |    |    |
| HOLYHEAD   |       |       | 105.50 |      |    |    |    |

**DISTANCES (MILES)**

| Table                                  | M1    | M2 | M3 | M4 | M5 | M6 | M7 |
|--|-------|----|----|----|----|----|----|
| <b>078</b>                             |       |    |    |    |    |    |    |
| <b>Llandudno to Blaenau Ffestiniog</b> |       |    |    |    |    |    |    |
| LLANDUDNO                              | 0.00  |    |    |    |    |    |    |
| DEGANWY                                | 1.75  |    |    |    |    |    |    |
| LLANDUDNO JUNCTION                     | 3.00  |    |    |    |    |    |    |
| GLAN CONWY                             | 5.00  |    |    |    |    |    |    |
| TAL-Y-CAFN                             | 8.50  |    |    |    |    |    |    |
| DOLGARROG                              | 11.50 |    |    |    |    |    |    |
| NORTH LLANRWST                         | 14.50 |    |    |    |    |    |    |
| LLANRWST                               | 15.00 |    |    |    |    |    |    |
| BETWS-Y-COED                           | 18.50 |    |    |    |    |    |    |
| PONT-Y-PANT                            | 22.75 |    |    |    |    |    |    |
| DOLWYDDELAN                            | 24.25 |    |    |    |    |    |    |
| ROMAN BRIDGE                           | 26.00 |    |    |    |    |    |    |
| BLAENAU FFESTINIOG                     | 31.00 |    |    |    |    |    |    |

|   |       |       |  |  |  |  |  |
|---|-------|-------|--|--|--|--|--|
| <b>080</b>  |       |       |  |  |  |  |  |
| <b>Liverpool and Birkenhead to Hooton, Ellesmere Port and Chester</b> |       |       |  |  |  |  |  |
| MOORFIELDS  | 0.00  | 0.00  |  |  |  |  |  |
| LIVERPOOL LIME STREET   | 0.50  | 0.50  |  |  |  |  |  |
| LIVERPOOL CENTRAL   | 1.00  | 1.00  |  |  |  |  |  |
| JAMES STREET  | 1.50  | 1.50  |  |  |  |  |  |
| HAMILTON SQUARE   | 2.75  | 2.75  |  |  |  |  |  |
| BIRKENHEAD CENTRAL  | 3.00  | 3.00  |  |  |  |  |  |
| GREEN LANE  | 3.75  | 3.75  |  |  |  |  |  |
| ROCK FERRY  | 4.50  | 4.50  |  |  |  |  |  |
| BEBINGTON   | 5.50  | 5.50  |  |  |  |  |  |
| PORT SUNLIGHT   | 6.50  | 6.50  |  |  |  |  |  |
| SPITAL  | 7.00  | 7.00  |  |  |  |  |  |
| BROMBOROUGH RAKE  | 7.75  | 7.75  |  |  |  |  |  |
| BROMBOROUGH   | 8.50  | 8.50  |  |  |  |  |  |
| EASTHAM RAKE  | 9.00  | 9.00  |  |  |  |  |  |
| HOOTON  | 10.00 | 10.00 |  |  |  |  |  |
| LITTLE SUTTON   |       | 11.50 |  |  |  |  |  |
| OVERPOOL  |       | 12.50 |  |  |  |  |  |
| ELLESMERE PORT  |       | 14.00 |  |  |  |  |  |
| CAPENHURST  | 13.00 |       |  |  |  |  |  |
| BACHE   | 16.75 |       |  |  |  |  |  |
| CHESTER   | 18.25 |       |  |  |  |  |  |

## DISTANCES (MILES)

| Table   | M1    | M2   | M3    | M4 | M5 | M6 | M7 |
|---|-------|------|-------|----|----|----|----|
| <b>081</b>  |       |      |       |    |    |    |    |
| <b>Liverpool and Birkenhead to New Brighton, Bidston, West Kirby, Shotton and Wrexham</b> |       |      |       |    |    |    |    |
| MOORFIELDS  | 0.00  | 0.00 |       |    |    |    |    |
| LIVERPOOL LIME STREET   | 0.50  | 0.50 |       |    |    |    |    |
| LIVERPOOL CENTRAL   | 1.00  | 1.00 |       |    |    |    |    |
| JAMES STREET  | 1.50  | 1.50 |       |    |    |    |    |
| HAMILTON SQUARE   | 2.75  | 2.75 |       |    |    |    |    |
| CONWAY PARK   | 3.25  | 3.25 |       |    |    |    |    |
| BIRKENHEAD PARK   | 4.00  | 4.00 |       |    |    |    |    |
| BIRKENHEAD NORTH  | 4.75  | 4.75 |       |    |    |    |    |
| WALLASEY VILLAGE  |       | 6.25 |       |    |    |    |    |
| WALLASEY GROVE ROAD   |       | 6.50 |       |    |    |    |    |
| NEW BRIGHTON  |       | 7.75 |       |    |    |    |    |
| BIDSTON   | 5.25  |      | 0.00  |    |    |    |    |
| LEASOWE   | 6.50  |      |       |    |    |    |    |
| MORETON (MERSEYSIDE)  | 7.00  |      |       |    |    |    |    |
| MEOLS   | 8.25  |      |       |    |    |    |    |
| MANOR ROAD  | 9.50  |      |       |    |    |    |    |
| HOYLAKE   | 10.00 |      |       |    |    |    |    |
| WEST KIRBY  | 11.25 |      |       |    |    |    |    |
| UPTON   |       |      | 2.00  |    |    |    |    |
| HESWALL   |       |      | 6.25  |    |    |    |    |
| NESTON  |       |      | 8.75  |    |    |    |    |
| HAWARDEN BRIDGE   |       |      | 14.25 |    |    |    |    |
| SHOTTON   |       |      | 14.75 |    |    |    |    |
| HAWARDEN  |       |      | 17.50 |    |    |    |    |
| BUCKLEY   |       |      | 19.00 |    |    |    |    |
| PENYFFORDD  |       |      | 20.25 |    |    |    |    |
| HOPE (FLINTSHIRE)   |       |      | 22.25 |    |    |    |    |
| CAERGWRLE   |       |      | 22.75 |    |    |    |    |
| CEFN-Y-BEDD   |       |      | 23.50 |    |    |    |    |
| GWERSYLLT   |       |      | 25.25 |    |    |    |    |
| WREXHAM GENERAL   |       |      | 27.00 |    |    |    |    |
| WREXHAM CENTRAL   |       |      | 27.50 |    |    |    |    |

|   |       |  |  |  |  |  |  |
|---|-------|--|--|--|--|--|--|
| <b>082</b>                                    |       |  |  |  |  |  |  |
| <b>Hunts Cross to Liverpool and Southport</b> |       |  |  |  |  |  |  |
| HUNTS CROSS                                   | 0.00  |  |  |  |  |  |  |
| LIVERPOOL SOUTH PARKWAY                       | 1.50  |  |  |  |  |  |  |
| CRESSINGTON                                   | 2.50  |  |  |  |  |  |  |
| AIGBURTH                                      | 3.25  |  |  |  |  |  |  |
| ST MICHAELS                                   | 4.50  |  |  |  |  |  |  |
| BRUNSWICK                                     | 5.75  |  |  |  |  |  |  |
| LIVERPOOL CENTRAL                             | 7.25  |  |  |  |  |  |  |
| MOORFIELDS                                    | 7.75  |  |  |  |  |  |  |
| SANDHILLS                                     | 9.25  |  |  |  |  |  |  |
| BANK HALL                                     | 10.00 |  |  |  |  |  |  |
| BOOTLE ORIEL ROAD                             | 10.75 |  |  |  |  |  |  |
| BOOTLE NEW STRAND                             | 11.00 |  |  |  |  |  |  |
| SEAFORTH & LITHERLAND                         | 12.00 |  |  |  |  |  |  |
| WATERLOO (MERSEYSIDE)                         | 13.25 |  |  |  |  |  |  |
| BLUNDELLSANDS & CROSBY                        | 14.25 |  |  |  |  |  |  |
| HALL ROAD                                     | 15.00 |  |  |  |  |  |  |
| HIGHTOWN                                      | 17.00 |  |  |  |  |  |  |
| FORMBY  | 19.00 |  |  |  |  |  |  |
| FRESHFIELD                                    | 20.00 |  |  |  |  |  |  |
| AINSDALE                                      | 22.75 |  |  |  |  |  |  |
| HILLSIDE                                      | 24.50 |  |  |  |  |  |  |
| BIRKDALE                                      | 25.25 |  |  |  |  |  |  |
| SOUTHPORT                                     | 26.25 |  |  |  |  |  |  |

## DISTANCES (MILES)

| Table  | M1   | M2    | M3    | M4    | M5 | M6 | M7 |
|--|------|-------|-------|-------|----|----|----|
| <b>083</b>   |      |       |       |       |    |    |    |
| <b>Liverpool to Kirkby, Headbolt Lane, Wigan, Ormskirk and Preston</b> |      |       |       |       |    |    |    |
| LIVERPOOL CENTRAL  | 0.00 |       | 0.00  |       |    |    |    |
| MOORFIELDS   | 0.50 |       | 0.50  |       |    |    |    |
| SANDHILLS  | 2.00 |       | 2.00  |       |    |    |    |
| KIRKDALE   | 3.00 |       | 3.00  |       |    |    |    |
| RICE LANE  | 4.25 |       |       |       |    |    |    |
| FAZAKERLEY   | 5.75 |       |       |       |    |    |    |
| KIRKBY   | 7.50 |       |       |       |    |    |    |
| HEADBOLT LANE  | 8.25 | 0.00  |       |       |    |    |    |
| RAINFORD   |      | 4.25  |       |       |    |    |    |
| UPHOLLAND  |      | 6.25  |       |       |    |    |    |
| ORRELL   |      | 7.50  |       |       |    |    |    |
| PEMBERTON  |      | 9.25  |       |       |    |    |    |
| WIGAN WALLGATE   |      | 10.75 |       |       |    |    |    |
| WALTON (MERSEYSIDE)  |      |       | 4.25  |       |    |    |    |
| ORRELL PARK  |      |       | 4.50  |       |    |    |    |
| AINTREE  |      |       | 5.50  |       |    |    |    |
| OLD ROAN   |      |       | 6.25  |       |    |    |    |
| MAGHULL  |      |       | 8.00  |       |    |    |    |
| MAGHULL NORTH  |      |       | 9.00  |       |    |    |    |
| TOWN GREEN   |      |       | 10.50 |       |    |    |    |
| AUGHTON PARK   |      |       | 11.50 |       |    |    |    |
| ORMSKIRK   |      |       | 12.75 | 0.00  |    |    |    |
| BURSCOUGH JUNCTION   |      |       |       | 2.50  |    |    |    |
| RUFFORD  |      |       |       | 5.50  |    |    |    |
| CROSTON  |      |       |       | 8.00  |    |    |    |
| PRESTON  |      |       |       | 15.00 |    |    |    |

|   |       |  |  |  |  |  |  |
|---|-------|--|--|--|--|--|--|
| <b>084</b>  |       |  |  |  |  |  |  |
| <b>Liverpool to Huyton, St Helens, Wigan, Preston and Blackpool</b> |       |  |  |  |  |  |  |
| LIVERPOOL LIME STREET   | 0.00  |  |  |  |  |  |  |
| EDGE HILL   | 1.75  |  |  |  |  |  |  |
| WAVERTREE TECHNOLOGY PARK   | 2.50  |  |  |  |  |  |  |
| BROAD GREEN   | 3.50  |  |  |  |  |  |  |
| ROBY  | 5.00  |  |  |  |  |  |  |
| HUYTON  | 5.50  |  |  |  |  |  |  |
| PRESCOT   | 7.75  |  |  |  |  |  |  |
| ECCLESTON PARK  | 8.75  |  |  |  |  |  |  |
| THATTO HEATH  | 9.75  |  |  |  |  |  |  |
| ST HELENS CENTRAL   | 11.25 |  |  |  |  |  |  |
| GARSWOOD  | 15.00 |  |  |  |  |  |  |
| BRYN  | 16.25 |  |  |  |  |  |  |
| WIGAN NORTH WESTERN   | 20.00 |  |  |  |  |  |  |
| EUXTON BALSHAW LANE   | 28.25 |  |  |  |  |  |  |
| LEYLAND   | 31.00 |  |  |  |  |  |  |
| PRESTON   | 35.00 |  |  |  |  |  |  |
| KIRKHAM & WESHAM  | 42.75 |  |  |  |  |  |  |
| POULTON-LE-FYLDE  | 49.25 |  |  |  |  |  |  |
| BLACKPOOL NORTH   | 52.50 |  |  |  |  |  |  |



## DISTANCES (MILES)

| Table   | M1    | M2    | M3   | M4   | M5 | M6 | M7 |
|---|-------|-------|------|------|----|----|----|
| 085   |       |       |      |      |    |    |    |
| Liverpool to Earlestown, Warrington (Bank Quay), Newton-Le-Willows and Manchester |       |       |      |      |    |    |    |
| LIVERPOOL LIME STREET   | 0.00  | 0.00  |      |      |    |    |    |
| EDGE HILL   | 1.75  | 1.75  |      |      |    |    |    |
| WAVERTREE TECHNOLOGY PARK   | 2.50  | 2.50  |      |      |    |    |    |
| BROAD GREEN   | 3.50  | 3.50  |      |      |    |    |    |
| ROBY  | 5.00  | 5.00  |      |      |    |    |    |
| HUYTON  | 5.50  | 5.50  |      |      |    |    |    |
| WHISTON   | 7.50  | 7.50  |      |      |    |    |    |
| RAINHILL  | 9.00  | 9.00  |      |      |    |    |    |
| LEA GREEN   | 10.75 | 10.75 |      |      |    |    |    |
| ST HELENS JUNCTION  | 12.00 | 12.00 |      |      |    |    |    |
| WARRINGTON BANK QUAY  |       |       | 0.00 |      |    |    |    |
| EARLESTOWN  | 14.75 | 14.75 | 4.00 | 0.00 |    |    |    |
| WARRINGTON BANK QUAY  |       |       |      | 4.00 |    |    |    |
| NEWTON-LE-WILLOWS   | 16.25 | 16.25 |      |      |    |    |    |
| PATRICROFT  | 26.75 | 26.75 |      |      |    |    |    |
| ECCLES  | 27.75 | 27.75 |      |      |    |    |    |
| MANCHESTER VICTORIA   | 31.75 |       |      |      |    |    |    |
| DEANSGATE   |       | 31.75 |      |      |    |    |    |
| MANCHESTER OXFORD ROAD  |       | 32.00 |      |      |    |    |    |
| MANCHESTER PICCADILLY   |       | 32.50 |      |      |    |    |    |
| MAULDETH ROAD   |       |       |      |      |    |    |    |
| BURNAGE   |       |       |      |      |    |    |    |
| EAST DIDSBURY   |       |       |      |      |    |    |    |
| GATLEY  |       |       |      |      |    |    |    |
| HEALD GREEN   |       |       |      |      |    |    |    |
| MANCHESTER AIRPORT  |       |       |      |      |    |    |    |
| WILMSLOW  |       |       |      |      |    |    |    |
| ALDERLEY EDGE   |       |       |      |      |    |    |    |
| CREWE   |       |       |      |      |    |    |    |

|   |       |       |  |  |  |  |  |
|---|-------|-------|--|--|--|--|--|
| 086   |       |       |  |  |  |  |  |
| Liverpool to Runcorn, Warrington (Central) and Manchester |       |       |  |  |  |  |  |
| LIVERPOOL LIME STREET                                     | 0.00  | 0.00  |  |  |  |  |  |
| EDGE HILL   | 1.25  | 1.25  |  |  |  |  |  |
| MOSSLEY HILL  | 3.75  | 3.75  |  |  |  |  |  |
| WEST ALLERTON   | 4.50  | 4.50  |  |  |  |  |  |
| LIVERPOOL SOUTH PARKWAY                                   | 5.50  | 5.50  |  |  |  |  |  |
| RUNCORN   |       | 13.00 |  |  |  |  |  |
| HUNTS CROSS   | 7.00  |       |  |  |  |  |  |
| HALEWOOD  | 8.00  |       |  |  |  |  |  |
| HOUGH GREEN   | 10.50 |       |  |  |  |  |  |
| WIDNES  | 12.25 |       |  |  |  |  |  |
| SANKEY FOR PENKETH  | 15.75 |       |  |  |  |  |  |
| WARRINGTON WEST   | 16.25 |       |  |  |  |  |  |
| WARRINGTON CENTRAL  | 18.25 |       |  |  |  |  |  |
| PADGATE   | 20.00 |       |  |  |  |  |  |
| BIRCHWOOD   | 21.50 |       |  |  |  |  |  |
| GLAZEBROOK  | 24.25 |       |  |  |  |  |  |
| IRLAM   | 25.50 |       |  |  |  |  |  |
| FLIXTON   | 27.75 |       |  |  |  |  |  |
| CHASSEN ROAD  | 28.50 |       |  |  |  |  |  |
| URMSTON   | 29.00 |       |  |  |  |  |  |
| HUMPHREY PARK   | 30.00 |       |  |  |  |  |  |
| TRAFFORD PARK   | 30.75 |       |  |  |  |  |  |
| DEANSGATE   | 33.75 |       |  |  |  |  |  |
| MANCHESTER OXFORD ROAD                                    | 34.00 |       |  |  |  |  |  |
| MANCHESTER PICCADILLY                                     | 34.75 |       |  |  |  |  |  |
| STOCKPORT   |       |       |  |  |  |  |  |
| SHEFFIELD   |       |       |  |  |  |  |  |
| MAULDETH ROAD   |       |       |  |  |  |  |  |
| EAST DIDSBURY   |       |       |  |  |  |  |  |
| MANCHESTER AIRPORT  |       |       |  |  |  |  |  |

## DISTANCES (MILES)

| Table                                    | M1    | M2    | M3 | M4 | M5 | M6 | M7 |
|--|-------|-------|----|----|----|----|----|
| <b>087</b>                               |       |       |    |    |    |    |    |
| <b>Liverpool to Manchester (Summary)</b> |       |       |    |    |    |    |    |
| LIVERPOOL LIME STREET                    | 0.00  | 0.00  |    |    |    |    |    |
| LIVERPOOL SOUTH PARKWAY                  | 5.50  |       |    |    |    |    |    |
| DEANSGATE                                | 33.75 |       |    |    |    |    |    |
| MANCHESTER OXFORD ROAD                   | 34.00 |       |    |    |    |    |    |
| MANCHESTER PICCADILLY                    | 34.75 |       |    |    |    |    |    |
| MANCHESTER AIRPORT                       | 44.50 |       |    |    |    |    |    |
| MANCHESTER VICTORIA                      |       | 31.75 |    |    |    |    |    |

|   |      |  |  |  |  |  |  |
|---|------|--|--|--|--|--|--|
| <b>090</b>                              |      |  |  |  |  |  |  |
| <b>Manchester to Manchester Airport</b> |      |  |  |  |  |  |  |
| MANCHESTER VICTORIA                     |      |  |  |  |  |  |  |
| SALFORD CRESCENT                        |      |  |  |  |  |  |  |
| DEANSGATE                               |      |  |  |  |  |  |  |
| MANCHESTER OXFORD ROAD                  |      |  |  |  |  |  |  |
| MANCHESTER PICCADILLY                   | 0.00 |  |  |  |  |  |  |
| MAULDETH ROAD                           | 3.50 |  |  |  |  |  |  |
| BURNAGE                                 | 4.50 |  |  |  |  |  |  |
| EAST DIDSBURY                           | 5.50 |  |  |  |  |  |  |
| GATLEY                                  | 6.75 |  |  |  |  |  |  |
| HEALD GREEN                             | 8.25 |  |  |  |  |  |  |
| MANCHESTER AIRPORT                      | 9.75 |  |  |  |  |  |  |

|                                |      |  |  |  |  |  |  |
|--------------------------------|------|--|--|--|--|--|--|
| <b>091</b>                     |      |  |  |  |  |  |  |
| <b>Manchester to Stockport</b> |      |  |  |  |  |  |  |
| MANCHESTER OXFORD ROAD         | 0.00 |  |  |  |  |  |  |
| MANCHESTER PICCADILLY          | 0.50 |  |  |  |  |  |  |
| LEVENSHULME                    | 3.50 |  |  |  |  |  |  |
| HEATON CHAPEL                  | 5.00 |  |  |  |  |  |  |
| STOCKPORT                      | 6.50 |  |  |  |  |  |  |

|   |       |  |  |  |  |  |  |
|---|-------|--|--|--|--|--|--|
| <b>092</b>  |       |  |  |  |  |  |  |
| <b>Manchester and Stockport to Altrincham, Knutsford, Northwich and Chester</b> |       |  |  |  |  |  |  |
| MANCHESTER PICCADILLY   | 0.00  |  |  |  |  |  |  |
| STOCKPORT   | 6.50  |  |  |  |  |  |  |
| NAVIGATION ROAD   | 14.75 |  |  |  |  |  |  |
| ALTRINCHAM  | 15.25 |  |  |  |  |  |  |
| HALE  | 16.00 |  |  |  |  |  |  |
| ASHLEY  | 17.75 |  |  |  |  |  |  |
| MOBBERLEY   | 18.50 |  |  |  |  |  |  |
| KNUTSFORD   | 22.25 |  |  |  |  |  |  |
| PLUMLEY   | 24.75 |  |  |  |  |  |  |
| LOSTOCK GRALAM  | 26.75 |  |  |  |  |  |  |
| NORTHWICH   | 28.25 |  |  |  |  |  |  |
| GREENBANK   | 30.00 |  |  |  |  |  |  |
| CUDDINGTON  | 32.75 |  |  |  |  |  |  |
| DELAMERE  | 35.75 |  |  |  |  |  |  |
| MOULDSWORTH   | 38.75 |  |  |  |  |  |  |
| CHESTER   | 45.25 |  |  |  |  |  |  |

## DISTANCES (MILES)

| Table  | M1    | M2    | M3 | M4 | M5 | M6 | M7 |
|--|-------|-------|----|----|----|----|----|
| 093  |       |       |    |    |    |    |    |
| Manchester, Stockport and Manchester Airport to Wilmslow and Crewe |       |       |    |    |    |    |    |
| MANCHESTER PICCADILLY  | 0.00  | 0.00  |    |    |    |    |    |
| LEVENSHULME  | 3.00  |       |    |    |    |    |    |
| HEATON CHAPEL  | 4.50  |       |    |    |    |    |    |
| STOCKPORT  | 6.00  |       |    |    |    |    |    |
| CHEADLE HULME  | 8.25  |       |    |    |    |    |    |
| HANDFORTH  | 10.50 |       |    |    |    |    |    |
| MAULDETH ROAD  |       | 3.50  |    |    |    |    |    |
| BURNAGE  |       | 4.50  |    |    |    |    |    |
| EAST DIDSBURY  |       | 5.50  |    |    |    |    |    |
| GATLEY   |       | 6.75  |    |    |    |    |    |
| HEALD GREEN  |       | 8.25  |    |    |    |    |    |
| MANCHESTER AIRPORT   |       | 9.75  |    |    |    |    |    |
| STYAL  |       | 12.00 |    |    |    |    |    |
| WILMSLOW   | 12.00 | 13.75 |    |    |    |    |    |
| ALDERLEY EDGE  | 13.75 |       |    |    |    |    |    |
| CHELFORD   | 16.75 |       |    |    |    |    |    |
| GOOSTREY   | 20.50 |       |    |    |    |    |    |
| HOLMES CHAPEL  | 22.50 |       |    |    |    |    |    |
| SANDBACH   | 26.25 |       |    |    |    |    |    |
| CREWE  | 31.00 |       |    |    |    |    |    |

|   |       |  |  |  |  |  |  |
|---|-------|--|--|--|--|--|--|
| 094   |       |  |  |  |  |  |  |
| Manchester and Stockport to Macclesfield and Stoke-on-Trent |       |  |  |  |  |  |  |
| MANCHESTER PICCADILLY                                       | 0.00  |  |  |  |  |  |  |
| LEVENSHULME   | 3.00  |  |  |  |  |  |  |
| HEATON CHAPEL   | 4.50  |  |  |  |  |  |  |
| STOCKPORT   | 6.00  |  |  |  |  |  |  |
| CHEADLE HULME   | 8.25  |  |  |  |  |  |  |
| BRAMHALL  | 8.25  |  |  |  |  |  |  |
| POYNTON   | 11.25 |  |  |  |  |  |  |
| ADLINGTON (CHESHIRE)  | 13.25 |  |  |  |  |  |  |
| PRESTBURY   | 15.25 |  |  |  |  |  |  |
| MACCLESFIELD  | 18.00 |  |  |  |  |  |  |
| CONGLETON   | 26.00 |  |  |  |  |  |  |
| KIDSGROVE   | 31.50 |  |  |  |  |  |  |
| STOKE-ON-TRENT  | 37.75 |  |  |  |  |  |  |

|  |       |  |  |  |  |  |  |
|--|-------|--|--|--|--|--|--|
| 095  |       |  |  |  |  |  |  |
| Manchester and Stockport to Hazel Grove and Buxton |       |  |  |  |  |  |  |
| MANCHESTER PICCADILLY                              | 0.00  |  |  |  |  |  |  |
| LEVENSHULME  | 3.00  |  |  |  |  |  |  |
| HEATON CHAPEL                                      | 4.50  |  |  |  |  |  |  |
| STOCKPORT  | 6.00  |  |  |  |  |  |  |
| DAVENPORT  | 7.00  |  |  |  |  |  |  |
| WOODSMOOR  | 7.75  |  |  |  |  |  |  |
| HAZEL GROVE  | 8.75  |  |  |  |  |  |  |
| MIDDLEWOOD   | 11.00 |  |  |  |  |  |  |
| DISLEY   | 12.50 |  |  |  |  |  |  |
| NEW MILLS NEWTOWN                                  | 14.25 |  |  |  |  |  |  |
| FURNESS VALE                                       | 15.25 |  |  |  |  |  |  |
| WHALEY BRIDGE                                      | 16.25 |  |  |  |  |  |  |
| CHAPEL-EN-LE-FRITH                                 | 20.50 |  |  |  |  |  |  |
| DOVE HOLES   | 22.75 |  |  |  |  |  |  |
| BUXTON   | 25.75 |  |  |  |  |  |  |

## DISTANCES (MILES)

| Table   | M1    | M2    | M3    | M4 | M5 | M6 | M7 |
|---|-------|-------|-------|----|----|----|----|
| 096   |       |       |       |    |    |    |    |
| Manchester to Romiley, Rose Hill, Marple, New Mills and Sheffield |       |       |       |    |    |    |    |
| LIVERPOOL LIME STREET   |       |       |       |    |    |    |    |
| WARRINGTON CENTRAL  |       |       |       |    |    |    |    |
| MANCHESTER OXFORD ROAD  |       |       |       |    |    |    |    |
| MANCHESTER PICCADILLY   | 0.00  | 0.00  | 0.00  |    |    |    |    |
| STOCKPORT   |       |       | 6.00  |    |    |    |    |
| ASHBURYS  | 1.50  | 1.50  |       |    |    |    |    |
| BELLE VUE   | 2.50  |       |       |    |    |    |    |
| RYDER BROW  | 2.75  |       |       |    |    |    |    |
| REDDISH NORTH   | 3.75  |       |       |    |    |    |    |
| BRINNINGTON   | 5.50  |       |       |    |    |    |    |
| BREDBURY  | 6.50  |       |       |    |    |    |    |
| GORTON  |       | 2.50  |       |    |    |    |    |
| FAIRFIELD   |       | 3.50  |       |    |    |    |    |
| GUIDE BRIDGE  |       | 4.75  |       |    |    |    |    |
| HYDE NORTH  |       | 6.50  |       |    |    |    |    |
| HYDE CENTRAL  |       | 7.75  |       |    |    |    |    |
| WOODLEY   |       | 9.25  |       |    |    |    |    |
| ROMILEY   | 7.50  | 10.50 |       |    |    |    |    |
| ROSE HILL MARPLE  |       | 12.50 |       |    |    |    |    |
| MARPLE  | 9.00  |       |       |    |    |    |    |
| STRINES   | 11.25 |       |       |    |    |    |    |
| NEW MILLS CENTRAL   | 12.75 |       |       |    |    |    |    |
| CHINLEY   | 16.50 |       | 17.25 |    |    |    |    |
| EDALE   | 22.00 |       |       |    |    |    |    |
| HOPE (DERBYSHIRE)   | 27.25 |       |       |    |    |    |    |
| BAMFORD   | 29.00 |       |       |    |    |    |    |
| HATHERSAGE  | 30.75 |       |       |    |    |    |    |
| GRINDLEFORD   | 32.25 |       |       |    |    |    |    |
| DORE & TOTLEY   | 37.75 |       |       |    |    |    |    |
| SHEFFIELD   | 42.00 |       |       |    |    |    |    |

|  |       |       |  |  |  |  |  |
|--|-------|-------|--|--|--|--|--|
| 097  |       |       |  |  |  |  |  |
| Manchester to Guide Bridge, Glossop and Hadfield |       |       |  |  |  |  |  |
| MANCHESTER PICCADILLY                            | 0.00  | 0.00  |  |  |  |  |  |
| ARDWICK  | 0.50  | 0.50  |  |  |  |  |  |
| ASHBURYS   | 1.50  | 1.50  |  |  |  |  |  |
| GORTON   | 2.50  | 2.50  |  |  |  |  |  |
| FAIRFIELD  | 3.50  | 3.50  |  |  |  |  |  |
| GUIDE BRIDGE                                     | 4.75  | 4.75  |  |  |  |  |  |
| FLOWERY FIELD                                    | 6.75  | 6.75  |  |  |  |  |  |
| NEWTON FOR HYDE                                  | 7.50  | 7.50  |  |  |  |  |  |
| GODLEY   | 8.50  | 8.50  |  |  |  |  |  |
| HATTERSLEY                                       | 9.00  | 9.00  |  |  |  |  |  |
| BROADBOTTOM                                      | 10.00 | 10.00 |  |  |  |  |  |
| DINTING  | 12.25 | 12.25 |  |  |  |  |  |
| GLOSSOP  | 13.25 |       |  |  |  |  |  |
| HADFIELD   | 15.00 | 13.00 |  |  |  |  |  |

|                           |      |       |  |  |  |  |  |
|---------------------------|------|-------|--|--|--|--|--|
| 098                       |      |       |  |  |  |  |  |
| Manchester to Stalybridge |      |       |  |  |  |  |  |
| WIGAN WALLGATE            |      |       |  |  |  |  |  |
| BOLTON                    |      |       |  |  |  |  |  |
| SALFORD CRESCENT          |      |       |  |  |  |  |  |
| SALFORD CENTRAL           |      |       |  |  |  |  |  |
| MANCHESTER PICCADILLY     | 0.00 | 0.00  |  |  |  |  |  |
| MANCHESTER VICTORIA       |      | 2.50  |  |  |  |  |  |
| ASHTON-UNDER-LYNE         |      | 8.50  |  |  |  |  |  |
| STALYBRIDGE               | 7.50 | 10.00 |  |  |  |  |  |

## DISTANCES (MILES)

| Table                  | M1    | M2    | M3 | M4 | M5 | M6 | M7 |
|------------------------|-------|-------|----|----|----|----|----|
| 099                    |       |       |    |    |    |    |    |
| Manchester to Bolton   |       |       |    |    |    |    |    |
| MANCHESTER AIRPORT     |       |       |    |    |    |    |    |
| MANCHESTER PICCADILLY  |       | 0.00  |    |    |    |    |    |
| MANCHESTER OXFORD ROAD |       | 0.50  |    |    |    |    |    |
| DEANSGATE              |       | 0.75  |    |    |    |    |    |
| ROCHDALE               |       |       |    |    |    |    |    |
| STALYBRIDGE            |       |       |    |    |    |    |    |
| ASHTON-UNDER-LYNE      |       |       |    |    |    |    |    |
| MANCHESTER VICTORIA    | 0.00  |       |    |    |    |    |    |
| SALFORD CENTRAL        | 0.75  |       |    |    |    |    |    |
| SALFORD CRESCENT       | 1.75  | 2.25  |    |    |    |    |    |
| CLIFTON                | 4.75  | 5.25  |    |    |    |    |    |
| KEARSLEY               | 7.75  | 8.25  |    |    |    |    |    |
| FARNWORTH              | 8.50  | 9.00  |    |    |    |    |    |
| MOSES GATE             | 9.50  | 10.00 |    |    |    |    |    |
| BOLTON                 | 10.75 | 11.25 |    |    |    |    |    |

# DISTANCES (MILES)

| Table   | M1     | M2     | M3    | M4    | M5    | M6 | M7 |
|---|--------|--------|-------|-------|-------|----|----|
| 100   |        |        |       |       |       |    |    |
| Manchester, Liverpool, London, Birmingham and Preston to Lancaster, Carnforth, Barrow-in-Furness, Windermere, Carlisle, Edinburgh and Glasgow |        |        |       |       |       |    |    |
| LONDON EUSTON   | 0.00   | 0.00   |       |       |       |    |    |
| WATFORD JUNCTION  | 17.50  | 17.50  |       |       |       |    |    |
| MILTON KEYNES CENTRAL   | 49.75  | 49.75  |       |       |       |    |    |
| RUGBY   | 82.50  | 82.50  |       |       |       |    |    |
| COVENTRY  |        | 94.00  |       |       |       |    |    |
| BIRMINGHAM INTERNATIONAL  |        | 104.75 |       |       |       |    |    |
| BIRMINGHAM NEW STREET   |        | 113.25 |       |       |       |    |    |
| SANDWELL & DUDLEY   |        | 118.50 |       |       |       |    |    |
| WOLVERHAMPTON   |        | 126.00 |       |       |       |    |    |
| CREWE   | 158.00 | 165.75 |       |       |       |    |    |
| WARRINGTON BANK QUAY  | 182.00 | 189.75 |       |       |       |    |    |
| MANCHESTER AIRPORT  |        |        |       |       |       |    |    |
| HEALD GREEN   |        |        |       |       |       |    |    |
| EAST DIDSBURY   |        |        |       |       |       |    |    |
| BURNAGE   |        |        |       |       |       |    |    |
| MANCHESTER PICCADILLY   |        |        |       |       |       |    |    |
| MANCHESTER OXFORD ROAD  |        |        |       |       |       |    |    |
| MANCHESTER VICTORIA   |        |        |       |       |       |    |    |
| BOLTON  |        |        |       |       |       |    |    |
| LIVERPOOL LIME STREET   |        |        |       |       |       |    |    |
| ST HELENS CENTRAL   |        |        |       |       |       |    |    |
| WIGAN NORTH WESTERN   | 193.75 | 201.50 |       |       |       |    |    |
| PRESTON   | 209.00 | 216.75 |       |       |       |    |    |
| LANCASTER   | 230.00 | 237.75 | 0.00  |       |       |    |    |
| CARNFORTH   |        |        | 6.00  |       |       |    |    |
| SILVERDALE  |        |        | 9.75  |       |       |    |    |
| ARNSIDE   |        |        | 12.00 |       |       |    |    |
| GRANGE-OVER-SANDS   |        |        | 15.25 |       |       |    |    |
| KENTS BANK  |        |        | 17.50 |       |       |    |    |
| CARK  |        |        | 19.50 |       |       |    |    |
| ULVERSTON   |        |        | 25.50 |       |       |    |    |
| DALTON  |        |        | 28.75 |       |       |    |    |
| ROOSE   |        |        | 33.00 |       |       |    |    |
| BARROW-IN-FURNESS   |        |        | 34.75 |       |       |    |    |
| OXENHOLME LAKE DISTRICT   | 249.00 | 256.75 |       | 0.00  |       |    |    |
| KENDAL  |        |        |       | 2.25  |       |    |    |
| BURNESIDE   |        |        |       | 4.00  |       |    |    |
| STAVELEY  |        |        |       | 6.50  |       |    |    |
| WINDERMERE  |        |        |       | 10.00 |       |    |    |
| PENRITH NORTH LAKES   | 281.25 | 290.00 |       |       |       |    |    |
| CARLISLE  | 299.00 | 306.75 |       |       |       |    |    |
| LOCKERBIE   | 324.25 | 332.00 |       |       |       |    |    |
| HAYMARKET   |        | 407.00 |       |       |       |    |    |
| EDINBURGH   |        | 408.25 |       |       |       |    |    |
| MOTHERWELL  | 388.50 |        |       |       | 0.00  |    |    |
| GLASGOW CENTRAL   | 401.25 |        |       |       |       |    |    |
| WHIFFLET  |        |        |       |       | 4.00  |    |    |
| GREENFAULDS   |        |        |       |       | 11.00 |    |    |
| LARBERT   |        |        |       |       | 20.00 |    |    |
| STIRLING  |        |        |       |       | 28.00 |    |    |

# DISTANCES (MILES)

| Table   | M1    | M2    | M3    | M4   | M5 | M6 | M7 |
|---|-------|-------|-------|------|----|----|----|
| 101   |       |       |       |      |    |    |    |
| Manchester and Bolton to Wigan, Headbolt Lane and Southport |       |       |       |      |    |    |    |
| LEEDS   |       |       |       |      |    |    |    |
| BLACKBURN   |       |       |       |      |    |    |    |
| ROCHDALE  |       |       |       |      |    |    |    |
| STALYBRIDGE   |       |       |       |      |    |    |    |
| ASHTON-UNDER-LYNE   |       |       |       |      |    |    |    |
| MANCHESTER VICTORIA   | 0.00  |       |       |      |    |    |    |
| SALFORD CENTRAL   | 0.75  |       |       |      |    |    |    |
| MANCHESTER PICCADILLY                                       |       | 0.00  |       |      |    |    |    |
| MANCHESTER OXFORD ROAD                                      |       | 0.50  |       |      |    |    |    |
| DEANSGATE   |       | 0.75  |       |      |    |    |    |
| SALFORD CRESCENT  | 1.75  | 2.25  |       |      |    |    |    |
| SWINTON   | 5.75  |       |       |      |    |    |    |
| MOORSIDE  | 6.50  |       |       |      |    |    |    |
| WALKDEN   | 8.25  |       |       |      |    |    |    |
| ATHERTON  | 11.75 |       |       |      |    |    |    |
| HAG FOLD  | 13.00 |       |       |      |    |    |    |
| DAISY HILL  | 13.25 |       |       |      |    |    |    |
| CLIFTON   |       | 5.25  |       |      |    |    |    |
| KEARSLEY  |       | 8.25  |       |      |    |    |    |
| FARNWORTH   |       | 9.00  |       |      |    |    |    |
| MOSES GATE  |       | 10.00 |       |      |    |    |    |
| BOLTON  |       | 11.25 |       |      |    |    |    |
| WESTHOUGHTON  |       | 15.75 |       |      |    |    |    |
| HINDLEY   | 15.75 | 18.25 |       |      |    |    |    |
| INCE  | 17.25 | 19.75 |       | 0.00 |    |    |    |
| WIGAN NORTH WESTERN   |       |       |       | 0.75 |    |    |    |
| WIGAN WALLGATE  | 18.25 | 20.75 | 0.00  |      |    |    |    |
| PEMBERTON   |       |       | 1.50  |      |    |    |    |
| ORRELL  |       |       | 3.25  |      |    |    |    |
| UPHOLLAND   |       |       | 4.50  |      |    |    |    |
| RAINFORD  |       |       | 6.50  |      |    |    |    |
| HEADBOLT LANE   |       |       | 10.75 |      |    |    |    |
| GATHURST  |       | 23.50 |       |      |    |    |    |
| APPLEY BRIDGE   |       | 25.25 |       |      |    |    |    |
| PARBOLD   |       | 27.50 |       |      |    |    |    |
| HOSCAR  |       | 29.00 |       |      |    |    |    |
| BURSCOUGH BRIDGE  |       | 30.50 |       |      |    |    |    |
| NEW LANE  |       | 31.75 |       |      |    |    |    |
| BESCAR LANE   |       | 33.75 |       |      |    |    |    |
| MEOLS COP   |       | 37.00 |       |      |    |    |    |
| SOUTHPORT   |       | 38.25 |       |      |    |    |    |

## DISTANCES (MILES)

| Table   | M1    | M2    | M3    | M4 | M5 | M6 | M7 |
|---|-------|-------|-------|----|----|----|----|
| <b>102</b>  |       |       |       |    |    |    |    |
| <b>Manchester and Bolton to Preston and Blackpool</b> |       |       |       |    |    |    |    |
| MANCHESTER AIRPORT                                    |       |       |       |    |    |    |    |
| HEALD GREEN   |       |       |       |    |    |    |    |
| GATLEY  |       |       |       |    |    |    |    |
| EAST DIDSBURY   |       |       |       |    |    |    |    |
| MANCHESTER PICCADILLY                                 |       | 0.00  |       |    |    |    |    |
| MANCHESTER OXFORD ROAD                                |       | 0.50  |       |    |    |    |    |
| DEANSGATE   |       | 0.75  |       |    |    |    |    |
| MANCHESTER VICTORIA                                   | 0.00  |       |       |    |    |    |    |
| SALFORD CENTRAL                                       | 0.75  |       |       |    |    |    |    |
| SALFORD CRESCENT                                      | 1.75  | 2.25  |       |    |    |    |    |
| BOLTON  | 10.75 | 11.25 |       |    |    |    |    |
| LOSTOCK   | 13.75 | 14.25 |       |    |    |    |    |
| HORWICH PARKWAY                                       | 15.75 | 16.25 |       |    |    |    |    |
| BLACKROD  | 17.25 | 17.75 |       |    |    |    |    |
| ADLINGTON (LANCASHIRE)                                | 19.25 | 19.75 |       |    |    |    |    |
| CHORLEY   | 23.25 | 23.75 |       |    |    |    |    |
| BUCKSHAW PARKWAY                                      | 25.75 | 26.25 |       |    |    |    |    |
| LONDON EUSTON   |       |       |       |    |    |    |    |
| BIRMINGHAM NEW STREET                                 |       |       |       |    |    |    |    |
| LIVERPOOL LIME STREET                                 |       |       |       |    |    |    |    |
| ST HELENS CENTRAL                                     |       |       |       |    |    |    |    |
| WIGAN NORTH WESTERN                                   |       |       |       |    |    |    |    |
| LEYLAND   | 26.75 | 27.25 |       |    |    |    |    |
| PRESTON   | 30.75 | 31.25 |       |    |    |    |    |
| SALWICK   |       | 36.50 |       |    |    |    |    |
| KIRKHAM & WESHAM                                      |       | 39.00 | 0.00  |    |    |    |    |
| MOSS SIDE   |       |       | 3.25  |    |    |    |    |
| LYTHAM  |       |       | 5.75  |    |    |    |    |
| ANSDELL & FAIRHAVEN                                   |       |       | 7.00  |    |    |    |    |
| ST ANNES-ON-THE-SEA                                   |       |       | 9.00  |    |    |    |    |
| SQUIRES GATE  |       |       | 10.50 |    |    |    |    |
| BLACKPOOL PLEASURE BEACH                              |       |       | 11.75 |    |    |    |    |
| BLACKPOOL SOUTH                                       |       |       | 12.25 |    |    |    |    |
| POULTON-LE-FYLDE                                      |       | 45.50 |       |    |    |    |    |
| LAYTON  |       | 47.50 |       |    |    |    |    |
| BLACKPOOL NORTH                                       |       | 48.75 |       |    |    |    |    |

|   |       |  |  |  |  |  |  |
|---|-------|--|--|--|--|--|--|
| <b>103</b>  |       |  |  |  |  |  |  |
| <b>Manchester and Bolton to Blackburn and Clitheroe</b> |       |  |  |  |  |  |  |
| ROCHDALE  |       |  |  |  |  |  |  |
| CASTLETON   |       |  |  |  |  |  |  |
| MILLS HILL  |       |  |  |  |  |  |  |
| MOSTON  |       |  |  |  |  |  |  |
| MANCHESTER VICTORIA                                     | 0.00  |  |  |  |  |  |  |
| SALFORD CENTRAL   | 0.75  |  |  |  |  |  |  |
| SALFORD CRESCENT  | 1.75  |  |  |  |  |  |  |
| BOLTON  | 10.75 |  |  |  |  |  |  |
| HALL I' TH' WOOD  | 12.50 |  |  |  |  |  |  |
| BROMLEY CROSS   | 13.50 |  |  |  |  |  |  |
| ENTWISTLE   | 16.50 |  |  |  |  |  |  |
| DARWEN  | 20.25 |  |  |  |  |  |  |
| BLACKBURN   | 24.50 |  |  |  |  |  |  |
| RAMSGREAVE & WILPSHIRE                                  | 27.25 |  |  |  |  |  |  |
| LANGHO  | 29.75 |  |  |  |  |  |  |
| WHALLEY   | 31.75 |  |  |  |  |  |  |
| CLITHEROE   | 34.25 |  |  |  |  |  |  |



## DISTANCES (MILES)

| Table   | M1    | M2 | M3 | M4 | M5 | M6 | M7 |
|---|-------|----|----|----|----|----|----|
| <b>104</b>  |       |    |    |    |    |    |    |
| <b>Manchester to Rochdale, Todmorden, Burnley, Accrington and Blackburn</b> |       |    |    |    |    |    |    |
| BOLTON  |       |    |    |    |    |    |    |
| SALFORD CRESCENT  |       |    |    |    |    |    |    |
| SALFORD CENTRAL   |       |    |    |    |    |    |    |
| MANCHESTER VICTORIA   | 0.00  |    |    |    |    |    |    |
| MOSTON  | 4.00  |    |    |    |    |    |    |
| MILLS HILL  | 6.00  |    |    |    |    |    |    |
| CASTLETON   | 8.75  |    |    |    |    |    |    |
| ROCHDALE  | 10.50 |    |    |    |    |    |    |
| SMITHY BRIDGE   | 12.75 |    |    |    |    |    |    |
| LITTLEBOROUGH   | 13.75 |    |    |    |    |    |    |
| WALSDEN   | 17.75 |    |    |    |    |    |    |
| TODMORDEN   | 19.25 |    |    |    |    |    |    |
| BURNLEY MANCHESTER ROAD   | 28.00 |    |    |    |    |    |    |
| ROSE GROVE  | 29.25 |    |    |    |    |    |    |
| ACCRINGTON  | 34.00 |    |    |    |    |    |    |
| BLACKBURN   | 39.50 |    |    |    |    |    |    |

|   |       |       |       |  |  |  |  |
|---|-------|-------|-------|--|--|--|--|
| <b>105</b>  |       |       |       |  |  |  |  |
| <b>Blackpool and Preston to Blackburn, Accrington, Burnley, Rochdale, Manchester, Bradford, Leeds, York and Colne</b> |       |       |       |  |  |  |  |
| BLACKPOOL NORTH   |       |       |       |  |  |  |  |
| BLACKPOOL SOUTH   |       |       |       |  |  |  |  |
| PRESTON   | 0.00  | 0.00  |       |  |  |  |  |
| LOSTOCK HALL  | 2.75  | 2.75  |       |  |  |  |  |
| BAMBER BRIDGE   | 4.00  | 4.00  |       |  |  |  |  |
| PLEASINGTON   | 9.00  | 9.00  |       |  |  |  |  |
| CHERRY TREE   | 10.00 | 10.00 |       |  |  |  |  |
| MILL HILL (LANCASHIRE)  | 10.75 | 10.75 |       |  |  |  |  |
| BLACKBURN   | 12.00 | 12.00 |       |  |  |  |  |
| RISHTON   | 15.75 | 15.75 |       |  |  |  |  |
| CHURCH & OSWALDTWISTLE  | 17.50 | 17.50 |       |  |  |  |  |
| ACCRINGTON  | 18.25 | 18.25 |       |  |  |  |  |
| HUNCOAT   | 20.00 | 20.00 |       |  |  |  |  |
| HAPTON  | 21.50 | 21.50 |       |  |  |  |  |
| ROSE GROVE  | 23.00 | 23.00 | 0.00  |  |  |  |  |
| BURNLEY MANCHESTER ROAD   |       | 23.25 | 0.25  |  |  |  |  |
| TODMORDEN   |       |       | 9.25  |  |  |  |  |
| ROCHDALE  |       |       | 18.00 |  |  |  |  |
| MANCHESTER VICTORIA   |       |       | 28.50 |  |  |  |  |
| HALIFAX   |       | 44.75 |       |  |  |  |  |
| BRADFORD INTERCHANGE  |       | 52.75 |       |  |  |  |  |
| LEEDS   |       | 62.25 |       |  |  |  |  |
| YORK  |       |       |       |  |  |  |  |
| BURNLEY BARRACKS  | 24.00 |       |       |  |  |  |  |
| BURNLEY CENTRAL   | 24.50 |       |       |  |  |  |  |
| BRIERFIELD  | 26.75 |       |       |  |  |  |  |
| NELSON  | 28.00 |       |       |  |  |  |  |
| COLNE   | 30.00 |       |       |  |  |  |  |

|  |      |      |  |  |  |  |  |
|--|------|------|--|--|--|--|--|
| <b>106</b>   |      |      |  |  |  |  |  |
| <b>Lancaster and Carnforth to Morecambe and Heysham Port</b> |      |      |  |  |  |  |  |
| CARNFORTH  | 0.00 |      |  |  |  |  |  |
| LANCASTER  | 6.00 | 0.00 |  |  |  |  |  |
| BARE LANE  |      | 2.50 |  |  |  |  |  |
| MORECAMBE  |      | 4.25 |  |  |  |  |  |
| HEYSHAM PORT   |      | 8.25 |  |  |  |  |  |

**DISTANCES (MILES)**

| Table   | M1           | M2 | M3 | M4 | M5 | M6 | M7 |
|---|--------------|----|----|----|----|----|----|
| <b>107</b>  |              |    |    |    |    |    |    |
| <b>Barrow-in-Furness to Millom, Whitehaven, Workington, Maryport and Carlisle</b> |              |    |    |    |    |    |    |
| <b>PRESTON</b>  |              |    |    |    |    |    |    |
| <b>LANCASTER</b>  |              |    |    |    |    |    |    |
| <b>CARNFORTH</b>  |              |    |    |    |    |    |    |
| <b>BARROW-IN-FURNESS</b>  | <b>0.00</b>  |    |    |    |    |    |    |
| <b>ASKAM</b>  | <b>6.00</b>  |    |    |    |    |    |    |
| <b>KIRKBY-IN-FURNESS</b>  | <b>9.25</b>  |    |    |    |    |    |    |
| <b>FOXFIELD</b>   | <b>11.25</b> |    |    |    |    |    |    |
| <b>GREEN ROAD</b>   | <b>13.50</b> |    |    |    |    |    |    |
| <b>MILLOM</b>   | <b>16.00</b> |    |    |    |    |    |    |
| <b>SILECROFT</b>  | <b>19.00</b> |    |    |    |    |    |    |
| <b>BOOTLE</b>   | <b>24.50</b> |    |    |    |    |    |    |
| <b>RAVENGLASS FOR ESKDALE</b>   | <b>29.25</b> |    |    |    |    |    |    |
| <b>DRIGG</b>  | <b>31.00</b> |    |    |    |    |    |    |
| <b>SEASCALE</b>   | <b>33.25</b> |    |    |    |    |    |    |
| <b>SELLAFIELD</b>   | <b>35.00</b> |    |    |    |    |    |    |
| <b>BRAYSTONES</b>   | <b>37.00</b> |    |    |    |    |    |    |
| <b>NETHERTOWN</b>   | <b>38.25</b> |    |    |    |    |    |    |
| <b>ST BEES</b>  | <b>41.25</b> |    |    |    |    |    |    |
| <b>CORKICKLE</b>  | <b>44.75</b> |    |    |    |    |    |    |
| <b>WHITEHAVEN</b>   | <b>45.75</b> |    |    |    |    |    |    |
| <b>PARTON</b>   | <b>47.00</b> |    |    |    |    |    |    |
| <b>HARRINGTON</b>   | <b>50.50</b> |    |    |    |    |    |    |
| <b>WORKINGTON</b>   | <b>52.25</b> |    |    |    |    |    |    |
| <b>FLIMBY</b>   | <b>56.00</b> |    |    |    |    |    |    |
| <b>MARYPORT</b>   | <b>58.00</b> |    |    |    |    |    |    |
| <b>ASPATRIA</b>   | <b>65.50</b> |    |    |    |    |    |    |
| <b>WIGTON</b>   | <b>71.75</b> |    |    |    |    |    |    |
| <b>DALSTON</b>  | <b>81.25</b> |    |    |    |    |    |    |
| <b>CARLISLE</b>   | <b>85.25</b> |    |    |    |    |    |    |

|   |              |  |  |  |  |  |  |
|---|--------------|--|--|--|--|--|--|
| <b>112</b>                              |              |  |  |  |  |  |  |
| <b>London to Amersham and Aylesbury</b> |              |  |  |  |  |  |  |
| <b>LONDON MARYLEBONE</b>                | <b>0.00</b>  |  |  |  |  |  |  |
| <b>HARROW-ON-THE-HILL</b>               | <b>9.00</b>  |  |  |  |  |  |  |
| <b>RICKMANSWORTH</b>                    | <b>17.00</b> |  |  |  |  |  |  |
| <b>CHORLEYWOOD</b>                      | <b>19.25</b> |  |  |  |  |  |  |
| <b>CHALFONT &amp; LATIMER</b>           | <b>21.50</b> |  |  |  |  |  |  |
| <b>AMERSHAM</b>                         | <b>23.50</b> |  |  |  |  |  |  |
| <b>GREAT MISSENDEN</b>                  | <b>28.75</b> |  |  |  |  |  |  |
| <b>WENDOVER</b>                         | <b>33.25</b> |  |  |  |  |  |  |
| <b>STOKE MANDEVILLE</b>                 | <b>35.25</b> |  |  |  |  |  |  |
| <b>AYLESBURY</b>                        | <b>37.75</b> |  |  |  |  |  |  |
| <b>AYLESBURY VALE PARKWAY</b>           | <b>40.50</b> |  |  |  |  |  |  |

## DISTANCES (MILES)

| Table   | M1     | M2    | M3   | M4    | M5 | M6 | M7 |
|---|--------|-------|------|-------|----|----|----|
| <b>113</b>  |        |       |      |       |    |    |    |
| <b>London to High Wycombe, Aylesbury, Bicester, Oxford, Banbury, Leamington Spa, Stratford-upon-Avon and Birmingham</b> |        |       |      |       |    |    |    |
| LONDON MARYLEBONE   | 0.00   | 0.00  |      |       |    |    |    |
| WEMBLEY STADIUM   | 6.50   | 6.50  |      |       |    |    |    |
| SUDBURY & HARROW ROAD   | 8.00   | 8.00  |      |       |    |    |    |
| SUDBURY HILL HARROW   | 8.75   | 8.75  |      |       |    |    |    |
| NORTHOLT PARK   | 9.75   | 9.75  |      |       |    |    |    |
| SOUTH RUISLIP   | 11.50  | 11.50 |      |       |    |    |    |
| WEST RUISLIP  | 13.25  | 13.25 |      |       |    |    |    |
| DENHAM  | 16.00  | 16.00 |      |       |    |    |    |
| DENHAM GOLF CLUB  | 17.00  | 17.00 |      |       |    |    |    |
| GERRARDS CROSS  | 18.75  | 18.75 |      |       |    |    |    |
| SEER GREEN  | 21.25  | 21.25 |      |       |    |    |    |
| BEACONSFIELD  | 23.00  | 23.00 |      |       |    |    |    |
| HIGH WYCOMBE  | 27.75  | 27.75 |      |       |    |    |    |
| SAUNDERTON  | 32.75  | 32.75 |      |       |    |    |    |
| PRINCES RISBOROUGH  | 36.00  | 36.00 | 0.00 |       |    |    |    |
| MONKS RISBOROUGH  |        |       | 1.50 |       |    |    |    |
| LITTLE KIMBLE   |        |       | 3.00 |       |    |    |    |
| AYLESBURY   |        |       | 7.50 |       |    |    |    |
| HADDENHAM & THAME PARKWAY   | 44.75  | 44.75 |      |       |    |    |    |
| BICESTER VILLAGE  |        | 54.75 |      |       |    |    |    |
| ISLIP   |        | 60.75 |      |       |    |    |    |
| OXFORD PARKWAY  |        | 63.00 |      |       |    |    |    |
| OXFORD  |        | 66.50 |      |       |    |    |    |
| BICESTER NORTH  | 54.75  |       |      |       |    |    |    |
| KINGS SUTTON  | 65.25  |       |      |       |    |    |    |
| BANBURY   | 68.75  |       |      |       |    |    |    |
| LEAMINGTON SPA  | 88.75  |       |      | 0.00  |    |    |    |
| WARWICK   | 90.75  |       |      | 2.00  |    |    |    |
| WARWICK PARKWAY   | 92.00  |       |      | 3.25  |    |    |    |
| HATTON  | 94.75  |       |      | 6.00  |    |    |    |
| CLAVERDON   |        |       |      | 7.75  |    |    |    |
| BEARLEY   |        |       |      | 11.00 |    |    |    |
| WILMCOTE  |        |       |      | 12.50 |    |    |    |
| STRATFORD PARKWAY   |        |       |      | 14.25 |    |    |    |
| STRATFORD-UPON-AVON   |        |       |      | 15.25 |    |    |    |
| LAPWORTH  | 99.00  |       |      |       |    |    |    |
| DORRIDGE  | 101.50 |       |      |       |    |    |    |
| SOLIHULL  | 104.75 |       |      |       |    |    |    |
| BIRMINGHAM MOOR STREET  | 111.25 |       |      |       |    |    |    |
| BIRMINGHAM SNOW HILL  | 112.00 |       |      |       |    |    |    |
| STOURBRIDGE JUNCTION  |        |       |      |       |    |    |    |
| KIDDERMINSTER   |        |       |      |       |    |    |    |

|   |       |       |  |  |  |  |  |
|---|-------|-------|--|--|--|--|--|
| <b>114</b>                                  |       |       |  |  |  |  |  |
| <b>Oxford to Bicester and Milton Keynes</b> |       |       |  |  |  |  |  |
| OXFORD                                      | 0.00  |       |  |  |  |  |  |
| OXFORD PARKWAY                              | 3.50  |       |  |  |  |  |  |
| ISLIP                                       | 5.75  |       |  |  |  |  |  |
| BICESTER VILLAGE                            | 11.75 | 0.00  |  |  |  |  |  |
| LONDON MARYLEBONE                           |       | 54.75 |  |  |  |  |  |
| WINSLOW                                     | 23.75 |       |  |  |  |  |  |
| BLETCHLEY HIGH LEVEL                        | 31.25 |       |  |  |  |  |  |
| MILTON KEYNES CENTRAL                       | 34.50 |       |  |  |  |  |  |

|   |       |  |  |  |  |  |  |
|---|-------|--|--|--|--|--|--|
| <b>115</b>  |       |  |  |  |  |  |  |
| <b>Reading, Oxford and Banbury to Leamington Spa and Birmingham (Summary)</b> |       |  |  |  |  |  |  |
| READING   | 0.00  |  |  |  |  |  |  |
| OXFORD  | 27.50 |  |  |  |  |  |  |
| BANBURY   | 48.25 |  |  |  |  |  |  |
| LEAMINGTON SPA  | 68.25 |  |  |  |  |  |  |
| BIRMINGHAM INTERNATIONAL  | 88.50 |  |  |  |  |  |  |
| BIRMINGHAM NEW STREET   | 97.00 |  |  |  |  |  |  |
| BIRMINGHAM MOOR STREET  |       |  |  |  |  |  |  |
| BIRMINGHAM SNOW HILL  |       |  |  |  |  |  |  |

**DISTANCES (MILES)**

| Table  | M1    | M2    | M3    | M4    | M5    | M6   | M7 |
|--|-------|-------|-------|-------|-------|------|----|
| <b>116</b>   |       |       |       |       |       |      |    |
| <b>Shenfield, Abbey Wood and Canary Wharf to Ealing Broadway, Greenford, Heathrow Airport, Slough, Maidenhead and Reading via Central London</b> |       |       |       |       |       |      |    |
| SHENFIELD  | 0.00  |       |       |       |       |      |    |
| BRENTWOOD  | 2.00  |       |       |       |       |      |    |
| HAROLD WOOD  | 5.25  |       |       |       |       |      |    |
| GIDEA PARK   | 6.75  |       |       |       |       |      |    |
| ROMFORD  | 7.75  |       |       |       |       |      |    |
| CHADWELL HEATH   | 10.25 |       |       |       |       |      |    |
| GOODMAYES  | 11.00 |       |       |       |       |      |    |
| SEVEN KINGS  | 11.75 |       |       |       |       |      |    |
| ILFORD   | 13.00 |       |       |       |       |      |    |
| MANOR PARK   | 14.00 |       |       |       |       |      |    |
| FOREST GATE  | 15.00 |       |       |       |       |      |    |
| MARYLAND   | 15.75 |       |       |       |       |      |    |
| STRATFORD  | 16.25 |       |       |       |       |      |    |
| ABBEY WOOD   |       | 0.00  |       |       |       |      |    |
| WOOLWICH   |       | 2.00  |       |       |       |      |    |
| CUSTOM HOUSE   |       | 4.50  |       |       |       |      |    |
| CANARY WHARF   |       | 6.75  |       |       |       |      |    |
| WHITECHAPEL  | 19.50 | 8.75  |       |       |       |      |    |
| LONDON LIVERPOOL STREET  | 20.75 | 10.00 |       |       |       |      |    |
| FARRINGDON   | 21.50 | 10.75 |       |       |       |      |    |
| TOTTENHAM COURT ROAD   | 23.00 | 12.25 |       |       |       |      |    |
| BOND STREET  | 23.50 | 12.75 |       |       |       |      |    |
| LONDON PADDINGTON  | 25.00 | 14.25 | 0.00  | 0.00  | 0.00  |      |    |
| ACTON MAIN LINE  |       |       | 4.25  | 4.25  | 4.25  |      |    |
| EALING BROADWAY  |       |       | 5.75  | 5.75  | 5.75  |      |    |
| WEST EALING  |       |       | 6.50  | 6.50  | 6.50  | 0.00 |    |
| DRAYTON GREEN  |       |       |       |       |       | 0.75 |    |
| CASTLE BAR PARK  |       |       |       |       |       | 1.00 |    |
| SOUTH GREENFORD  |       |       |       |       |       | 1.75 |    |
| GREENFORD  |       |       |       |       |       | 2.75 |    |
| HANWELL  |       |       | 7.25  | 7.25  | 7.25  |      |    |
| SOUTHALL   |       |       | 9.00  | 9.00  | 9.00  |      |    |
| HAYES & HARLINGTON   |       |       | 10.75 | 10.75 | 10.75 |      |    |
| HEATHROW TERMINALS 2 & 3   |       |       |       | 14.75 | 14.75 |      |    |
| HEATHROW TERMINAL 4  |       |       |       | 16.50 |       |      |    |
| HEATHROW TERMINAL 5  |       |       |       |       | 16.25 |      |    |
| WEST DRAYTON   |       |       | 13.25 |       |       |      |    |
| IVER   |       |       | 14.75 |       |       |      |    |
| LANGLEY  |       |       | 16.25 |       |       |      |    |
| SLOUGH   |       |       | 18.50 |       |       |      |    |
| BURNHAM  |       |       | 21.00 |       |       |      |    |
| TAPLOW   |       |       | 22.50 |       |       |      |    |
| MAIDENHEAD   |       |       | 24.25 |       |       |      |    |
| TWYFORD  |       |       | 31.00 |       |       |      |    |
| READING  |       |       | 36.00 |       |       |      |    |
| DIDCOT PARKWAY   |       |       | 53.25 |       |       |      |    |
| OXFORD   |       |       | 63.50 |       |       |      |    |

|   |      |  |  |  |  |  |  |
|---|------|--|--|--|--|--|--|
| <b>117</b>                                  |      |  |  |  |  |  |  |
| <b>Slough to Windsor &amp; Eton Central</b> |      |  |  |  |  |  |  |
| SLOUGH                                      | 0.00 |  |  |  |  |  |  |
| WINDSOR & ETON CENTRAL                      | 2.75 |  |  |  |  |  |  |

|  |      |  |  |  |  |  |  |
|--|------|--|--|--|--|--|--|
| <b>118</b>                                 |      |  |  |  |  |  |  |
| <b>Maidenhead to Bourne End and Marlow</b> |      |  |  |  |  |  |  |
| MAIDENHEAD                                 | 0.00 |  |  |  |  |  |  |
| FURZE PLATT                                | 1.25 |  |  |  |  |  |  |
| COOKHAM                                    | 3.00 |  |  |  |  |  |  |
| BOURNE END                                 | 4.50 |  |  |  |  |  |  |
| MARLOW                                     | 7.25 |  |  |  |  |  |  |

## DISTANCES (MILES)

| Table                              | M1   | M2 | M3 | M4 | M5 | M6 | M7 |
|------------------------------------|------|----|----|----|----|----|----|
| <b>119</b>                         |      |    |    |    |    |    |    |
| <b>Twyford to Henley-on-Thames</b> |      |    |    |    |    |    |    |
| TWYFORD                            | 0.00 |    |    |    |    |    |    |
| WARGRAVE                           | 1.75 |    |    |    |    |    |    |
| SHIPLAKE                           | 2.75 |    |    |    |    |    |    |
| HENLEY-ON-THAMES                   | 4.50 |    |    |    |    |    |    |

|                               |       |  |  |  |  |  |  |
|-------------------------------|-------|--|--|--|--|--|--|
| <b>120</b>                    |       |  |  |  |  |  |  |
| <b>Reading to Basingstoke</b> |       |  |  |  |  |  |  |
| READING                       | 0.00  |  |  |  |  |  |  |
| READING WEST                  | 1.00  |  |  |  |  |  |  |
| READING GREEN PARK            | 2.50  |  |  |  |  |  |  |
| MORTIMER                      | 7.25  |  |  |  |  |  |  |
| BRAMLEY (HANTS)               | 10.50 |  |  |  |  |  |  |
| BASINGSTOKE                   | 15.50 |  |  |  |  |  |  |

|   |       |  |  |  |  |  |  |
|---|-------|--|--|--|--|--|--|
| <b>121</b>  |       |  |  |  |  |  |  |
| <b>London to Reading (summary of first, fast and last services)</b> |       |  |  |  |  |  |  |
| LONDON PADDINGTON   | 0.00  |  |  |  |  |  |  |
| READING   | 36.00 |  |  |  |  |  |  |

|   |       |  |  |  |  |  |  |
|---|-------|--|--|--|--|--|--|
| <b>122</b>  |       |  |  |  |  |  |  |
| <b>London and Reading to Newbury, Bedwyn and Westbury</b> |       |  |  |  |  |  |  |
| LONDON PADDINGTON   | 0.00  |  |  |  |  |  |  |
| SLOUGH  | 18.50 |  |  |  |  |  |  |
| MAIDENHEAD  | 24.25 |  |  |  |  |  |  |
| TWYFORD   | 31.00 |  |  |  |  |  |  |
| READING   | 36.00 |  |  |  |  |  |  |
| READING WEST  | 37.00 |  |  |  |  |  |  |
| THEALE  | 41.25 |  |  |  |  |  |  |
| ALDERMASTON   | 44.75 |  |  |  |  |  |  |
| MIDGHAM   | 46.75 |  |  |  |  |  |  |
| THATCHAM  | 49.50 |  |  |  |  |  |  |
| NEWBURY RACECOURSE  | 52.50 |  |  |  |  |  |  |
| NEWBURY   | 53.00 |  |  |  |  |  |  |
| KINTBURY  | 58.50 |  |  |  |  |  |  |
| HUNGERFORD  | 61.50 |  |  |  |  |  |  |
| BEDWYN  | 66.50 |  |  |  |  |  |  |
| PEWSEY  | 75.25 |  |  |  |  |  |  |
| WESTBURY  | 95.50 |  |  |  |  |  |  |

|   |       |  |  |  |  |  |  |
|---|-------|--|--|--|--|--|--|
| <b>123</b>  |       |  |  |  |  |  |  |
| <b>London and Reading to Didcot Parkway, Oxford and Banbury</b> |       |  |  |  |  |  |  |
| LONDON PADDINGTON   | 0.00  |  |  |  |  |  |  |
| EALING BROADWAY   | 5.75  |  |  |  |  |  |  |
| SOUTHALL  | 9.00  |  |  |  |  |  |  |
| HAYES & HARLINGTON  | 10.75 |  |  |  |  |  |  |
| WEST DRAYTON  | 13.25 |  |  |  |  |  |  |
| SLOUGH  | 18.50 |  |  |  |  |  |  |
| MAIDENHEAD  | 24.25 |  |  |  |  |  |  |
| TWYFORD   | 31.00 |  |  |  |  |  |  |
| READING   | 36.00 |  |  |  |  |  |  |
| TILEHURST   | 38.75 |  |  |  |  |  |  |
| PANGBOURNE  | 41.50 |  |  |  |  |  |  |
| GORING & STREATLEY  | 44.75 |  |  |  |  |  |  |
| CHOLSEY   | 48.50 |  |  |  |  |  |  |
| DIDCOT PARKWAY  | 53.25 |  |  |  |  |  |  |
| APPLEFORD   | 55.25 |  |  |  |  |  |  |
| CULHAM  | 56.25 |  |  |  |  |  |  |
| RADLEY  | 58.50 |  |  |  |  |  |  |
| OXFORD  | 63.50 |  |  |  |  |  |  |
| TACKLEY   | 72.50 |  |  |  |  |  |  |
| HEYFORD   | 75.25 |  |  |  |  |  |  |
| KINGS SUTTON  | 82.75 |  |  |  |  |  |  |
| BANBURY   | 86.25 |  |  |  |  |  |  |

# DISTANCES (MILES)

| Table  | M1     | M2 | M3 | M4 | M5 | M6 | M7 |
|--|--------|----|----|----|----|----|----|
| 124  |        |    |    |    |    |    |    |
| London and Reading to Oxford, Evesham, Worcester, Great Malvern and Hereford |        |    |    |    |    |    |    |
| LONDON PADDINGTON  | 0.00   |    |    |    |    |    |    |
| SLOUGH   | 18.50  |    |    |    |    |    |    |
| READING  | 36.00  |    |    |    |    |    |    |
| DIDCOT PARKWAY   | 53.25  |    |    |    |    |    |    |
| OXFORD   | 63.50  |    |    |    |    |    |    |
| HANBOROUGH   | 70.50  |    |    |    |    |    |    |
| COMBE  | 71.50  |    |    |    |    |    |    |
| FINSTOCK   | 75.00  |    |    |    |    |    |    |
| CHARLBURY  | 76.75  |    |    |    |    |    |    |
| ASCOTT-UNDER-WYCHWOOD  | 80.50  |    |    |    |    |    |    |
| SHIPTON  | 81.75  |    |    |    |    |    |    |
| KINGHAM  | 84.75  |    |    |    |    |    |    |
| MORETON-IN-MARSH   | 91.75  |    |    |    |    |    |    |
| HONEYBOURNE  | 101.75 |    |    |    |    |    |    |
| EVESHAM  | 106.75 |    |    |    |    |    |    |
| PERSHORE   | 112.75 |    |    |    |    |    |    |
| WORCESTERSHIRE PARKWAY   | 115.75 |    |    |    |    |    |    |
| WORCESTER SHRUB HILL   | 120.50 |    |    |    |    |    |    |
| WORCESTER FOREGATE STREET  | 121.25 |    |    |    |    |    |    |
| MALVERN LINK   | 128.00 |    |    |    |    |    |    |
| GREAT MALVERN  | 128.75 |    |    |    |    |    |    |
| COLWALL  | 131.75 |    |    |    |    |    |    |
| LEDBURY  | 136.00 |    |    |    |    |    |    |
| HEREFORD   | 149.75 |    |    |    |    |    |    |

|  |        |        |        |        |       |  |  |
|--|--------|--------|--------|--------|-------|--|--|
| 125  |        |        |        |        |       |  |  |
| London and Reading to Swindon, Cheltenham Spa, Bath, Bristol, Weston-Super-Mare, Cardiff, Swansea and West Wales |        |        |        |        |       |  |  |
| LONDON PADDINGTON  | 0.00   | 0.00   | 0.00   | 0.00   |       |  |  |
| READING  | 36.00  | 36.00  | 36.00  | 36.00  |       |  |  |
| DIDCOT PARKWAY   | 53.25  | 53.25  | 53.25  | 53.25  |       |  |  |
| SWINDON  | 77.25  | 77.25  | 77.25  | 77.25  | 0.00  |  |  |
| KEMBLE   |        |        |        | 91.00  |       |  |  |
| STROUD   |        |        |        | 102.25 |       |  |  |
| STONEHOUSE   |        |        |        | 105.00 |       |  |  |
| GLOUCESTER   |        |        |        | 113.75 |       |  |  |
| CHELTENHAM SPA   |        |        |        | 120.25 |       |  |  |
| CHIPPENHAM   |        |        | 94.00  |        | 16.75 |  |  |
| MELKSHAM   |        |        |        |        | 23.00 |  |  |
| TROWBRIDGE   |        |        |        |        | 28.50 |  |  |
| WESTBURY   |        |        |        |        | 32.50 |  |  |
| BATH SPA   |        |        | 107.00 |        |       |  |  |
| BRISTOL PARKWAY  | 111.75 | 111.75 |        |        |       |  |  |
| BRISTOL TEMPLE MEADS   |        | 117.25 | 118.50 |        |       |  |  |
| NAILSEA & BACKWELL   |        |        | 126.50 |        |       |  |  |
| YATTON   |        |        | 130.50 |        |       |  |  |
| WORLE  |        |        | 134.50 |        |       |  |  |
| WESTON MILTON  |        |        | 137.25 |        |       |  |  |
| WESTON-SUPER-MARE  |        |        | 138.50 |        |       |  |  |
| HIGHBRIDGE & BURNHAM   |        |        | 146.00 |        |       |  |  |
| BRIDGWATER   |        |        | 152.25 |        |       |  |  |
| TAUNTON  |        |        | 164.00 |        |       |  |  |
| NEWPORT (SOUTH WALES)  | 133.50 |        |        |        |       |  |  |
| CARDIFF CENTRAL  | 145.25 |        |        |        |       |  |  |
| BRIDGEND   | 165.50 |        |        |        |       |  |  |
| PORT TALBOT PARKWAY  | 177.75 |        |        |        |       |  |  |
| NEATH  | 183.25 |        |        |        |       |  |  |
| SWANSEA  | 192.75 |        |        |        |       |  |  |
| LLANELLI   |        |        |        |        |       |  |  |
| PEMBREY & BURRY PORT   |        |        |        |        |       |  |  |
| CARMARTHEN   |        |        |        |        |       |  |  |

# DISTANCES (MILES)

| Table  | M1     | M2   | M3    | M4    | M5 | M6 | M7 |
|--|--------|------|-------|-------|----|----|----|
| 126  |        |      |       |       |    |    |    |
| Cardiff to Bridgend, Maesteg, Swansea, Carmarthen, Tenby, Pembroke Dock, Milford Haven and Fishguard |        |      |       |       |    |    |    |
| LONDON PADDINGTON  |        |      |       |       |    |    |    |
| READING  |        |      |       |       |    |    |    |
| MANCHESTER PICCADILLY  |        |      |       |       |    |    |    |
| CHELTENHAM SPA   |        |      |       |       |    |    |    |
| GLOUCESTER   |        |      |       |       |    |    |    |
| NEWPORT (SOUTH WALES)  |        |      |       |       |    |    |    |
| CARDIFF CENTRAL  | 0.00   |      |       |       |    |    |    |
| PONTYCLUN  | 11.00  |      |       |       |    |    |    |
| LLANHARAN  | 14.00  |      |       |       |    |    |    |
| PENCOED  | 16.25  |      |       |       |    |    |    |
| BRIDGEND   | 20.25  | 0.00 |       |       |    |    |    |
| WILDMILL   |        | 1.00 |       |       |    |    |    |
| SARN   |        | 2.25 |       |       |    |    |    |
| TONDU  |        | 3.00 |       |       |    |    |    |
| GARTH (MID GLAMORGAN)  |        | 7.00 |       |       |    |    |    |
| MAESTEG (EWENNY ROAD)  |        | 7.75 |       |       |    |    |    |
| MAESTEG  |        | 8.25 |       |       |    |    |    |
| PYLE   | 26.25  |      |       |       |    |    |    |
| PORT TALBOT PARKWAY  | 32.50  |      |       |       |    |    |    |
| BAGLAN   | 34.50  |      |       |       |    |    |    |
| BRITON FERRY   | 36.25  |      |       |       |    |    |    |
| NEATH  | 38.00  |      |       |       |    |    |    |
| SKEWEN   | 41.75  |      |       |       |    |    |    |
| LLANSAMLET   | 43.50  |      |       |       |    |    |    |
| SWANSEA  | 47.50  |      |       |       |    |    |    |
| GOWERTON   | 53.00  |      |       |       |    |    |    |
| LLANELLI   | 58.75  |      |       |       |    |    |    |
| PEMBREY & BURRY PORT   | 62.75  |      |       |       |    |    |    |
| KIDWELLY   | 68.00  |      |       |       |    |    |    |
| FERRYSIDE  | 72.25  |      |       |       |    |    |    |
| CARMARTHEN   | 79.25  |      |       |       |    |    |    |
| WHITLAND   | 93.25  |      | 0.00  |       |    |    |    |
| NARBERTH   |        |      | 5.25  |       |    |    |    |
| KILGETTY   |        |      | 10.75 |       |    |    |    |
| SAUNDERSFOOT   |        |      | 11.50 |       |    |    |    |
| TENBY  |        |      | 15.75 |       |    |    |    |
| PENALLY  |        |      | 17.00 |       |    |    |    |
| MANORBIER  |        |      | 20.25 |       |    |    |    |
| LAMPHEY  |        |      | 23.75 |       |    |    |    |
| PEMBROKE   |        |      | 25.25 |       |    |    |    |
| PEMBROKE DOCK  |        |      | 27.25 |       |    |    |    |
| CLUNDERWEN   | 98.75  |      |       |       |    |    |    |
| CLARBESTON ROAD  | 105.25 |      |       | 0.00  |    |    |    |
| HAVERFORDWEST  |        |      |       | 5.25  |    |    |    |
| JOHNSTON   |        |      |       | 10.00 |    |    |    |
| MILFORD HAVEN  |        |      |       | 14.00 |    |    |    |
| FISHGUARD & GOODWICK   | 120.50 |      |       |       |    |    |    |
| FISHGUARD HARBOUR  | 121.00 |      |       |       |    |    |    |

# DISTANCES (MILES)

| Table   | M1    | M2    | M3    | M4   | M5    | M6   | M7 |
|---|-------|-------|-------|------|-------|------|----|
| 127   |       |       |       |      |       |      |    |
| Bridgend, Barry and Penarth to Cardiff, Coryton, Caerphilly, Rhymney, Pontypridd, Treherbert, Aberdare and Merthyr Tydfil |       |       |       |      |       |      |    |
| BRIDGEND  | 0.00  |       |       |      |       |      |    |
| LLANTWIT MAJOR  | 9.25  |       |       |      |       |      |    |
| RHOOSE CARDIFF INT AIRPORT  | 15.75 |       |       |      |       |      |    |
| BARRY ISLAND  |       | 0.00  |       |      |       |      |    |
| BARRY   | 19.00 | 0.75  |       |      |       |      |    |
| BARRY DOCKS   | 20.25 | 2.00  |       |      |       |      |    |
| CADOXTON  | 21.00 | 2.75  |       |      |       |      |    |
| DINAS POWYS   | 23.00 | 4.75  |       |      |       |      |    |
| EASTBROOK   | 24.00 | 5.75  |       |      |       |      |    |
| COGAN   | 24.75 | 6.50  |       |      |       |      |    |
| PENARTH   |       |       | 0.00  |      |       |      |    |
| DINGLE ROAD   |       |       | 0.25  |      |       |      |    |
| GRANGETOWN  | 26.50 | 8.25  | 2.75  |      |       |      |    |
| CARDIFF CENTRAL   | 27.50 | 9.25  | 3.75  | 0.00 | 0.00  |      |    |
| CARDIFF BAY   |       |       |       |      |       | 0.00 |    |
| CARDIFF QUEEN STREET  |       | 9.75  | 4.25  |      | 0.50  | 1.00 |    |
| HEATH HIGH LEVEL  |       |       |       |      | 3.00  |      |    |
| HEATH LOW LEVEL   |       |       | 6.75  |      |       |      |    |
| TY GLAS   |       |       |       |      | 4.50  |      |    |
| BIRCHGROVE  |       |       |       |      | 4.25  |      |    |
| RHIWBINA  |       |       |       |      | 4.75  |      |    |
| WHITCHURCH (CARDIFF)  |       |       |       |      | 5.00  |      |    |
| CORYTON   |       |       |       |      | 5.50  |      |    |
| LLANISHEN   |       |       | 7.75  |      |       |      |    |
| LISVANE & THORNHILL   |       |       | 8.75  |      |       |      |    |
| CAERPHILLY  |       |       | 11.25 |      |       |      |    |
| ABER  |       |       | 12.00 |      |       |      |    |
| ENERGLYN & CHURCHILL PARK   |       |       | 12.75 |      |       |      |    |
| LLANBRADACH   |       |       | 14.00 |      |       |      |    |
| YSTRAD MYNACH   |       |       | 16.75 |      |       |      |    |
| HENGOED   |       |       | 17.75 |      |       |      |    |
| PENGAM  |       |       | 19.50 |      |       |      |    |
| GILFACH FARGOED   |       |       | 20.50 |      |       |      |    |
| BARGOED   |       |       | 21.00 |      |       |      |    |
| BRITHDIR  |       |       | 22.50 |      |       |      |    |
| TIR-PHIL  |       |       | 23.50 |      |       |      |    |
| PONTLOTTYN  |       |       | 26.00 |      |       |      |    |
| RHYMNEY   |       |       | 27.00 |      |       |      |    |
| CATHAYS   |       | 10.50 |       |      |       |      |    |
| LLANDAF   |       | 13.00 |       |      |       |      |    |
| NINIAN PARK   |       |       |       | 1.00 |       |      |    |
| WAUN-GRON PARK  |       |       |       | 2.50 |       |      |    |
| FAIRWATER   |       |       |       | 2.75 |       |      |    |
| DANESCOURT  |       |       |       | 3.25 |       |      |    |
| RADYR   |       | 14.00 |       | 4.75 |       |      |    |
| TAFFS WELL  |       | 16.00 |       |      |       |      |    |
| TREFFOREST ESTATE   |       | 18.25 |       |      |       |      |    |
| TREFFOREST  |       | 20.75 |       |      |       |      |    |
| PONTYPRIDD  | 0.00  | 21.75 |       |      | 0.00  |      |    |
| ABERCYNON   | 3.25  |       |       |      | 3.25  |      |    |
| PENRHIWCEIBER   |       |       |       |      | 6.00  |      |    |
| MOUNTAIN ASH  |       |       |       |      | 7.25  |      |    |
| FERNHILL  |       |       |       |      | 8.25  |      |    |
| CWMBACH   |       |       |       |      | 9.50  |      |    |
| ABERDARE  |       |       |       |      | 11.00 |      |    |
| QUAKERS YARD  | 4.75  |       |       |      |       |      |    |
| MERTHYR VALE  | 7.00  |       |       |      |       |      |    |
| TROED Y RHIW  | 8.75  |       |       |      |       |      |    |
| PENTRE-BACH   | 10.00 |       |       |      |       |      |    |
| MERTHYR TYDFIL  | 11.50 |       |       |      |       |      |    |
| TREHAFOD  |       | 23.50 |       |      |       |      |    |
| PORTH   |       | 24.75 |       |      |       |      |    |
| DINAS RHONDDA   |       | 26.25 |       |      |       |      |    |
| TONYPANDY   |       | 26.75 |       |      |       |      |    |
| LLWYNYPYA   |       | 27.75 |       |      |       |      |    |
| YSTRAD RHONDDA  |       | 29.00 |       |      |       |      |    |
| TON PENTRE  |       | 29.50 |       |      |       |      |    |
| TREORCHY  |       | 30.75 |       |      |       |      |    |
| YNYSWEN   |       | 31.75 |       |      |       |      |    |
| TREHERBERT  |       | 32.25 |       |      |       |      |    |



## DISTANCES (MILES)

| Table  | M1    | M2    | M3   | M4 | M5 | M6 | M7 |
|--|-------|-------|------|----|----|----|----|
| 128  |       |       |      |    |    |    |    |
| Cardiff to Newport, Ebbw Vale and Severn Tunnel Junction |       |       |      |    |    |    |    |
| CARDIFF CENTRAL  | 0.00  | 0.00  |      |    |    |    |    |
| NEWPORT (SOUTH WALES)                                    |       | 11.75 | 0.00 |    |    |    |    |
| PYE CORNER   | 12.75 |       | 2.75 |    |    |    |    |
| ROGERSTONE   | 14.00 |       |      |    |    |    |    |
| RISCA & PONTYMISTER                                      | 15.25 |       |      |    |    |    |    |
| CROSS KEYS   | 17.25 |       |      |    |    |    |    |
| NEWBRIDGE (EBBW VALE)                                    | 20.75 |       |      |    |    |    |    |
| LLANHILLETH  | 23.50 |       |      |    |    |    |    |
| EBBW VALE PARKWAY  | 28.75 |       |      |    |    |    |    |
| EBBW VALE TOWN   | 30.25 |       |      |    |    |    |    |
| SEVERN TUNNEL JUNCTION                                   |       |       |      |    |    |    |    |

|  |        |  |  |  |  |  |  |
|--|--------|--|--|--|--|--|--|
| 130  |        |  |  |  |  |  |  |
| Swansea, Carmarthen and Llanelli to Llandovery, Llandrindod and Shrewsbury |        |  |  |  |  |  |  |
| SWANSEA  | 0.00   |  |  |  |  |  |  |
| GOWERTON   | 5.50   |  |  |  |  |  |  |
| CARMARTHEN   |        |  |  |  |  |  |  |
| PEMBREY & BURRY PORT   |        |  |  |  |  |  |  |
| LLANELLI   | 11.25  |  |  |  |  |  |  |
| BYNEA  | 14.00  |  |  |  |  |  |  |
| LLANGENNECH  | 16.00  |  |  |  |  |  |  |
| PONTARDDULAIS  | 18.25  |  |  |  |  |  |  |
| PANTYFFYNNON   | 23.00  |  |  |  |  |  |  |
| AMMANFORD  | 24.25  |  |  |  |  |  |  |
| LLANDYBIE  | 26.00  |  |  |  |  |  |  |
| FFAIRFACH  | 30.00  |  |  |  |  |  |  |
| LLANDEILO  | 30.75  |  |  |  |  |  |  |
| LLANGADOG  | 36.50  |  |  |  |  |  |  |
| LLANWRDA   | 38.25  |  |  |  |  |  |  |
| LLANDOVERY   | 42.00  |  |  |  |  |  |  |
| CYNGHORDY  | 46.75  |  |  |  |  |  |  |
| SUGAR LOAF   | 49.50  |  |  |  |  |  |  |
| LLANWRTYD  | 53.50  |  |  |  |  |  |  |
| LLANGAMMARCH   | 56.75  |  |  |  |  |  |  |
| GARTH (POWYS)  | 58.50  |  |  |  |  |  |  |
| CILMERI  | 62.00  |  |  |  |  |  |  |
| BUILTH ROAD  | 64.00  |  |  |  |  |  |  |
| LLANDRINDOD  | 69.75  |  |  |  |  |  |  |
| PEN-Y-BONT   | 73.25  |  |  |  |  |  |  |
| DOLAU  | 76.25  |  |  |  |  |  |  |
| LLANBISTER ROAD  | 79.75  |  |  |  |  |  |  |
| LLANGYNLLO   | 82.75  |  |  |  |  |  |  |
| KNUCKLAS   | 86.75  |  |  |  |  |  |  |
| KNIGHTON   | 89.25  |  |  |  |  |  |  |
| BUCKNELL   | 93.50  |  |  |  |  |  |  |
| HOPTON HEATH   | 96.50  |  |  |  |  |  |  |
| BROOME   | 99.00  |  |  |  |  |  |  |
| CRAVEN ARMS  | 101.50 |  |  |  |  |  |  |
| CHURCH STRETTON  | 108.75 |  |  |  |  |  |  |
| SHREWSBURY   | 121.50 |  |  |  |  |  |  |

## DISTANCES (MILES)

| Table  | M1     | M2     | M3 | M4 | M5 | M6 | M7 |
|--|--------|--------|----|----|----|----|----|
| 131  |        |        |    |    |    |    |    |
| Swansea and Cardiff to Hereford, Shrewsbury, Crewe, Manchester, Wrexham, Chester and North Wales |        |        |    |    |    |    |    |
| FISHGUARD HARBOUR  |        |        |    |    |    |    |    |
| MILFORD HAVEN  |        |        |    |    |    |    |    |
| PEMBROKE DOCK  |        |        |    |    |    |    |    |
| TENBY  |        |        |    |    |    |    |    |
| CARMARTHEN   |        |        |    |    |    |    |    |
| LLANELLI   |        |        |    |    |    |    |    |
| SWANSEA  |        |        |    |    |    |    |    |
| NEATH  |        |        |    |    |    |    |    |
| PORT TALBOT PARKWAY  |        |        |    |    |    |    |    |
| BRIDGEND   |        |        |    |    |    |    |    |
| CARDIFF CENTRAL  | 0.00   | 0.00   |    |    |    |    |    |
| NEWPORT (SOUTH WALES)  | 11.75  | 11.75  |    |    |    |    |    |
| CWMBRAN  | 18.75  | 18.75  |    |    |    |    |    |
| PONTYPOOL AND NEW INN  | 21.75  | 21.75  |    |    |    |    |    |
| ABERGAVENNY  | 31.25  | 31.25  |    |    |    |    |    |
| HEREFORD   | 55.25  | 55.25  |    |    |    |    |    |
| LEOMINSTER   | 67.75  | 67.75  |    |    |    |    |    |
| LUDLOW   | 78.75  | 78.75  |    |    |    |    |    |
| CRAVEN ARMS  | 86.00  | 86.00  |    |    |    |    |    |
| CHURCH STRETTON  | 93.25  | 93.25  |    |    |    |    |    |
| SHREWSBURY   | 106.00 | 106.00 |    |    |    |    |    |
| YORTON   | 113.25 |        |    |    |    |    |    |
| WEM  | 116.75 |        |    |    |    |    |    |
| PREES  | 120.00 |        |    |    |    |    |    |
| WHITCHURCH (SHROPSHIRE)  | 125.00 |        |    |    |    |    |    |
| WRENBURY   | 129.75 |        |    |    |    |    |    |
| NANTWICH   | 134.25 |        |    |    |    |    |    |
| CREWE  | 138.75 |        |    |    |    |    |    |
| WILMSLOW   | 157.75 |        |    |    |    |    |    |
| STOCKPORT  | 163.75 |        |    |    |    |    |    |
| MANCHESTER PICCADILLY  | 169.75 |        |    |    |    |    |    |
| GOBOWEN  |        | 123.75 |    |    |    |    |    |
| CHIRK  |        | 126.75 |    |    |    |    |    |
| RUABON   |        | 130.75 |    |    |    |    |    |
| WREXHAM GENERAL  |        | 135.75 |    |    |    |    |    |
| CHESTER  |        | 147.75 |    |    |    |    |    |
| RHYL   |        |        |    |    |    |    |    |
| COLWYN BAY   |        |        |    |    |    |    |    |
| LLANDUDNO JUNCTION   |        | 192.75 |    |    |    |    |    |
| LLANDUDNO  |        |        |    |    |    |    |    |
| BANGOR (GWYNEDD)   |        | 207.75 |    |    |    |    |    |
| HOLYHEAD   |        | 232.75 |    |    |    |    |    |

## DISTANCES (MILES)

| Table  | M1    | M2     | M3 | M4 | M5 | M6 | M7 |
|--|-------|--------|----|----|----|----|----|
| 132  |       |        |    |    |    |    |    |
| Cardiff, Newport and Bristol to Gloucester, Cheltenham Spa, Worcester, Great Malvern, Birmingham, Derby and Nottingham |       |        |    |    |    |    |    |
| CARDIFF CENTRAL  |       | 0.00   |    |    |    |    |    |
| NEWPORT (SOUTH WALES)  |       | 11.75  |    |    |    |    |    |
| SEVERN TUNNEL JN   |       | 21.50  |    |    |    |    |    |
| CALDICOT   |       | 22.25  |    |    |    |    |    |
| CHEPSTOW   |       | 29.00  |    |    |    |    |    |
| LYDNEY   |       | 37.00  |    |    |    |    |    |
| BRISTOL TEMPLE MEADS   | 0.00  |        |    |    |    |    |    |
| FILTON ABBEY WOOD  | 4.50  |        |    |    |    |    |    |
| BRISTOL PARKWAY  | 6.00  |        |    |    |    |    |    |
| YATE   | 12.25 |        |    |    |    |    |    |
| CAM & DURSLEY  | 22.75 |        |    |    |    |    |    |
| GLOUCESTER   | 35.75 | 56.50  |    |    |    |    |    |
| CHELTENHAM SPA   | 42.25 | 63.00  |    |    |    |    |    |
| ASHCHURCH FOR TEWKESBURY   | 49.50 | 70.25  |    |    |    |    |    |
| WORCESTERSHIRE PARKWAY   |       | 84.25  |    |    |    |    |    |
| WORCESTER SHRUB HILL   | 63.25 |        |    |    |    |    |    |
| WORCESTER FOREGATE STREET  | 65.00 |        |    |    |    |    |    |
| MALVERN LINK   | 71.75 |        |    |    |    |    |    |
| GREAT MALVERN  | 73.00 |        |    |    |    |    |    |
| UNIVERSITY   |       | 108.75 |    |    |    |    |    |
| BIRMINGHAM NEW STREET  |       | 111.00 |    |    |    |    |    |
| DERBY  |       | 149.75 |    |    |    |    |    |
| NOTTINGHAM   |       | 165.75 |    |    |    |    |    |

# DISTANCES (MILES)

| Table  | M1     | M2     | M3    | M4 | M5 | M6 | M7 |
|--|--------|--------|-------|----|----|----|----|
| 133  |        |        |       |    |    |    |    |
| Cardiff, Worcester, Bristol and Swindon to Westbury, Yeovil, Weymouth, Salisbury, Southampton and Portsmouth |        |        |       |    |    |    |    |
| CARDIFF CENTRAL  | 0.00   |        |       |    |    |    |    |
| NEWPORT (SOUTH WALES)  | 11.75  |        |       |    |    |    |    |
| SEVERN TUNNEL JN   | 21.75  |        |       |    |    |    |    |
| PATCHWAY   | 32.25  |        |       |    |    |    |    |
| GREAT MALVERN  |        | 0.00   |       |    |    |    |    |
| WORCESTER SHRUB HILL   |        | 8.50   |       |    |    |    |    |
| CHELTENHAM SPA   |        | 30.50  |       |    |    |    |    |
| GLOUCESTER   |        | 37.00  |       |    |    |    |    |
| BRISTOL PARKWAY  |        | 67.00  |       |    |    |    |    |
| FILTON ABBEY WOOD  | 33.75  | 68.50  |       |    |    |    |    |
| STAPLETON ROAD   | 36.75  | 71.50  |       |    |    |    |    |
| LAWRENCE HILL  | 37.25  | 72.00  |       |    |    |    |    |
| BRISTOL TEMPLE MEADS   | 38.25  | 73.00  |       |    |    |    |    |
| KEYNSHAM   | 42.75  | 77.50  |       |    |    |    |    |
| OLDFIELD PARK  | 48.75  | 83.50  |       |    |    |    |    |
| BATH SPA   | 49.75  | 84.50  |       |    |    |    |    |
| FRESHFORD  | 56.75  | 91.75  |       |    |    |    |    |
| AVONCLIFF  | 57.75  | 92.50  |       |    |    |    |    |
| BRADFORD-ON-AVON   | 59.00  | 94.00  |       |    |    |    |    |
| SWINDON  |        |        | 0.00  |    |    |    |    |
| CHIPPENHAM   |        |        | 16.75 |    |    |    |    |
| MELKSHAM   |        |        | 23.00 |    |    |    |    |
| TROWBRIDGE   | 62.25  | 97.25  | 28.50 |    |    |    |    |
| WESTBURY   | 66.25  | 101.25 | 32.50 |    |    |    |    |
| FROME  |        | 107.00 |       |    |    |    |    |
| BRUTON   |        | 117.50 |       |    |    |    |    |
| CASTLE CARY  |        | 121.00 |       |    |    |    |    |
| YEOVIL PEN MILL  |        | 132.75 |       |    |    |    |    |
| YEOVIL JUNCTION  |        |        |       |    |    |    |    |
| THORNFORD  |        | 135.75 |       |    |    |    |    |
| YETMINSTER   |        | 137.00 |       |    |    |    |    |
| CHETNOLE   |        | 139.00 |       |    |    |    |    |
| MAIDEN NEWTON  |        | 145.50 |       |    |    |    |    |
| DORCHESTER WEST  |        | 153.25 |       |    |    |    |    |
| UPWEY  |        | 157.75 |       |    |    |    |    |
| WEYMOUTH   |        | 160.25 |       |    |    |    |    |
| DILTON MARSH   | 67.75  |        |       |    |    |    |    |
| WARMINSTER   | 71.00  |        |       |    |    |    |    |
| SALISBURY  | 90.75  |        |       |    |    |    |    |
| ROMSEY   | 107.25 |        |       |    |    |    |    |
| SOUTHAMPTON CENTRAL  | 115.50 |        |       |    |    |    |    |
| FAREHAM  | 130.00 |        |       |    |    |    |    |
| COSHAM   | 135.75 |        |       |    |    |    |    |
| FRATTON  | 139.50 |        |       |    |    |    |    |
| PORTSMOUTH & SOUTHSEA  | 140.50 |        |       |    |    |    |    |
| PORTSMOUTH HARBOUR   | 141.25 |        |       |    |    |    |    |

**DISTANCES (MILES)**

| Table  | M1    | M2    | M3 | M4 | M5 | M6 | M7 |
|--|-------|-------|----|----|----|----|----|
| 134  |       |       |    |    |    |    |    |
| Cardiff, Newport, Severn Beach and Avonmouth to Bristol, Weston-super-Mare and Taunton |       |       |    |    |    |    |    |
| CARDIFF CENTRAL  |       | 0.00  |    |    |    |    |    |
| NEWPORT (SOUTH WALES)  |       | 11.75 |    |    |    |    |    |
| SEVERN TUNNEL JN   |       | 21.75 |    |    |    |    |    |
| PATCHWAY   |       | 32.25 |    |    |    |    |    |
| BRISTOL PARKWAY  |       |       |    |    |    |    |    |
| FILTON ABBEY WOOD  |       | 33.75 |    |    |    |    |    |
| ASHLEY DOWN  |       | 35.75 |    |    |    |    |    |
| SEVERN BEACH   | 0.00  |       |    |    |    |    |    |
| ST ANDREWS ROAD  | 3.50  |       |    |    |    |    |    |
| AVONMOUTH  | 4.50  |       |    |    |    |    |    |
| PORTWAY PARK & RIDE  | 5.50  |       |    |    |    |    |    |
| SHIREHAMPTON   | 6.00  |       |    |    |    |    |    |
| SEA MILLS  | 7.50  |       |    |    |    |    |    |
| CLIFTON DOWN   | 9.50  |       |    |    |    |    |    |
| REDLAND  | 10.25 |       |    |    |    |    |    |
| MONTPELIER   | 10.75 |       |    |    |    |    |    |
| STAPLETON ROAD   | 12.00 | 36.75 |    |    |    |    |    |
| LAWRENCE HILL  | 12.50 | 37.25 |    |    |    |    |    |
| BRISTOL TEMPLE MEADS   | 13.50 | 38.25 |    |    |    |    |    |
| BEDMINSTER   |       | 39.25 |    |    |    |    |    |
| PARSON STREET  |       | 40.00 |    |    |    |    |    |
| NAILSEA & BACKWELL   |       | 46.25 |    |    |    |    |    |
| YATTON   |       | 50.25 |    |    |    |    |    |
| WORLE  |       | 54.25 |    |    |    |    |    |
| WESTON MILTON  |       | 57.00 |    |    |    |    |    |
| WESTON-SUPER-MARE  |       | 58.25 |    |    |    |    |    |
| HIGHBRIDGE & BURNHAM   |       | 65.75 |    |    |    |    |    |
| BRIDGWATER   |       | 72.50 |    |    |    |    |    |
| TAUNTON  |       | 83.75 |    |    |    |    |    |

# DISTANCES (MILES)

| Table  | M1    | M2     | M3   | M4 | M5 | M6 | M7 |
|--|-------|--------|------|----|----|----|----|
| 135  |       |        |      |    |    |    |    |
| London, Reading, Cardiff, Bristol and Taunton to Exeter, Torbay, Plymouth and Penzance |       |        |      |    |    |    |    |
| LONDON PADDINGTON  |       | 0.00   |      |    |    |    |    |
| READING  |       | 36.00  |      |    |    |    |    |
| NEWBURY  |       | 53.00  |      |    |    |    |    |
| PEWSEY   |       | 75.25  |      |    |    |    |    |
| WESTBURY   |       | 95.50  |      |    |    |    |    |
| CASTLE CARY  |       | 115.25 |      |    |    |    |    |
| CARDIFF CENTRAL  | 0.00  |        |      |    |    |    |    |
| NEWPORT (SOUTH WALES)  | 11.75 |        |      |    |    |    |    |
| BRISTOL TEMPLE MEADS   | 38.25 |        |      |    |    |    |    |
| NAILSEA & BACKWELL   | 46.25 |        |      |    |    |    |    |
| YATTON   | 50.25 |        |      |    |    |    |    |
| WORLE  | 54.25 |        |      |    |    |    |    |
| WESTON-SUPER-MARE  | 58.25 |        |      |    |    |    |    |
| HIGHBRIDGE & BURNHAM   | 65.75 |        |      |    |    |    |    |
| BRIDGWATER   | 72.50 |        |      |    |    |    |    |
| TAUNTON  | 83.75 | 143.00 |      |    |    |    |    |
| TIVERTON PARKWAY   |       | 157.25 |      |    |    |    |    |
| EXMOUTH  |       |        |      |    |    |    |    |
| EXETER CENTRAL   |       |        |      |    |    |    |    |
| EXETER ST DAVIDS   |       | 173.75 |      |    |    |    |    |
| EXETER ST THOMAS   |       | 174.75 |      |    |    |    |    |
| MARSH BARTON   |       | 176.00 |      |    |    |    |    |
| STARCROSS  |       | 182.25 |      |    |    |    |    |
| DAWLISH WARREN   |       | 184.25 |      |    |    |    |    |
| DAWLISH  |       | 185.75 |      |    |    |    |    |
| TEIGNMOUTH   |       | 188.75 |      |    |    |    |    |
| NEWTON ABBOT   |       | 193.75 | 0.00 |    |    |    |    |
| TORRE  |       |        | 5.25 |    |    |    |    |
| TORQUAY  |       |        | 6.00 |    |    |    |    |
| PAIGNTON   |       |        | 8.25 |    |    |    |    |
| TOTNES   |       | 202.50 |      |    |    |    |    |
| IVYBRIDGE  |       | 214.00 |      |    |    |    |    |
| PLYMOUTH   |       | 225.75 |      |    |    |    |    |
| DEVONPORT  |       | 227.00 |      |    |    |    |    |
| DOCKYARD   |       | 227.50 |      |    |    |    |    |
| KEYHAM   |       | 228.00 |      |    |    |    |    |
| ST BUDEAUX FERRY ROAD  |       | 228.75 |      |    |    |    |    |
| SALTASH  |       | 230.00 |      |    |    |    |    |
| ST GERMANS   |       | 235.00 |      |    |    |    |    |
| MENHENIOT  |       | 240.25 |      |    |    |    |    |
| LISKEARD   |       | 243.50 |      |    |    |    |    |
| BODMIN PARKWAY   |       | 252.50 |      |    |    |    |    |
| LOSTWITHIEL  |       | 256.00 |      |    |    |    |    |
| PAR  |       | 260.50 |      |    |    |    |    |
| NEWQUAY  |       |        |      |    |    |    |    |
| ST AUSTELL   |       | 265.00 |      |    |    |    |    |
| TRURO  |       | 279.50 |      |    |    |    |    |
| REDRUTH  |       | 288.50 |      |    |    |    |    |
| CAMBORNE   |       | 292.00 |      |    |    |    |    |
| HAYLE  |       | 298.00 |      |    |    |    |    |
| ST ERTH  |       | 299.50 |      |    |    |    |    |
| PENZANCE   |       | 305.25 |      |    |    |    |    |

**DISTANCES (MILES)**

| Table                    | M1    | M2   | M3 | M4 | M5 | M6 | M7 |
|--------------------------|-------|------|----|----|----|----|----|
| <b>137</b>               |       |      |    |    |    |    |    |
| <b>Exmouth to Exeter</b> |       |      |    |    |    |    |    |
| EXMOUTH                  | 0.00  |      |    |    |    |    |    |
| LYMPSTONE VILLAGE        | 2.00  |      |    |    |    |    |    |
| LYMPSTONE COMMANDO       | 3.00  |      |    |    |    |    |    |
| EXTON                    | 3.50  |      |    |    |    |    |    |
| TOPSHAM                  | 5.00  |      |    |    |    |    |    |
| NEWCOURT                 | 6.50  |      |    |    |    |    |    |
| DIGBY & SOWTON           | 7.00  |      |    |    |    |    |    |
| POLSLOE BRIDGE           | 9.00  |      |    |    |    |    |    |
| ST JAMES' PARK           | 10.00 |      |    |    |    |    |    |
| EXETER CENTRAL           | 10.50 | 0.00 |    |    |    |    |    |
| EXETER ST DAVIDS         | 11.25 | 0.75 |    |    |    |    |    |

|  |       |       |  |  |  |  |  |
|--|-------|-------|--|--|--|--|--|
| <b>138</b>                                 |       |       |  |  |  |  |  |
| <b>Exeter to Okehampton and Barnstaple</b> |       |       |  |  |  |  |  |
| EXETER CENTRAL                             | 0.00  | 0.00  |  |  |  |  |  |
| EXETER ST DAVIDS                           | 0.75  | 0.75  |  |  |  |  |  |
| NEWTON ABBOT                               |       |       |  |  |  |  |  |
| TORQUAY                                    |       |       |  |  |  |  |  |
| PAIGNTON                                   |       |       |  |  |  |  |  |
| NEWTON ST CYRES                            | 5.00  | 5.00  |  |  |  |  |  |
| CREDITON                                   | 7.75  | 7.75  |  |  |  |  |  |
| YEOFORD                                    | 11.25 |       |  |  |  |  |  |
| OKEHAMPTON                                 |       | 29.75 |  |  |  |  |  |
| COPPLESTONE                                | 14.00 |       |  |  |  |  |  |
| MORCHARD ROAD                              | 15.75 |       |  |  |  |  |  |
| LAPFORD                                    | 18.25 |       |  |  |  |  |  |
| EGGESFORD                                  | 22.00 |       |  |  |  |  |  |
| KINGS NYMPTON                              | 26.00 |       |  |  |  |  |  |
| PORTSMOUTH ARMS                            | 28.75 |       |  |  |  |  |  |
| UMBERLEIGH                                 | 33.00 |       |  |  |  |  |  |
| CHAPELTON                                  | 35.25 |       |  |  |  |  |  |
| BARNSTAPLE                                 | 39.75 |       |  |  |  |  |  |

|                               |       |      |  |  |  |  |  |
|-------------------------------|-------|------|--|--|--|--|--|
| <b>140</b>                    |       |      |  |  |  |  |  |
| <b>Plymouth to Gunnislake</b> |       |      |  |  |  |  |  |
| PLYMOUTH                      | 0.00  | 0.00 |  |  |  |  |  |
| DEVONPORT                     | 1.25  | 1.25 |  |  |  |  |  |
| DOCKYARD                      | 1.50  | 1.50 |  |  |  |  |  |
| KEYHAM                        | 2.25  | 2.25 |  |  |  |  |  |
| ST BUDEAUX FERRY ROAD         |       | 3.00 |  |  |  |  |  |
| ST BUDEAUX VICTORIA ROAD      | 3.00  |      |  |  |  |  |  |
| BERE FERRERS                  | 7.25  |      |  |  |  |  |  |
| BERE ALSTON                   | 10.00 |      |  |  |  |  |  |
| CALSTOCK                      | 11.75 |      |  |  |  |  |  |
| GUNNISLAKE                    | 14.50 |      |  |  |  |  |  |

|                            |      |  |  |  |  |  |  |
|----------------------------|------|--|--|--|--|--|--|
| <b>141</b>                 |      |  |  |  |  |  |  |
| <b>Liskeard to Looe</b>    |      |  |  |  |  |  |  |
| LISKEARD                   | 0.00 |  |  |  |  |  |  |
| COOMBE JUNCTION HALT       | 2.00 |  |  |  |  |  |  |
| ST KEYNE WISHING WELL HALT | 3.75 |  |  |  |  |  |  |
| CAUSELAND                  | 5.00 |  |  |  |  |  |  |
| SANDPLACE                  | 6.50 |  |  |  |  |  |  |
| LOOE                       | 8.75 |  |  |  |  |  |  |

**DISTANCES (MILES)**

| Table                 | M1    | M2 | M3 | M4 | M5 | M6 | M7 |
|-----------------------|-------|----|----|----|----|----|----|
| <b>143</b>            |       |    |    |    |    |    |    |
| <b>Par to Newquay</b> |       |    |    |    |    |    |    |
| LONDON PADDINGTON     |       |    |    |    |    |    |    |
| PLYMOUTH              |       |    |    |    |    |    |    |
| PAR                   | 0.00  |    |    |    |    |    |    |
| LUXULYAN              | 4.25  |    |    |    |    |    |    |
| BUGLE                 | 6.25  |    |    |    |    |    |    |
| ROCHE                 | 8.75  |    |    |    |    |    |    |
| ST COLUMB ROAD        | 14.50 |    |    |    |    |    |    |
| QUINTRELL DOWNS       | 18.25 |    |    |    |    |    |    |
| NEWQUAY               | 20.75 |    |    |    |    |    |    |

|                          |       |  |  |  |  |  |  |
|--------------------------|-------|--|--|--|--|--|--|
| <b>144</b>               |       |  |  |  |  |  |  |
| <b>Truro to Falmouth</b> |       |  |  |  |  |  |  |
| TRURO                    | 0.00  |  |  |  |  |  |  |
| PERRANWELL               | 4.25  |  |  |  |  |  |  |
| PENRYN                   | 8.25  |  |  |  |  |  |  |
| PENMERE                  | 10.25 |  |  |  |  |  |  |
| FALMOUTH TOWN            | 11.75 |  |  |  |  |  |  |
| FALMOUTH DOCKS           | 12.25 |  |  |  |  |  |  |

|  |      |  |  |  |  |  |  |
|--|------|--|--|--|--|--|--|
| <b>146</b>                             |      |  |  |  |  |  |  |
| <b>Penzance and St Erth to St Ives</b> |      |  |  |  |  |  |  |
| PENZANCE                               |      |  |  |  |  |  |  |
| ST ERTH                                | 0.00 |  |  |  |  |  |  |
| LELANT SALTINGS                        | 0.75 |  |  |  |  |  |  |
| LELANT                                 | 1.00 |  |  |  |  |  |  |
| CARBIS BAY                             | 3.00 |  |  |  |  |  |  |
| ST IVES                                | 4.25 |  |  |  |  |  |  |

|  |       |       |  |  |  |  |  |
|--|-------|-------|--|--|--|--|--|
| <b>150</b>   |       |       |  |  |  |  |  |
| <b>Reading, Farnham and Aldershot to Guildford, Dorking, Redhill and Gatwick Airport</b> |       |       |  |  |  |  |  |
| READING  | 0.00  |       |  |  |  |  |  |
| WOKINGHAM  | 6.75  |       |  |  |  |  |  |
| CROWTHORNE   | 10.00 |       |  |  |  |  |  |
| SANDHURST  | 11.50 |       |  |  |  |  |  |
| BLACKWATER   | 13.50 |       |  |  |  |  |  |
| FARNBOROUGH NORTH  | 15.50 |       |  |  |  |  |  |
| NORTH CAMP   | 17.50 |       |  |  |  |  |  |
| FARNHAM  |       | 0.00  |  |  |  |  |  |
| ALDERSHOT  |       | 3.00  |  |  |  |  |  |
| ASH  | 19.50 | 5.75  |  |  |  |  |  |
| WANBOROUGH   | 21.50 | 7.75  |  |  |  |  |  |
| GUILDFORD  | 25.75 | 12.00 |  |  |  |  |  |
| SHALFORD   | 27.75 |       |  |  |  |  |  |
| CHILWORTH  | 29.75 |       |  |  |  |  |  |
| GOMSHALL   | 33.50 |       |  |  |  |  |  |
| DORKING WEST   | 38.25 |       |  |  |  |  |  |
| DORKING DEEPDENE   | 39.00 |       |  |  |  |  |  |
| BETCHWORTH   | 41.75 |       |  |  |  |  |  |
| REIGATE  | 44.50 |       |  |  |  |  |  |
| REDHILL  | 46.50 |       |  |  |  |  |  |
| GATWICK AIRPORT  | 52.25 |       |  |  |  |  |  |



# DISTANCES (MILES)

| Table  | M1    | M2    | M3 | M4 | M5 | M6 | M7 |
|--|-------|-------|----|----|----|----|----|
| 151  |       |       |    |    |    |    |    |
| London to Staines, Windsor & Eton Riverside, Weybridge, Ascot, Aldershot and Reading |       |       |    |    |    |    |    |
| LONDON WATERLOO  | 0.00  |       |    |    |    |    |    |
| VAUXHALL   | 1.25  |       |    |    |    |    |    |
| CLAPHAM JUNCTION   | 4.00  |       |    |    |    |    |    |
| PUTNEY   | 5.75  |       |    |    |    |    |    |
| RICHMOND   | 9.75  |       |    |    |    |    |    |
| ST MARGARETS   | 10.75 |       |    |    |    |    |    |
| TWICKENHAM   | 11.25 |       |    |    |    |    |    |
| HOUNSLOW   |       |       |    |    |    |    |    |
| WHITTON  | 12.50 |       |    |    |    |    |    |
| FELTHAM  | 14.75 |       |    |    |    |    |    |
| ASHFORD (MIDDLESEX)  | 17.50 |       |    |    |    |    |    |
| STAINES  | 19.00 | 0.00  |    |    |    |    |    |
| WRAYSBURY  |       | 2.50  |    |    |    |    |    |
| SUNNYMEADS   |       | 3.75  |    |    |    |    |    |
| DATCHET  |       | 4.75  |    |    |    |    |    |
| WINDSOR & ETON RIVERSIDE   |       | 6.75  |    |    |    |    |    |
| EGHAM  | 21.00 |       |    |    |    |    |    |
| VIRGINIA WATER   | 23.75 | 0.00  |    |    |    |    |    |
| CHERTSEY   |       | 2.50  |    |    |    |    |    |
| ADDLESTONE   |       | 4.00  |    |    |    |    |    |
| WEYBRIDGE  |       | 5.75  |    |    |    |    |    |
| BYFLEET & NEW HAW  |       |       |    |    |    |    |    |
| WEST BYFLEET   |       |       |    |    |    |    |    |
| WOKING   |       |       |    |    |    |    |    |
| LONGCROSS  | 25.25 |       |    |    |    |    |    |
| SUNNINGDALE  | 27.00 |       |    |    |    |    |    |
| ASCOT  | 29.00 | 0.00  |    |    |    |    |    |
| BAGSHOT  |       | 3.25  |    |    |    |    |    |
| CAMBERLEY  |       | 6.50  |    |    |    |    |    |
| FRIMLEY  |       | 8.75  |    |    |    |    |    |
| ASH VALE   |       | 12.00 |    |    |    |    |    |
| ALDERSHOT  |       | 14.50 |    |    |    |    |    |
| MARTINS HERON  | 31.25 |       |    |    |    |    |    |
| BRACKNELL  | 32.25 |       |    |    |    |    |    |
| WOKINGHAM  | 36.75 |       |    |    |    |    |    |
| WINNERSH   | 38.75 |       |    |    |    |    |    |
| WINNERSH TRIANGLE  | 39.25 |       |    |    |    |    |    |
| EARLEY   | 40.50 |       |    |    |    |    |    |
| READING  | 43.50 |       |    |    |    |    |    |

## DISTANCES (MILES)

| Table  | M1    | M2    | M3    | M4 | M5 | M6 | M7 |
|--|-------|-------|-------|----|----|----|----|
| 152  |       |       |       |    |    |    |    |
| London to Woking, Guildford, Aldershot, Farnham, Alton and Basingstoke |       |       |       |    |    |    |    |
| LONDON WATERLOO  | 0.00  | 0.00  | 0.00  |    |    |    |    |
| VAUXHALL   | 1.25  | 1.25  | 1.25  |    |    |    |    |
| CLAPHAM JUNCTION   | 4.00  | 4.00  | 4.00  |    |    |    |    |
| EARLSFIELD   | 5.50  | 5.50  | 5.50  |    |    |    |    |
| WIMBLEDON  | 7.25  | 7.25  | 7.25  |    |    |    |    |
| SURBITON   | 12.00 | 12.00 | 12.00 |    |    |    |    |
| ESHER  | 14.50 | 14.50 | 14.50 |    |    |    |    |
| HERSHAM  | 16.00 | 16.00 | 16.00 |    |    |    |    |
| WALTON-ON-THAMES   | 17.00 | 17.00 | 17.00 |    |    |    |    |
| WEYBRIDGE  | 19.00 | 19.00 | 19.00 |    |    |    |    |
| BYFLEET & NEW HAW  | 20.50 | 20.50 | 20.50 |    |    |    |    |
| WEST BYFLEET   | 21.75 | 21.75 | 21.75 |    |    |    |    |
| WOKING   | 24.50 | 24.50 | 24.50 |    |    |    |    |
| WORPLESDON   |       |       | 27.00 |    |    |    |    |
| GUILDFORD  |       |       | 30.50 |    |    |    |    |
| BROOKWOOD  | 28.00 | 28.00 |       |    |    |    |    |
| ASH VALE   |       | 32.50 |       |    |    |    |    |
| ALDERSHOT  |       | 35.00 |       |    |    |    |    |
| FARNHAM  |       | 38.00 |       |    |    |    |    |
| BENTLEY  |       | 42.00 |       |    |    |    |    |
| ALTON  |       | 46.75 |       |    |    |    |    |
| FARNBOROUGH (MAIN)   | 33.25 |       |       |    |    |    |    |
| FLEET  | 36.50 |       |       |    |    |    |    |
| WINCHFIELD   | 40.00 |       |       |    |    |    |    |
| HOOK   | 42.25 |       |       |    |    |    |    |
| BASINGSTOKE  | 47.75 |       |       |    |    |    |    |

|   |        |       |  |  |  |  |  |
|---|--------|-------|--|--|--|--|--|
| 153   |        |       |  |  |  |  |  |
| London to Salisbury, Westbury, Yeovil, Axminster and Exeter |        |       |  |  |  |  |  |
| LONDON WATERLOO   | 0.00   |       |  |  |  |  |  |
| CLAPHAM JUNCTION  | 4.00   |       |  |  |  |  |  |
| WOKING  | 24.50  |       |  |  |  |  |  |
| READING   |        |       |  |  |  |  |  |
| BASINGSTOKE   | 47.75  |       |  |  |  |  |  |
| OVERTON   | 55.50  |       |  |  |  |  |  |
| WHITCHURCH (HANTS)  | 59.25  |       |  |  |  |  |  |
| ANDOVER   | 66.50  |       |  |  |  |  |  |
| GRATELEY  | 72.75  |       |  |  |  |  |  |
| SALISBURY   | 83.75  | 0.00  |  |  |  |  |  |
| WARMINSTER  |        | 19.75 |  |  |  |  |  |
| WESTBURY  |        | 24.50 |  |  |  |  |  |
| FROME   |        | 30.25 |  |  |  |  |  |
| BRUTON  |        | 40.75 |  |  |  |  |  |
| CASTLE CARY   |        | 44.25 |  |  |  |  |  |
| TISBURY   | 96.25  |       |  |  |  |  |  |
| GILLINGHAM (DORSET)   | 105.25 |       |  |  |  |  |  |
| TEMPLECOMBE   | 112.25 |       |  |  |  |  |  |
| SHERBORNE   | 118.25 |       |  |  |  |  |  |
| YEOVIL JUNCTION   | 122.75 |       |  |  |  |  |  |
| YEOVIL PEN MILL   |        |       |  |  |  |  |  |
| CREWKERNE   | 131.75 |       |  |  |  |  |  |
| AXMINSTER   | 144.75 |       |  |  |  |  |  |
| HONITON   | 155.00 |       |  |  |  |  |  |
| FENITON   | 159.50 |       |  |  |  |  |  |
| WHIMPLE   | 163.25 |       |  |  |  |  |  |
| CRANBROOK   | 166.25 |       |  |  |  |  |  |
| PINHOE  | 169.00 |       |  |  |  |  |  |
| EXETER CENTRAL  | 171.75 |       |  |  |  |  |  |
| EXETER ST DAVIDS  | 172.75 |       |  |  |  |  |  |

# DISTANCES (MILES)

| Table   | M1     | M2   | M3    | M4 | M5 | M6 | M7 |
|---|--------|------|-------|----|----|----|----|
| 154   |        |      |       |    |    |    |    |
| London to Winchester, Fareham, Portsmouth, Southampton, Lymington, Yarmouth (IOW), Bournemouth and Weymouth |        |      |       |    |    |    |    |
| LONDON WATERLOO   | 0.00   |      |       |    |    |    |    |
| CLAPHAM JUNCTION  | 4.00   |      |       |    |    |    |    |
| WOKING  | 24.25  |      |       |    |    |    |    |
| FARNBOROUGH (MAIN)  | 33.25  |      |       |    |    |    |    |
| FLEET   | 36.50  |      |       |    |    |    |    |
| READING   |        |      |       |    |    |    |    |
| BASINGSTOKE   | 47.75  |      |       |    |    |    |    |
| MICHELDEVER   | 58.00  |      |       |    |    |    |    |
| WINCHESTER  | 66.50  |      |       |    |    |    |    |
| SHAWFORD  | 69.75  |      |       |    |    |    |    |
| ROMSEY  |        | 0.00 |       |    |    |    |    |
| CHANDLERS FORD  |        | 5.25 |       |    |    |    |    |
| EASTLEIGH   | 73.50  | 7.25 | 0.00  |    |    |    |    |
| HEDGE END   |        |      | 4.50  |    |    |    |    |
| BOTLEY  |        |      | 5.50  |    |    |    |    |
| FAREHAM   |        |      | 11.00 |    |    |    |    |
| PORTCHESTER   |        |      | 14.25 |    |    |    |    |
| COSHAM  |        |      | 16.75 |    |    |    |    |
| HILSEA  |        |      | 18.25 |    |    |    |    |
| FRATTON   |        |      | 20.50 |    |    |    |    |
| PORTSMOUTH & SOUTHSEA   |        |      | 21.50 |    |    |    |    |
| PORTSMOUTH HARBOUR  |        |      | 22.25 |    |    |    |    |
| SOUTHAMPTON AIRPORT PARKWY  | 75.00  |      |       |    |    |    |    |
| SWAYTHLING  | 75.75  |      |       |    |    |    |    |
| ST DENYS  | 77.25  |      |       |    |    |    |    |
| SOUTHAMPTON CENTRAL   | 79.25  |      |       |    |    |    |    |
| MILLBROOK (HANTS)   | 80.25  |      |       |    |    |    |    |
| REDBRIDGE   | 82.00  |      |       |    |    |    |    |
| TOTTON  | 82.50  |      |       |    |    |    |    |
| ASHURST NEW FOREST  | 85.50  |      |       |    |    |    |    |
| BEAULIEU ROAD   | 88.00  |      |       |    |    |    |    |
| BROCKENHURST  | 92.75  | 0.00 |       |    |    |    |    |
| LYMINGTON TOWN  |        | 4.75 |       |    |    |    |    |
| LYMINGTON PIER  |        | 5.25 |       |    |    |    |    |
| LYMINGTON PIER  |        |      |       |    |    |    |    |
| YARMOUTH (I.O.W.)   |        |      |       |    |    |    |    |
| SWAY  | 95.50  |      |       |    |    |    |    |
| NEW MILTON  | 98.50  |      |       |    |    |    |    |
| HINTON ADMIRAL  | 101.00 |      |       |    |    |    |    |
| CHRISTCHURCH  | 104.25 |      |       |    |    |    |    |
| POKESDOWN   | 106.25 |      |       |    |    |    |    |
| BOURNEMOUTH   | 108.00 |      |       |    |    |    |    |
| BRANKSOME   | 110.75 |      |       |    |    |    |    |
| PARKSTONE (DORSET)  | 112.00 |      |       |    |    |    |    |
| POOLE   | 113.75 |      |       |    |    |    |    |
| HAMWORTHY   | 116.00 |      |       |    |    |    |    |
| HOLTON HEATH  | 118.75 |      |       |    |    |    |    |
| WAREHAM   | 120.75 |      |       |    |    |    |    |
| WOOL  | 125.75 |      |       |    |    |    |    |
| MORETON (DORSET)  | 130.25 |      |       |    |    |    |    |
| DORCHESTER SOUTH  | 135.75 |      |       |    |    |    |    |
| DORCHESTER WEST   |        |      |       |    |    |    |    |
| UPWEY   | 140.50 |      |       |    |    |    |    |
| WEYMOUTH  | 142.75 |      |       |    |    |    |    |

## DISTANCES (MILES)

| Table                                      | M1    | M2 | M3 | M4 | M5 | M6 | M7 |
|--|-------|----|----|----|----|----|----|
| 155  |       |    |    |    |    |    |    |
| London to Haslemere, Havant and Portsmouth |       |    |    |    |    |    |    |
| LONDON WATERLOO                            | 0.00  |    |    |    |    |    |    |
| CLAPHAM JUNCTION                           | 4.00  |    |    |    |    |    |    |
| WOKING                                     | 24.50 |    |    |    |    |    |    |
| WORPLESDON                                 | 26.75 |    |    |    |    |    |    |
| GUILDFORD                                  | 30.25 |    |    |    |    |    |    |
| FARNCOMBE                                  | 33.50 |    |    |    |    |    |    |
| GODALMING                                  | 34.50 |    |    |    |    |    |    |
| MILFORD (SURREY)                           | 36.25 |    |    |    |    |    |    |
| WITLEY                                     | 38.50 |    |    |    |    |    |    |
| HASLEMERE                                  | 43.00 |    |    |    |    |    |    |
| LIPHOOK                                    | 46.75 |    |    |    |    |    |    |
| LISS                                       | 51.50 |    |    |    |    |    |    |
| PETERSFIELD                                | 55.00 |    |    |    |    |    |    |
| ROWLANDS CASTLE                            | 63.25 |    |    |    |    |    |    |
| HAVANT                                     | 66.50 |    |    |    |    |    |    |
| BEDHAMPTON                                 | 67.25 |    |    |    |    |    |    |
| HILSEA                                     | 70.50 |    |    |    |    |    |    |
| FRATTON                                    | 72.75 |    |    |    |    |    |    |
| PORTSMOUTH & SOUTHSEA                      | 73.75 |    |    |    |    |    |    |
| PORTSMOUTH HARBOUR                         | 74.50 |    |    |    |    |    |    |

|   |       |      |  |  |  |  |  |
|---|-------|------|--|--|--|--|--|
| 156   |       |      |  |  |  |  |  |
| Portsmouth, Havant and Fareham to Southampton and Salisbury |       |      |  |  |  |  |  |
| PORTSMOUTH HARBOUR  | 0.00  |      |  |  |  |  |  |
| PORTSMOUTH & SOUTHSEA                                       | 0.75  |      |  |  |  |  |  |
| FRATTON   | 1.75  |      |  |  |  |  |  |
| HILSEA  | 4.00  |      |  |  |  |  |  |
| HAVANT  |       | 0.00 |  |  |  |  |  |
| COSHAM  | 5.50  | 4.00 |  |  |  |  |  |
| PORTCHESTER   | 8.00  |      |  |  |  |  |  |
| FAREHAM   | 11.25 |      |  |  |  |  |  |
| SWANWICK  | 15.00 |      |  |  |  |  |  |
| BURSLEDON   | 17.00 |      |  |  |  |  |  |
| HAMBLE  | 18.25 |      |  |  |  |  |  |
| NETLEY  | 19.00 |      |  |  |  |  |  |
| SHOLING   | 20.75 |      |  |  |  |  |  |
| WOOLSTON  | 21.50 |      |  |  |  |  |  |
| BITTERNE  | 23.25 |      |  |  |  |  |  |
| SOUTHAMPTON AIRPORT PARKWY                                  |       | 0.00 |  |  |  |  |  |
| SWAYTHLING  |       | 0.75 |  |  |  |  |  |
| ST DENYS  | 23.75 | 2.25 |  |  |  |  |  |
| SOUTHAMPTON CENTRAL   | 25.75 | 4.25 |  |  |  |  |  |
| MILLBROOK (HANTS)   | 26.75 |      |  |  |  |  |  |
| REDBRIDGE   | 28.50 |      |  |  |  |  |  |
| ROMSEY  | 34.00 |      |  |  |  |  |  |
| MOTTISFONT & DUNBRIDGE                                      | 37.75 |      |  |  |  |  |  |
| DEAN  | 41.50 |      |  |  |  |  |  |
| SALISBURY   | 50.50 |      |  |  |  |  |  |

|                                |      |  |  |  |  |  |  |
|--------------------------------|------|--|--|--|--|--|--|
| 157                            |      |  |  |  |  |  |  |
| Portsmouth to Havant (summary) |      |  |  |  |  |  |  |
| PORTSMOUTH HARBOUR             | 0.00 |  |  |  |  |  |  |
| PORTSMOUTH & SOUTHSEA          | 0.75 |  |  |  |  |  |  |
| FRATTON                        | 1.75 |  |  |  |  |  |  |
| HILSEA                         | 4.00 |  |  |  |  |  |  |
| BEDHAMPTON                     | 7.25 |  |  |  |  |  |  |
| HAVANT                         | 8.00 |  |  |  |  |  |  |

## DISTANCES (MILES)

| Table                                    | M1   | M2 | M3 | M4 | M5 | M6 | M7 |
|--|------|----|----|----|----|----|----|
| 158                                      |      |    |    |    |    |    |    |
| Portsmouth to Ryde, Sandown and Shanklin |      |    |    |    |    |    |    |
| PORTSMOUTH HARBOUR                       |      |    |    |    |    |    |    |
| RYDE PIER HEAD                           | 0.00 |    |    |    |    |    |    |
| RYDE ESPLANADE                           | 0.50 |    |    |    |    |    |    |
| RYDE ST JOHNS ROAD                       | 1.25 |    |    |    |    |    |    |
| SMALLBROOK JUNCTION                      | 2.25 |    |    |    |    |    |    |
| BRADING                                  | 4.75 |    |    |    |    |    |    |
| SANDOWN                                  | 6.50 |    |    |    |    |    |    |
| LAKE                                     | 7.25 |    |    |    |    |    |    |
| SHANKLIN                                 | 8.50 |    |    |    |    |    |    |

|   |       |       |       |  |  |  |  |
|---|-------|-------|-------|--|--|--|--|
| 160   |       |       |       |  |  |  |  |
| London to Putney, Hounslow, Richmond, Twickenham and Kingston |       |       |       |  |  |  |  |
| LONDON WATERLOO   | 0.00  | 0.00  | 0.00  |  |  |  |  |
| VAUXHALL  | 1.25  | 1.25  | 1.25  |  |  |  |  |
| QUEENSTOWN RD.(BATTERSEA)                                     | 2.75  | 2.75  | 2.75  |  |  |  |  |
| CLAPHAM JUNCTION  | 4.00  | 4.00  | 4.00  |  |  |  |  |
| WANDSWORTH TOWN   | 4.75  | 4.75  | 4.75  |  |  |  |  |
| PUTNEY  | 5.75  | 5.75  | 5.75  |  |  |  |  |
| BARNES  | 7.00  | 7.00  | 7.00  |  |  |  |  |
| BARNES BRIDGE   |       |       | 7.50  |  |  |  |  |
| CHISWICK  |       |       | 8.50  |  |  |  |  |
| KEW BRIDGE  |       |       | 9.50  |  |  |  |  |
| BRENTFORD   |       |       | 10.50 |  |  |  |  |
| SYON LANE   |       |       | 11.25 |  |  |  |  |
| ISLEWORTH   |       |       | 12.00 |  |  |  |  |
| HOUNSLOW  |       |       | 13.50 |  |  |  |  |
| MORTLAKE  | 8.25  | 8.25  |       |  |  |  |  |
| NORTH SHEEN   | 9.00  | 9.00  |       |  |  |  |  |
| RICHMOND  | 9.75  | 9.75  |       |  |  |  |  |
| ST MARGARETS  | 10.75 | 10.75 |       |  |  |  |  |
| TWICKENHAM  | 11.25 | 11.25 |       |  |  |  |  |
| WHITTON   |       | 12.50 |       |  |  |  |  |
| FELTHAM   |       | 14.75 |       |  |  |  |  |
| ASHFORD (MIDDLESEX)   |       | 17.50 |       |  |  |  |  |
| STAINES   |       | 19.00 |       |  |  |  |  |
| STRAWBERRY HILL   | 12.25 |       |       |  |  |  |  |
| TEDDINGTON  | 13.50 |       |       |  |  |  |  |
| HAMPTON WICK  | 14.75 |       |       |  |  |  |  |
| KINGSTON  | 15.25 |       |       |  |  |  |  |

# DISTANCES (MILES)

| Table   | M1    | M2    | M3    | M4    | M5 | M6 | M7 |
|---|-------|-------|-------|-------|----|----|----|
| 161   |       |       |       |       |    |    |    |
| London to Wimbledon, Kingston, Shepperton, Surbiton, Hampton Court, Guildford, Chessington, Epsom and Dorking |       |       |       |       |    |    |    |
| LONDON WATERLOO   | 0.00  | 0.00  | 0.00  | 0.00  |    |    |    |
| VAUXHALL  | 1.25  | 1.25  | 1.25  | 1.25  |    |    |    |
| CLAPHAM JUNCTION  | 4.00  | 4.00  | 4.00  | 4.00  |    |    |    |
| EARLSFIELD  | 5.50  | 5.50  | 5.50  | 5.50  |    |    |    |
| WIMBLEDON   | 7.25  | 7.25  | 7.25  | 7.25  |    |    |    |
| RAYNES PARK   | 8.75  | 8.75  | 8.75  | 8.75  |    |    |    |
| MOTSPUR PARK  |       |       | 9.75  | 9.75  |    |    |    |
| MALDEN MANOR  |       |       | 11.25 |       |    |    |    |
| TOLWORTH  |       |       | 12.25 |       |    |    |    |
| CHESSINGTON NORTH   |       |       | 13.25 |       |    |    |    |
| CHESSINGTON SOUTH   |       |       | 14.00 |       |    |    |    |
| WORCESTER PARK  |       |       |       | 10.75 |    |    |    |
| STONELEIGH  |       |       |       | 12.00 |    |    |    |
| EWELL WEST  |       |       |       | 13.00 |    |    |    |
| EPSOM   |       |       |       | 14.25 |    |    |    |
| ASHTAD  |       |       |       | 16.25 |    |    |    |
| LEATHERHEAD   |       |       |       | 18.00 |    |    |    |
| BOX HILL & WESTHUMBLE   |       |       |       | 21.25 |    |    |    |
| DORKING   |       |       |       | 22.00 |    |    |    |
| NEW MALDEN  | 9.75  | 9.75  |       |       |    |    |    |
| NORBITON  |       | 11.25 |       |       |    |    |    |
| KINGSTON  |       | 12.00 |       |       |    |    |    |
| HAMPTON WICK  |       | 12.50 |       |       |    |    |    |
| TEDDINGTON  |       | 13.75 |       |       |    |    |    |
| STRAWBERRY HILL   |       |       |       |       |    |    |    |
| TWICKENHAM  |       |       |       |       |    |    |    |
| ST MARGARETS  |       |       |       |       |    |    |    |
| RICHMOND  |       |       |       |       |    |    |    |
| FULWELL   |       | 14.75 |       |       |    |    |    |
| HAMPTON   |       | 16.50 |       |       |    |    |    |
| KEMPTON PARK  |       | 18.25 |       |       |    |    |    |
| SUNBURY   |       | 18.75 |       |       |    |    |    |
| UPPER HALLIFORD   |       | 19.25 |       |       |    |    |    |
| SHEPPERTON  |       | 20.75 |       |       |    |    |    |
| BERRYLANDS  | 11.00 |       |       |       |    |    |    |
| SURBITON  | 12.00 | 0.00  |       |       |    |    |    |
| THAMES DITTON   |       | 2.00  |       |       |    |    |    |
| HAMPTON COURT   |       | 3.00  |       |       |    |    |    |
| HINCHLEY WOOD   | 14.00 |       |       |       |    |    |    |
| CLAYGATE  | 15.25 |       |       |       |    |    |    |
| OXSHOTT   | 17.00 |       |       |       |    |    |    |
| COBHAM & STOKE D'ABERNON  | 19.00 |       |       |       |    |    |    |
| BOOKHAM   |       |       |       |       |    |    |    |
| EFFINGHAM JUNCTION  | 21.25 |       |       |       |    |    |    |
| HORSLEY   | 22.25 |       |       |       |    |    |    |
| CLANDON   | 25.50 |       |       |       |    |    |    |
| LONDON ROAD (GUILDFORD)   | 28.75 |       |       |       |    |    |    |
| GUILDFORD   | 30.00 |       |       |       |    |    |    |

# DISTANCES (MILES)

| Table   | M1    | M2    | M3    | M4    | M5 | M6 | M7 |
|---|-------|-------|-------|-------|----|----|----|
| 162   |       |       |       |       |    |    |    |
| London, West Croydon and Sutton to Epsom, Leatherhead, Effingham Junction, Guildford, Dorking and Horsham |       |       |       |       |    |    |    |
| LONDON VICTORIA   |       |       | 0.00  |       |    |    |    |
| LONDON WATERLOO   | 0.00  |       |       |       |    |    |    |
| CLAPHAM JUNCTION  | 4.00  |       | 2.75  |       |    |    |    |
| BALHAM  |       |       | 4.50  |       |    |    |    |
| MITCHAM EASTFIELDS  |       |       | 7.25  |       |    |    |    |
| MITCHAM JUNCTION  |       |       | 8.25  |       |    |    |    |
| HACKBRIDGE  |       |       | 9.50  |       |    |    |    |
| CARSHALTON  |       |       | 10.25 |       |    |    |    |
| LONDON BRIDGE   |       | 0.00  |       |       |    |    |    |
| NORWOOD JUNCTION  |       | 8.75  |       |       |    |    |    |
| WEST CROYDON  |       | 10.50 |       |       |    |    |    |
| WADDON  |       | 11.50 |       |       |    |    |    |
| WALLINGTON  |       | 13.00 |       |       |    |    |    |
| CARSHALTON BEECHES  |       | 14.00 |       |       |    |    |    |
| SUTTON (SURREY)   |       | 15.00 | 11.50 |       |    |    |    |
| CHEAM   |       |       | 12.75 |       |    |    |    |
| EWELL EAST  |       |       | 14.25 |       |    |    |    |
| EPSOM   | 14.25 |       | 15.75 |       |    |    |    |
| ASHTEAD   |       |       | 17.75 |       |    |    |    |
| LEATHERHEAD   |       |       | 19.50 | 0.00  |    |    |    |
| BOOKHAM   |       |       |       | 2.50  |    |    |    |
| EFFINGHAM JUNCTION  |       |       |       | 4.25  |    |    |    |
| HORSLEY   |       |       |       | 5.25  |    |    |    |
| CLANDON   |       |       |       | 8.50  |    |    |    |
| LONDON ROAD (GUILDFORD)   |       |       |       | 11.75 |    |    |    |
| GUILDFORD   |       |       |       | 13.00 |    |    |    |
| BOX HILL & WESTHUMBLE   |       |       | 22.75 |       |    |    |    |
| DORKING   |       |       | 23.50 |       |    |    |    |
| HOLMWOOD  |       |       | 28.50 |       |    |    |    |
| OCKLEY  |       |       | 30.75 |       |    |    |    |
| WARNHAM   |       |       | 35.00 |       |    |    |    |
| HORSHAM   |       |       | 37.25 |       |    |    |    |

# DISTANCES (MILES)

| Table   | M1    | M2    | M3    | M4    | M5 | M6 | M7 |
|---|-------|-------|-------|-------|----|----|----|
| 163   |       |       |       |       |    |    |    |
| London to Wimbledon and Sutton via Streatham and Tulse Hill |       |       |       |       |    |    |    |
| LONDON VICTORIA   | 0.00  |       |       |       |    |    |    |
| CLAPHAM JUNCTION  | 2.75  |       |       |       |    |    |    |
| BALHAM  | 4.50  |       |       |       |    |    |    |
| ST PANCRAS INTERNATIONAL                                    |       |       | 0.00  | 0.00  |    |    |    |
| FARRINGDON  |       |       | 1.25  | 1.25  |    |    |    |
| CITY THAMESLINK   |       |       | 1.50  | 1.50  |    |    |    |
| LONDON BLACKFRIARS  |       |       | 2.00  | 2.00  |    |    |    |
| ELEPHANT & CASTLE   |       |       | 3.25  | 3.25  |    |    |    |
| LOUGHBOROUGH JN   |       |       | 5.00  | 5.00  |    |    |    |
| HERNE HILL  |       |       | 6.00  | 6.00  |    |    |    |
| LONDON BRIDGE   |       | 0.00  |       |       |    |    |    |
| SOUTH BERMONDSEY  |       | 1.75  |       |       |    |    |    |
| QUEENS RD PECKHAM   |       | 2.75  |       |       |    |    |    |
| PECKHAM RYE   |       | 3.50  |       |       |    |    |    |
| EAST DULWICH  |       | 4.25  |       |       |    |    |    |
| NORTH DULWICH   |       | 4.75  |       |       |    |    |    |
| TULSE HILL  |       | 6.00  | 7.00  | 7.00  |    |    |    |
| STREATHAM   |       | 7.50  | 8.50  | 8.50  |    |    |    |
| TOOTING   |       |       |       | 10.00 |    |    |    |
| HAYDONS ROAD  |       |       |       | 11.50 |    |    |    |
| WIMBLEDON   |       |       |       | 12.25 |    |    |    |
| WIMBLEDON CHASE   |       |       |       | 13.25 |    |    |    |
| SOUTH MERTON  |       |       |       | 14.00 |    |    |    |
| MORDEN SOUTH  |       |       |       | 14.50 |    |    |    |
| ST HELIER   |       |       |       | 15.00 |    |    |    |
| SUTTON COMMON   |       |       |       | 16.00 |    |    |    |
| WEST SUTTON   |       |       |       | 16.75 |    |    |    |
| MITCHAM EASTFIELDS  | 7.25  | 9.25  | 10.25 |       |    |    |    |
| MITCHAM JUNCTION  | 8.25  | 10.25 | 11.25 |       |    |    |    |
| HACKBRIDGE  | 9.50  | 11.50 | 12.50 |       |    |    |    |
| CARSHALTON  | 10.25 | 12.25 | 13.25 |       |    |    |    |
| SUTTON (SURREY)   | 11.50 | 13.50 | 14.50 | 17.75 |    |    |    |



## DISTANCES (MILES)

| Table  | M1    | M2    | M3    | M4    | M5 | M6 | M7 |
|--|-------|-------|-------|-------|----|----|----|
| <b>164</b>   |       |       |       |       |    |    |    |
| <b>London to Sutton, Epsom Downs and Epsom via Selhurst and West Croydon</b> |       |       |       |       |    |    |    |
| LONDON VICTORIA  | 0.00  | 0.00  |       |       |    |    |    |
| BATTERSEA PARK   | 1.25  | 1.25  |       |       |    |    |    |
| CLAPHAM JUNCTION   | 2.75  | 2.75  |       |       |    |    |    |
| WANDSWORTH COMMON  | 4.00  | 4.00  |       |       |    |    |    |
| BALHAM   | 4.50  | 4.50  |       |       |    |    |    |
| LONDON BRIDGE  |       |       | 0.00  | 0.00  |    |    |    |
| SOUTH BERMONDSEY   |       |       |       | 1.75  |    |    |    |
| QUEENS RD PECKHAM  |       |       |       | 2.75  |    |    |    |
| PECKHAM RYE  |       |       |       | 3.50  |    |    |    |
| EAST DULWICH   |       |       |       | 4.25  |    |    |    |
| NORTH DULWICH  |       |       |       | 4.75  |    |    |    |
| TULSE HILL   |       |       |       | 6.00  |    |    |    |
| STREATHAM  |       |       |       | 7.50  |    |    |    |
| STREATHAM COMMON   | 6.75  | 6.75  |       | 8.25  |    |    |    |
| NORBURY  | 7.50  | 7.50  |       | 9.00  |    |    |    |
| THORNTON HEATH   | 8.75  | 8.75  |       | 10.25 |    |    |    |
| SELHURST   | 9.50  | 9.50  |       | 11.00 |    |    |    |
| EAST CROYDON   | 10.50 |       |       |       |    |    |    |
| NORWOOD JUNCTION   |       |       | 8.75  |       |    |    |    |
| WEST CROYDON   |       | 10.75 | 10.50 | 12.25 |    |    |    |
| WADDON   |       | 11.75 | 11.50 |       |    |    |    |
| WALLINGTON   |       | 13.25 | 13.00 |       |    |    |    |
| CARSHALTON BEECHES   |       | 14.25 | 14.00 |       |    |    |    |
| SUTTON (SURREY)  |       | 15.25 | 15.00 |       |    |    |    |
| BELMONT  |       | 16.25 |       |       |    |    |    |
| BANSTEAD   |       | 17.75 |       |       |    |    |    |
| EPSOM DOWNS  |       | 19.00 |       |       |    |    |    |
| CHEAM  |       |       | 16.25 |       |    |    |    |
| EWELL EAST   |       |       | 17.75 |       |    |    |    |
| EPSOM  |       |       | 19.25 |       |    |    |    |

|   |       |       |  |  |  |  |  |
|---|-------|-------|--|--|--|--|--|
| <b>165</b>  |       |       |  |  |  |  |  |
| <b>London to Beckenham Junction and West Croydon via Crystal Palace</b> |       |       |  |  |  |  |  |
| LONDON VICTORIA   | 0.00  |       |  |  |  |  |  |
| BATTERSEA PARK  | 1.25  |       |  |  |  |  |  |
| CLAPHAM JUNCTION  | 2.75  |       |  |  |  |  |  |
| WANDSWORTH COMMON   | 4.00  |       |  |  |  |  |  |
| BALHAM  | 5.00  |       |  |  |  |  |  |
| STREATHAM HILL  | 6.00  |       |  |  |  |  |  |
| LONDON BRIDGE   |       | 0.00  |  |  |  |  |  |
| SOUTH BERMONDSEY  |       | 1.75  |  |  |  |  |  |
| QUEENS RD PECKHAM   |       | 2.75  |  |  |  |  |  |
| PECKHAM RYE   |       | 3.50  |  |  |  |  |  |
| EAST DULWICH  |       | 4.25  |  |  |  |  |  |
| NORTH DULWICH   |       | 4.75  |  |  |  |  |  |
| TULSE HILL  |       | 6.00  |  |  |  |  |  |
| WEST NORWOOD  | 7.25  | 6.75  |  |  |  |  |  |
| GIPSY HILL  | 8.25  | 7.75  |  |  |  |  |  |
| CRYSTAL PALACE  | 9.00  | 8.50  |  |  |  |  |  |
| BIRKBECK  |       | 10.00 |  |  |  |  |  |
| BECKENHAM JUNCTION  |       | 11.50 |  |  |  |  |  |
| NORWOOD JUNCTION  | 10.50 |       |  |  |  |  |  |
| WEST CROYDON  | 12.25 |       |  |  |  |  |  |

# DISTANCES (MILES)

| Table   | M1    | M2    | M3   | M4 | M5 | M6 | M7 |
|---|-------|-------|------|----|----|----|----|
| 166   |       |       |      |    |    |    |    |
| London to Crystal Palace, Norwood Junction, East and West Croydon via Forest Hill |       |       |      |    |    |    |    |
| LONDON BRIDGE   | 0.00  | 0.00  |      |    |    |    |    |
| HIGHBURY & ISLINGTON  |       |       | 0.00 |    |    |    |    |
| DALSTON JUNCTION  |       |       | 1.50 |    |    |    |    |
| WHITECHAPEL   |       |       | 3.75 |    |    |    |    |
| NEW CROSS GATE  | 2.75  | 2.75  | 7.25 |    |    |    |    |
| BROCKLEY  | 3.75  | 3.75  |      |    |    |    |    |
| HONOR OAK PARK  | 4.75  | 4.75  |      |    |    |    |    |
| FOREST HILL   | 5.50  | 5.50  |      |    |    |    |    |
| SYDENHAM  | 6.25  | 6.25  |      |    |    |    |    |
| CRYSTAL PALACE  |       | 7.50  |      |    |    |    |    |
| GIPSY HILL  |       | 8.25  |      |    |    |    |    |
| WEST NORWOOD  |       | 9.25  |      |    |    |    |    |
| STREATHAM HILL  |       | 10.50 |      |    |    |    |    |
| BALHAM  |       | 11.50 |      |    |    |    |    |
| WANDSWORTH COMMON   |       | 12.50 |      |    |    |    |    |
| CLAPHAM JUNCTION  |       | 13.75 |      |    |    |    |    |
| BATTERSEA PARK  |       | 15.25 |      |    |    |    |    |
| LONDON VICTORIA   |       | 16.50 |      |    |    |    |    |
| PENGE WEST  | 7.00  |       |      |    |    |    |    |
| ANERLEY   | 7.50  |       |      |    |    |    |    |
| NORWOOD JUNCTION  | 8.75  |       |      |    |    |    |    |
| WEST CROYDON  | 10.50 |       |      |    |    |    |    |
| EAST CROYDON  | 10.25 |       |      |    |    |    |    |

|   |       |       |      |       |  |  |  |
|---|-------|-------|------|-------|--|--|--|
| 167   |       |       |      |       |  |  |  |
| Highbury & Islington to Canada Water, Peckham Rye, Clapham Junction, New Cross, Crystal Palace and West Croydon |       |       |      |       |  |  |  |
| HIGHBURY & ISLINGTON  | 0.00  | 0.00  | 0.00 | 0.00  |  |  |  |
| CANONBURY   | 0.50  | 0.50  | 0.50 | 0.50  |  |  |  |
| DALSTON JUNCTION  | 1.50  | 1.50  | 1.50 | 1.50  |  |  |  |
| HAGGERSTON  | 2.00  | 2.00  | 2.00 | 2.00  |  |  |  |
| HOXTON  | 2.50  | 2.50  | 2.50 | 2.50  |  |  |  |
| SHOREDITCH HIGH STREET  | 3.25  | 3.25  | 3.25 | 3.25  |  |  |  |
| WHITECHAPEL   | 3.75  | 3.75  | 3.75 | 3.75  |  |  |  |
| SHADWELL  | 4.50  | 4.50  | 4.50 | 4.50  |  |  |  |
| WAPPING   | 5.00  | 5.00  | 5.00 | 5.00  |  |  |  |
| ROTHERHITHE   | 5.50  | 5.50  | 5.50 | 5.50  |  |  |  |
| CANADA WATER  | 5.75  | 5.75  | 5.75 | 5.75  |  |  |  |
| SURREY QUAYS  | 6.00  | 6.00  | 6.00 | 6.00  |  |  |  |
| QUEENS RD PECKHAM   |       |       |      | 7.50  |  |  |  |
| PECKHAM RYE   |       |       |      | 8.00  |  |  |  |
| DENMARK HILL  |       |       |      | 9.00  |  |  |  |
| CLAPHAM HIGH STREET   |       |       |      | 11.00 |  |  |  |
| WANDSWORTH ROAD   |       |       |      | 11.25 |  |  |  |
| CLAPHAM JUNCTION  |       |       |      | 12.75 |  |  |  |
| NEW CROSS   |       |       | 7.25 |       |  |  |  |
| NEW CROSS GATE  | 7.25  | 7.25  |      |       |  |  |  |
| BROCKLEY  | 8.25  | 8.25  |      |       |  |  |  |
| HONOR OAK PARK  | 9.25  | 9.25  |      |       |  |  |  |
| FOREST HILL   | 10.00 | 10.00 |      |       |  |  |  |
| SYDENHAM  | 10.75 | 10.75 |      |       |  |  |  |
| CRYSTAL PALACE  |       | 12.00 |      |       |  |  |  |
| PENGE WEST  | 11.50 |       |      |       |  |  |  |
| ANERLEY   | 12.00 |       |      |       |  |  |  |
| NORWOOD JUNCTION  | 13.00 |       |      |       |  |  |  |
| WEST CROYDON  | 14.75 |       |      |       |  |  |  |

## DISTANCES (MILES)

| Table   | M1    | M2 | M3 | M4 | M5 | M6 | M7 |
|---|-------|----|----|----|----|----|----|
| 168   |       |    |    |    |    |    |    |
| Watford Junction to Clapham Junction and East Croydon |       |    |    |    |    |    |    |
| WATFORD JUNCTION                                      | 0.00  |    |    |    |    |    |    |
| HARROW & WEALDSTONE                                   | 4.50  |    |    |    |    |    |    |
| WEMBLEY CENTRAL                                       | 8.00  |    |    |    |    |    |    |
| SHEPHERD'S BUSH                                       | 12.25 |    |    |    |    |    |    |
| KENSINGTON (OLYMPIA)                                  | 13.50 |    |    |    |    |    |    |
| WEST BROMPTON   | 15.50 |    |    |    |    |    |    |
| IMPERIAL WHARF  | 16.25 |    |    |    |    |    |    |
| CLAPHAM JUNCTION                                      | 17.25 |    |    |    |    |    |    |
| BALHAM  | 19.25 |    |    |    |    |    |    |
| STREATHAM COMMON                                      | 21.00 |    |    |    |    |    |    |
| NORBURY   | 22.00 |    |    |    |    |    |    |
| THORNTON HEATH  | 23.25 |    |    |    |    |    |    |
| SELHURST  | 24.00 |    |    |    |    |    |    |
| EAST CROYDON  | 25.00 |    |    |    |    |    |    |

|  |       |       |  |  |  |  |  |
|--|-------|-------|--|--|--|--|--|
| 171  |       |       |  |  |  |  |  |
| London and Croydon to Oxted, East Grinstead and Uckfield |       |       |  |  |  |  |  |
| LONDON VICTORIA  | 0.00  |       |  |  |  |  |  |
| CLAPHAM JUNCTION   | 2.75  |       |  |  |  |  |  |
| ST PANCRAS INTERNATIONAL                                 |       |       |  |  |  |  |  |
| FARRINGDON   |       |       |  |  |  |  |  |
| CITY THAMESLINK  |       |       |  |  |  |  |  |
| LONDON BLACKFRIARS                                       |       |       |  |  |  |  |  |
| LONDON BRIDGE  |       | 0.00  |  |  |  |  |  |
| EAST CROYDON   | 10.50 | 10.25 |  |  |  |  |  |
| SOUTH CROYDON  | 11.50 | 11.25 |  |  |  |  |  |
| SANDERSTEAD  | 12.50 | 12.25 |  |  |  |  |  |
| RIDDLESDOWN  | 13.75 | 13.50 |  |  |  |  |  |
| UPPER WARLINGHAM   | 15.50 | 15.25 |  |  |  |  |  |
| WOLDINGHAM   | 17.25 | 17.00 |  |  |  |  |  |
| OXTED  | 20.50 | 20.25 |  |  |  |  |  |
| HURST GREEN  | 21.50 | 21.25 |  |  |  |  |  |
| LINGFIELD  | 26.25 |       |  |  |  |  |  |
| DORMANS  | 28.00 |       |  |  |  |  |  |
| EAST GRINSTEAD   | 30.25 |       |  |  |  |  |  |
| EDENBRIDGE TOWN  |       | 25.50 |  |  |  |  |  |
| HEVER  |       | 27.50 |  |  |  |  |  |
| COWDEN   |       | 29.25 |  |  |  |  |  |
| ASHURST  |       | 32.25 |  |  |  |  |  |
| ERIDGE   |       | 35.75 |  |  |  |  |  |
| CROWBOROUGH  |       | 39.25 |  |  |  |  |  |
| BUXTED   |       | 43.75 |  |  |  |  |  |
| UCKFIELD   |       | 46.25 |  |  |  |  |  |

## DISTANCES (MILES)

| Table   | M1    | M2   | M3    | M4    | M5 | M6 | M7 |
|---|-------|------|-------|-------|----|----|----|
| 172   |       |      |       |       |    |    |    |
| London and Croydon to Purley, Caterham, Coulsdon and Tattenham Corner |       |      |       |       |    |    |    |
| LONDON VICTORIA   | 0.00  |      | 0.00  |       |    |    |    |
| CLAPHAM JUNCTION  | 2.75  |      | 2.75  |       |    |    |    |
| ST PANCRAS INTERNATIONAL  |       |      |       | 0.00  |    |    |    |
| FARRINGDON  |       |      |       | 1.25  |    |    |    |
| CITY THAMESLINK   |       |      |       | 1.75  |    |    |    |
| LONDON BLACKFRIARS  |       |      |       | 2.00  |    |    |    |
| LONDON BRIDGE   |       |      |       | 3.25  |    |    |    |
| NORWOOD JUNCTION  |       |      |       | 12.00 |    |    |    |
| EAST CROYDON  | 10.50 |      | 10.50 | 13.50 |    |    |    |
| SOUTH CROYDON   | 11.50 |      | 11.50 |       |    |    |    |
| SANDERSTEAD   |       |      | 12.50 |       |    |    |    |
| RIDDLESDOWN   |       |      | 13.75 |       |    |    |    |
| UPPER WARLINGHAM  |       |      | 15.50 |       |    |    |    |
| PURLEY OAKS   | 12.50 |      |       |       |    |    |    |
| PURLEY  | 13.50 | 0.00 |       |       |    |    |    |
| KENLEY  |       | 1.25 |       |       |    |    |    |
| WHYTELEAFE  |       | 2.50 |       |       |    |    |    |
| WHYTELEAFE SOUTH  |       | 3.00 |       |       |    |    |    |
| CATERHAM  |       | 4.75 |       |       |    |    |    |
| REEDHAM   | 14.25 |      |       |       |    |    |    |
| COULSDON TOWN   | 15.00 |      |       |       |    |    |    |
| COULSDON SOUTH  |       |      |       |       |    |    |    |
| WOODMANSTERNE   | 15.75 |      |       |       |    |    |    |
| CHIPSTEAD   | 16.75 |      |       |       |    |    |    |
| KINGSWOOD   | 19.25 |      |       |       |    |    |    |
| TADWORTH  | 20.50 |      |       |       |    |    |    |
| TATTENHAM CORNER  | 21.75 |      |       |       |    |    |    |

|  |       |       |      |       |  |  |  |
|--|-------|-------|------|-------|--|--|--|
| 173  |       |       |      |       |  |  |  |
| London and Croydon to Redhill, Reigate, Tonbridge, Gatwick Airport and Three Bridges |       |       |      |       |  |  |  |
| LONDON VICTORIA  |       | 0.00  |      |       |  |  |  |
| CLAPHAM JUNCTION   |       | 2.50  |      |       |  |  |  |
| ST PANCRAS INTERNATIONAL   | 0.00  |       |      |       |  |  |  |
| FARRINGDON   | 1.25  |       |      |       |  |  |  |
| CITY THAMESLINK  | 1.75  |       |      |       |  |  |  |
| LONDON BLACKFRIARS   | 2.00  |       |      |       |  |  |  |
| LONDON BRIDGE  | 3.25  |       |      |       |  |  |  |
| NORWOOD JUNCTION   | 12.00 |       |      |       |  |  |  |
| EAST CROYDON   | 13.50 | 10.50 |      |       |  |  |  |
| PURLEY   |       | 13.50 |      |       |  |  |  |
| COULSDON SOUTH   |       | 15.25 |      |       |  |  |  |
| MERSTHAM   |       | 19.00 |      |       |  |  |  |
| REDHILL  |       | 20.50 | 0.00 | 0.00  |  |  |  |
| REIGATE  |       |       | 2.00 |       |  |  |  |
| NUTFIELD   |       |       |      | 2.25  |  |  |  |
| GODSTONE   |       |       |      | 6.00  |  |  |  |
| EDENBRIDGE   |       |       |      | 10.50 |  |  |  |
| PENSHURST  |       |       |      | 15.50 |  |  |  |
| LEIGH (KENT)   |       |       |      | 17.25 |  |  |  |
| TONBRIDGE  |       |       |      | 19.75 |  |  |  |
| EARLSWOOD (SURREY)   |       | 21.25 |      |       |  |  |  |
| SALFORDS   |       | 22.50 |      |       |  |  |  |
| HORLEY   |       | 25.75 |      |       |  |  |  |
| GATWICK AIRPORT  |       | 26.25 |      |       |  |  |  |
| THREE BRIDGES  |       | 28.75 |      |       |  |  |  |

## DISTANCES (MILES)

| Table  | M1    | M2    | M3 | M4 | M5 | M6 | M7 |
|--|-------|-------|----|----|----|----|----|
| 174  |       |       |    |    |    |    |    |
| London, Croydon and Gatwick Airport to Crawley and Horsham |       |       |    |    |    |    |    |
| LONDON VICTORIA  | 0.00  |       |    |    |    |    |    |
| CLAPHAM JUNCTION   | 2.75  |       |    |    |    |    |    |
| ST PANCRAS INTERNATIONAL                                   |       | 0.00  |    |    |    |    |    |
| FARRINGDON   |       | 1.25  |    |    |    |    |    |
| CITY THAMESLINK  |       | 1.75  |    |    |    |    |    |
| LONDON BLACKFRIARS   |       | 2.00  |    |    |    |    |    |
| LONDON BRIDGE  |       | 3.25  |    |    |    |    |    |
| NORWOOD JUNCTION   |       | 12.00 |    |    |    |    |    |
| EAST CROYDON   | 10.50 | 13.50 |    |    |    |    |    |
| PURLEY   | 13.50 |       |    |    |    |    |    |
| COULSDON SOUTH   | 15.25 |       |    |    |    |    |    |
| MERSTHAM   | 19.00 |       |    |    |    |    |    |
| REDHILL  | 20.50 |       |    |    |    |    |    |
| EARLSWOOD (SURREY)   | 21.25 |       |    |    |    |    |    |
| SALFORDS   | 22.50 |       |    |    |    |    |    |
| HORLEY   | 25.75 |       |    |    |    |    |    |
| GATWICK AIRPORT  | 26.25 |       |    |    |    |    |    |
| THREE BRIDGES  | 28.75 |       |    |    |    |    |    |
| CRAWLEY  | 30.75 |       |    |    |    |    |    |
| IFIELD   | 32.00 |       |    |    |    |    |    |
| FAYGATE  | 34.50 |       |    |    |    |    |    |
| LITTLEHAVEN  | 36.75 |       |    |    |    |    |    |
| HORSHAM  | 38.00 |       |    |    |    |    |    |

|  |       |       |  |  |  |  |  |
|--|-------|-------|--|--|--|--|--|
| 175  |       |       |  |  |  |  |  |
| London, Croydon and Gatwick Airport to Haywards Heath and Brighton |       |       |  |  |  |  |  |
| LONDON VICTORIA  |       | 0.00  |  |  |  |  |  |
| CLAPHAM JUNCTION   |       | 2.75  |  |  |  |  |  |
| ST PANCRAS INTERNATIONAL   | 0.00  |       |  |  |  |  |  |
| FARRINGDON   | 1.25  |       |  |  |  |  |  |
| CITY THAMESLINK  | 1.75  |       |  |  |  |  |  |
| LONDON BLACKFRIARS   | 2.00  |       |  |  |  |  |  |
| LONDON BRIDGE  | 3.25  |       |  |  |  |  |  |
| EAST CROYDON   | 13.50 | 10.50 |  |  |  |  |  |
| PURLEY   |       | 13.50 |  |  |  |  |  |
| REDHILL  |       | 20.50 |  |  |  |  |  |
| HORLEY   |       | 25.75 |  |  |  |  |  |
| GATWICK AIRPORT  |       | 26.75 |  |  |  |  |  |
| THREE BRIDGES  |       | 29.25 |  |  |  |  |  |
| BALCOMBE   |       | 33.75 |  |  |  |  |  |
| HAYWARDS HEATH   |       | 37.75 |  |  |  |  |  |
| WIVELSFIELD  |       | 40.75 |  |  |  |  |  |
| LEWES  |       |       |  |  |  |  |  |
| BURGESS HILL   |       | 41.50 |  |  |  |  |  |
| HASSOCKS   |       | 43.75 |  |  |  |  |  |
| PRESTON PARK   |       | 49.50 |  |  |  |  |  |
| HOVE   |       |       |  |  |  |  |  |
| BRIGHTON   |       | 51.00 |  |  |  |  |  |

# DISTANCES (MILES)

| Table   | M1    | M2    | M3    | M4    | M5 | M6 | M7 |
|---|-------|-------|-------|-------|----|----|----|
| 176   |       |       |       |       |    |    |    |
| London, Croydon, Gatwick Airport and Brighton to Lewes, Seaford, Eastbourne, Hastings and Ashford |       |       |       |       |    |    |    |
| LONDON VICTORIA   | 0.00  |       |       |       |    |    |    |
| CLAPHAM JUNCTION  | 2.75  |       |       |       |    |    |    |
| EAST CROYDON  | 10.50 |       |       |       |    |    |    |
| GATWICK AIRPORT   | 26.75 |       |       |       |    |    |    |
| HAYWARDS HEATH  | 37.75 |       |       |       |    |    |    |
| WIVELSFIELD   | 40.75 |       |       |       |    |    |    |
| PLUMPTON  | 44.50 |       |       |       |    |    |    |
| COOKSBRIDGE   | 47.25 |       |       |       |    |    |    |
| BRIGHTON  |       | 0.00  | 0.00  |       |    |    |    |
| LONDON ROAD (BRIGHTON)  |       | 0.75  | 0.75  |       |    |    |    |
| MOULSECOOMB   |       | 1.75  | 1.75  |       |    |    |    |
| FALMER  |       | 3.50  | 3.50  |       |    |    |    |
| LEWES   | 50.00 | 8.00  | 8.00  |       |    |    |    |
| SOUTHEASE   |       |       | 11.50 |       |    |    |    |
| NEWHAVEN TOWN   |       |       | 14.25 |       |    |    |    |
| NEWHAVEN HARBOUR  |       |       | 14.50 |       |    |    |    |
| BISHOPSTONE   |       |       | 16.00 |       |    |    |    |
| SEAFORD   |       |       | 17.00 |       |    |    |    |
| GLYNDE  | 53.00 | 11.00 |       |       |    |    |    |
| BERWICK   | 57.50 | 15.50 |       |       |    |    |    |
| POLEGATE  | 61.75 | 19.75 |       |       |    |    |    |
| HAMPDEN PARK  | 63.75 | 21.75 |       |       |    |    |    |
| EASTBOURNE  | 65.75 | 23.75 |       |       |    |    |    |
| HAMPDEN PARK  | 67.75 | 25.75 |       |       |    |    |    |
| PEVENSEY & WESTHAM  | 70.75 | 28.75 |       |       |    |    |    |
| PEVENSEY BAY  | 71.50 | 29.50 |       |       |    |    |    |
| NORMANS BAY   | 73.50 | 31.50 |       |       |    |    |    |
| COODEN BEACH  | 75.25 | 33.25 |       |       |    |    |    |
| COLLINGTON  | 76.75 | 34.75 |       |       |    |    |    |
| BEXHILL   | 77.50 | 35.50 |       |       |    |    |    |
| ST LEONARDS WARRIOR SQ  | 81.25 | 39.25 |       |       |    |    |    |
| HASTINGS  | 82.00 | 40.00 |       | 0.00  |    |    |    |
| ORE   | 83.00 | 41.00 |       | 1.00  |    |    |    |
| THREE OAKS  |       |       |       | 3.75  |    |    |    |
| DOLEHAM   |       |       |       | 5.00  |    |    |    |
| WINCHELSEA  |       |       |       | 9.25  |    |    |    |
| RYE   |       |       |       | 11.25 |    |    |    |
| APPLEDORE (KENT)  |       |       |       | 18.00 |    |    |    |
| HAM STREET  |       |       |       | 21.00 |    |    |    |
| ASHFORD INTERNATIONAL   |       |       |       | 26.50 |    |    |    |

## DISTANCES (MILES)

| Table   | M1    | M2    | M3    | M4 | M5 | M6 | M7 |
|---|-------|-------|-------|----|----|----|----|
| 177   |       |       |       |    |    |    |    |
| London, Croydon, Gatwick Airport and Brighton to Hove, Worthing and Littlehampton |       |       |       |    |    |    |    |
| LONDON VICTORIA   |       | 0.00  |       |    |    |    |    |
| CLAPHAM JUNCTION  |       | 2.75  |       |    |    |    |    |
| ST PANCRAS INTERNATIONAL  | 0.00  |       |       |    |    |    |    |
| FARRINGDON  | 1.25  |       |       |    |    |    |    |
| CITY THAMESLINK   | 1.75  |       |       |    |    |    |    |
| LONDON BLACKFRIARS  | 2.00  |       |       |    |    |    |    |
| LONDON BRIDGE   | 3.25  |       |       |    |    |    |    |
| EAST CROYDON  | 13.50 | 10.50 |       |    |    |    |    |
| GATWICK AIRPORT   |       | 26.75 |       |    |    |    |    |
| THREE BRIDGES   |       | 29.25 |       |    |    |    |    |
| HAYWARDS HEATH  |       | 37.75 |       |    |    |    |    |
| BURGESS HILL  |       | 41.50 |       |    |    |    |    |
| HASSOCKS  |       | 43.75 |       |    |    |    |    |
| PRESTON PARK  |       | 49.50 |       |    |    |    |    |
| BRIGHTON  |       |       | 0.00  |    |    |    |    |
| HOVE  |       | 50.75 | 1.00  |    |    |    |    |
| ALDRINGTON  |       |       | 2.00  |    |    |    |    |
| PORTSLADE   |       |       | 2.50  |    |    |    |    |
| FISHERSGATE   |       |       | 3.50  |    |    |    |    |
| SOUTHWICK   |       |       | 3.75  |    |    |    |    |
| SHOREHAM-BY-SEA   |       |       | 5.50  |    |    |    |    |
| LANCING   |       |       | 7.75  |    |    |    |    |
| EAST WORTHING   |       |       | 9.75  |    |    |    |    |
| WORTHING  |       |       | 10.25 |    |    |    |    |
| WEST WORTHING   |       |       | 10.75 |    |    |    |    |
| DURRINGTON-ON-SEA   |       |       | 11.75 |    |    |    |    |
| GORING-BY-SEA   |       |       | 12.50 |    |    |    |    |
| ANGMERING   |       |       | 15.25 |    |    |    |    |
| LITTLEHAMPTON   |       |       | 20.25 |    |    |    |    |

# DISTANCES (MILES)

| Table  | M1    | M2    | M3    | M4   | M5 | M6 | M7 |
|--|-------|-------|-------|------|----|----|----|
| 178  |       |       |       |      |    |    |    |
| London, Croydon, Gatwick Airport, Horsham, Brighton, Worthing and Littlehampton to Barnham, Bognor Regis, Chichester, Havant, Southampton and Portsmouth |       |       |       |      |    |    |    |
| LONDON VICTORIA  | 0.00  |       |       |      |    |    |    |
| CLAPHAM JUNCTION   | 2.75  |       |       |      |    |    |    |
| LONDON BRIDGE  |       |       |       |      |    |    |    |
| EAST CROYDON   | 10.50 |       |       |      |    |    |    |
| GATWICK AIRPORT  | 26.75 |       |       |      |    |    |    |
| THREE BRIDGES  | 29.25 |       |       |      |    |    |    |
| CRAWLEY  | 30.75 |       |       |      |    |    |    |
| HORSHAM  | 38.00 |       |       |      |    |    |    |
| CHRISTS HOSPITAL   | 39.25 |       |       |      |    |    |    |
| BILLINGSHURST  | 41.75 |       |       |      |    |    |    |
| PULBOROUGH   | 43.00 |       |       |      |    |    |    |
| AMBERLEY   | 44.25 |       |       |      |    |    |    |
| ARUNDEL  | 48.00 |       |       |      |    |    |    |
| BRIGHTON   |       | 0.00  | 0.00  |      |    |    |    |
| HOVE   |       | 1.00  | 1.00  |      |    |    |    |
| ALDRINGTON   |       | 2.00  | 2.00  |      |    |    |    |
| PORTSLADE  |       | 2.50  | 2.50  |      |    |    |    |
| FISHERSGATE  |       | 3.50  | 3.50  |      |    |    |    |
| SOUTHWICK  |       | 3.75  | 3.75  |      |    |    |    |
| SHOREHAM-BY-SEA  |       | 5.50  | 5.50  |      |    |    |    |
| LANCING  |       | 7.75  | 7.75  |      |    |    |    |
| EAST WORTHING  |       | 9.75  | 9.75  |      |    |    |    |
| WORTHING   |       | 10.25 | 10.25 |      |    |    |    |
| WEST WORTHING  |       | 10.75 | 10.75 |      |    |    |    |
| DURRINGTON-ON-SEA  |       | 11.75 | 11.75 |      |    |    |    |
| GORING-BY-SEA  |       | 12.50 | 12.50 |      |    |    |    |
| ANGMERING  |       | 15.25 | 15.25 |      |    |    |    |
| LITTLEHAMPTON  | 51.25 |       |       |      |    |    |    |
| FORD   | 53.50 | 19.50 | 19.50 |      |    |    |    |
| BARNHAM  | 56.25 | 21.75 | 21.75 | 0.00 |    |    |    |
| BOGNOR REGIS   |       |       |       | 3.50 |    |    |    |
| CHICHESTER   |       | 28.25 | 28.25 |      |    |    |    |
| FISHBOURNE (SUSSEX)  |       | 29.75 | 29.75 |      |    |    |    |
| BOSHAM   |       | 31.25 | 31.25 |      |    |    |    |
| NUTBOURNE  |       | 32.75 | 32.75 |      |    |    |    |
| SOUTHBOURNE  |       | 33.75 | 33.75 |      |    |    |    |
| EMSWORTH   |       | 35.25 | 35.25 |      |    |    |    |
| WARBLINGTON  |       | 36.50 | 36.50 |      |    |    |    |
| HAVANT   |       | 37.25 | 37.25 |      |    |    |    |
| BEDHAMPTON   |       | 38.00 | 38.00 |      |    |    |    |
| COSHAM   |       |       | 41.25 |      |    |    |    |
| PORTCHESTER  |       |       | 44.50 |      |    |    |    |
| FAREHAM  |       |       | 47.25 |      |    |    |    |
| SWANWICK   |       |       | 50.75 |      |    |    |    |
| SOUTHAMPTON CENTRAL  |       |       | 61.75 |      |    |    |    |
| HILSEA   |       | 41.25 |       |      |    |    |    |
| FRATTON  |       | 43.50 |       |      |    |    |    |
| PORTSMOUTH & SOUTHSEA  |       | 44.50 |       |      |    |    |    |
| PORTSMOUTH HARBOUR   |       | 45.25 |       |      |    |    |    |



# DISTANCES (MILES)

| Table  | M1    | M2   | M3    | M4   | M5 | M6 | M7 |
|--|-------|------|-------|------|----|----|----|
| 180  |       |      |       |      |    |    |    |
| London to Herne Hill, Beckenham Junction, Denmark Hill, Catford, Bromley South, Orpington, Swanley and Sevenoaks |       |      |       |      |    |    |    |
| LONDON CHARING CROSS   |       |      |       |      |    |    |    |
| LONDON WATERLOO EAST   |       |      |       |      |    |    |    |
| LONDON CANNON STREET   |       |      |       |      |    |    |    |
| LONDON BRIDGE  |       |      |       |      |    |    |    |
| LONDON VICTORIA  | 0.00  | 0.00 |       |      |    |    |    |
| BRIXTON  | 3.25  |      |       |      |    |    |    |
| LUTON  |       |      |       |      |    |    |    |
| LUTON AIRPORT PARKWAY  |       |      |       |      |    |    |    |
| ST ALBANS CITY   |       |      |       |      |    |    |    |
| WEST HAMPSTEAD THAMESLINK  |       |      |       |      |    |    |    |
| KENTISH TOWN   |       |      |       |      |    |    |    |
| ST PANCRAS INTERNATIONAL   |       |      |       | 0.00 |    |    |    |
| FARRINGDON   |       |      |       | 1.25 |    |    |    |
| CITY THAMESLINK  |       |      |       | 1.50 |    |    |    |
| LONDON BLACKFRIARS   |       |      | 0.00  | 2.00 |    |    |    |
| ELEPHANT & CASTLE  |       |      |       | 3.25 |    |    |    |
| LOUGHBOROUGH JN  |       |      |       | 5.00 |    |    |    |
| HERNE HILL   | 4.25  |      |       | 6.00 |    |    |    |
| WEST DULWICH   | 5.00  |      |       |      |    |    |    |
| SYDENHAM HILL  | 5.75  |      |       |      |    |    |    |
| PENGE EAST   | 7.25  |      |       |      |    |    |    |
| KENT HOUSE   | 7.75  |      |       |      |    |    |    |
| BECKENHAM JUNCTION   | 8.75  |      |       |      |    |    |    |
| DENMARK HILL   |       | 4.25 | 3.75  |      |    |    |    |
| PECKHAM RYE  |       | 5.00 | 4.50  |      |    |    |    |
| NUNHEAD  |       | 5.75 | 5.25  |      |    |    |    |
| LEWISHAM   |       | 7.50 |       |      |    |    |    |
| CROFTON PARK   |       |      | 6.50  |      |    |    |    |
| CATFORD  |       |      | 7.50  |      |    |    |    |
| BELLINGHAM   |       |      | 8.25  |      |    |    |    |
| BECKENHAM HILL   |       |      | 9.00  |      |    |    |    |
| RAVENSBOURNE   |       |      | 9.75  |      |    |    |    |
| SHORTLANDS   | 10.00 |      | 10.50 |      |    |    |    |
| BROMLEY SOUTH  | 11.00 |      | 11.50 |      |    |    |    |
| BICKLEY  | 12.00 |      | 12.50 |      |    |    |    |
| PETTS WOOD   | 13.75 |      |       |      |    |    |    |
| ORPINGTON  | 15.00 |      |       |      |    |    |    |
| ST MARY CRAY   |       |      | 14.75 |      |    |    |    |
| SWANLEY  |       |      | 17.50 |      |    |    |    |
| EYNSFORD   |       |      | 20.50 |      |    |    |    |
| SHOREHAM (KENT)  |       |      | 22.75 |      |    |    |    |
| OTFORD   |       |      | 24.00 |      |    |    |    |
| BAT & BALL   |       |      | 25.75 |      |    |    |    |
| SEVENOAKS  |       |      | 27.00 |      |    |    |    |

## DISTANCES (MILES)

| Table   | M1   | M2    | M3   | M4 | M5 | M6 | M7 |
|---|------|-------|------|----|----|----|----|
| <b>181</b>  |      |       |      |    |    |    |    |
| <b>London to Grove Park, Bromley North, Orpington and Sevenoaks</b> |      |       |      |    |    |    |    |
| LONDON CHARING CROSS  |      | 0.00  |      |    |    |    |    |
| LONDON WATERLOO (EAST)  |      | 0.75  |      |    |    |    |    |
| LONDON CANNON STREET  | 0.00 |       |      |    |    |    |    |
| LONDON BRIDGE   | 0.75 | 1.75  |      |    |    |    |    |
| NEW CROSS   |      | 4.75  |      |    |    |    |    |
| ST JOHNS  |      | 5.50  |      |    |    |    |    |
| LEWISHAM  |      | 6.00  |      |    |    |    |    |
| HITHER GREEN  |      | 7.25  |      |    |    |    |    |
| GROVE PARK  |      | 9.00  | 0.00 |    |    |    |    |
| SUNDRIDGE PARK  |      |       | 1.25 |    |    |    |    |
| BROMLEY NORTH   |      |       | 1.75 |    |    |    |    |
| ELMSTEAD WOODS  |      | 10.25 |      |    |    |    |    |
| CHISLEHURST   |      | 11.25 |      |    |    |    |    |
| PETTS WOOD  |      | 12.75 |      |    |    |    |    |
| ORPINGTON   |      | 13.75 |      |    |    |    |    |
| CHELSEFIELD   |      | 15.25 |      |    |    |    |    |
| KNOCKHOLT   |      | 16.50 |      |    |    |    |    |
| DUNTON GREEN  |      | 20.50 |      |    |    |    |    |
| SEVENOAKS   |      | 22.00 |      |    |    |    |    |

|   |      |       |  |  |  |  |  |
|---|------|-------|--|--|--|--|--|
| <b>182</b>  |      |       |  |  |  |  |  |
| <b>London to Catford Bridge, Elmers End and Hayes</b> |      |       |  |  |  |  |  |
| LONDON CHARING CROSS                                  |      | 0.00  |  |  |  |  |  |
| LONDON WATERLOO (EAST)                                |      | 0.75  |  |  |  |  |  |
| LONDON CANNON STREET                                  | 0.00 |       |  |  |  |  |  |
| LONDON BRIDGE   | 0.75 | 1.75  |  |  |  |  |  |
| NEW CROSS   |      | 4.75  |  |  |  |  |  |
| ST JOHNS  |      | 5.50  |  |  |  |  |  |
| LEWISHAM  |      | 6.00  |  |  |  |  |  |
| LADYWELL  |      | 6.75  |  |  |  |  |  |
| CATFORD BRIDGE  |      | 7.50  |  |  |  |  |  |
| LOWER SYDENHAM  |      | 9.00  |  |  |  |  |  |
| NEW BECKENHAM   |      | 9.50  |  |  |  |  |  |
| CLOCK HOUSE   |      | 10.25 |  |  |  |  |  |
| ELMERS END  |      | 11.00 |  |  |  |  |  |
| EDEN PARK   |      | 12.50 |  |  |  |  |  |
| WEST WICKHAM  |      | 13.25 |  |  |  |  |  |
| HAYES (KENT)  |      | 14.50 |  |  |  |  |  |

|   |      |      |       |  |  |  |  |
|---|------|------|-------|--|--|--|--|
| <b>184</b>                                |      |      |       |  |  |  |  |
| <b>London to Dartford via Bexleyheath</b> |      |      |       |  |  |  |  |
| LONDON CHARING CROSS                      |      |      | 0.00  |  |  |  |  |
| LONDON WATERLOO (EAST)                    |      |      | 0.75  |  |  |  |  |
| LONDON CANNON STREET                      | 0.00 |      |       |  |  |  |  |
| LONDON BRIDGE                             | 0.75 |      | 1.75  |  |  |  |  |
| LONDON VICTORIA                           |      | 0.00 |       |  |  |  |  |
| DENMARK HILL                              |      | 4.25 |       |  |  |  |  |
| PECKHAM RYE                               |      | 5.00 |       |  |  |  |  |
| NUNHEAD                                   |      | 5.75 |       |  |  |  |  |
| NEW CROSS                                 |      |      | 4.75  |  |  |  |  |
| ST JOHNS                                  |      |      | 5.50  |  |  |  |  |
| LEWISHAM                                  |      | 7.50 | 6.00  |  |  |  |  |
| BLACKHEATH                                |      |      | 7.00  |  |  |  |  |
| KIDBROOKE                                 |      |      | 8.00  |  |  |  |  |
| ELTHAM                                    |      |      | 9.00  |  |  |  |  |
| FALCONWOOD                                |      |      | 10.25 |  |  |  |  |
| WELLING                                   |      |      | 11.25 |  |  |  |  |
| BEXLEYHEATH                               |      |      | 12.75 |  |  |  |  |
| BARNEHURST                                |      |      | 14.00 |  |  |  |  |
| SLADE GREEN                               |      |      |       |  |  |  |  |
| DARTFORD                                  |      |      | 17.00 |  |  |  |  |
| GREENHITHE FOR BLUEWATER                  |      |      | 19.75 |  |  |  |  |
| GRAVESEND                                 |      |      | 23.75 |  |  |  |  |

## DISTANCES (MILES)

| Table  | M1   | M2    | M3 | M4 | M5 | M6 | M7 |
|--|------|-------|----|----|----|----|----|
| <b>185</b>   |      |       |    |    |    |    |    |
| <b>London to Dartford and Gravesend via Sidcup</b> |      |       |    |    |    |    |    |
| LONDON CHARING CROSS                               |      | 0.00  |    |    |    |    |    |
| LONDON WATERLOO (EAST)                             |      | 0.75  |    |    |    |    |    |
| LONDON CANNON STREET                               | 0.00 |       |    |    |    |    |    |
| LONDON BRIDGE                                      | 0.75 | 1.75  |    |    |    |    |    |
| NEW CROSS  |      | 4.75  |    |    |    |    |    |
| ST JOHNS   |      | 5.50  |    |    |    |    |    |
| LEWISHAM   |      | 6.00  |    |    |    |    |    |
| HITHER GREEN                                       |      | 7.25  |    |    |    |    |    |
| LEE  |      | 8.00  |    |    |    |    |    |
| MOTTINGHAM   |      | 9.50  |    |    |    |    |    |
| NEW ELTHAM   |      | 10.50 |    |    |    |    |    |
| SIDCUP   |      | 12.00 |    |    |    |    |    |
| ALBANY PARK  |      | 13.00 |    |    |    |    |    |
| BEXLEY   |      | 14.00 |    |    |    |    |    |
| CRAYFORD   |      | 15.50 |    |    |    |    |    |
| SLADE GREEN  |      |       |    |    |    |    |    |
| DARTFORD   |      | 17.25 |    |    |    |    |    |
| STONE CROSSING                                     |      | 19.25 |    |    |    |    |    |
| GREENHITHE FOR BLUEWATER                           |      | 20.00 |    |    |    |    |    |
| SWANSCOMBE   |      | 21.25 |    |    |    |    |    |
| NORTHFLEET   |      | 22.00 |    |    |    |    |    |
| GRAVESEND  |      | 24.00 |    |    |    |    |    |

|   |       |       |       |       |  |  |  |
|---|-------|-------|-------|-------|--|--|--|
| <b>186</b>  |       |       |       |       |  |  |  |
| <b>London to Dartford, Gravesend and the Medway Towns via Woolwich and Abbey Wood</b> |       |       |       |       |  |  |  |
| ST PANCRAS INTERNATIONAL  |       |       | 0.00  | 0.00  |  |  |  |
| STRATFORD INTERNATIONAL   |       |       |       | 6.00  |  |  |  |
| FARRINGDON  |       |       | 1.25  |       |  |  |  |
| CITY THAMESLINK   |       |       | 1.75  |       |  |  |  |
| LONDON BLACKFRIARS  |       |       | 2.00  |       |  |  |  |
| LONDON CHARING CROSS  |       | 0.00  |       |       |  |  |  |
| LONDON WATERLOO (EAST)  |       | 0.75  |       |       |  |  |  |
| LONDON CANNON STREET  | 0.00  |       |       |       |  |  |  |
| LONDON BRIDGE   | 1.75  | 1.75  | 3.25  |       |  |  |  |
| LEWISHAM  |       | 6.00  |       |       |  |  |  |
| BLACKHEATH  |       | 7.00  |       |       |  |  |  |
| DEPTFORD  | 3.75  |       | 3.75  |       |  |  |  |
| GREENWICH   | 4.25  |       | 4.25  |       |  |  |  |
| MAZE HILL   | 5.25  |       | 5.25  |       |  |  |  |
| WESTCOMBE PARK  | 5.75  |       | 5.75  |       |  |  |  |
| CHARLTON  | 6.50  | 9.00  | 6.50  |       |  |  |  |
| WOOLWICH DOCKYARD   | 7.50  | 10.00 | 7.50  |       |  |  |  |
| WOOLWICH ARSENAL  | 8.25  | 10.75 | 8.25  |       |  |  |  |
| PLUMSTEAD   | 8.75  | 11.25 | 8.75  |       |  |  |  |
| ABBAY WOOD  | 10.25 | 12.75 | 10.25 |       |  |  |  |
| BELVEDERE   | 11.75 | 14.25 | 11.75 |       |  |  |  |
| ERITH   | 13.00 | 15.50 | 13.00 |       |  |  |  |
| SLADE GREEN   | 14.25 | 16.75 | 14.25 |       |  |  |  |
| BARNEHURST  |       |       |       |       |  |  |  |
| CRAYFORD  |       |       |       |       |  |  |  |
| DARTFORD  | 16.25 | 18.75 | 16.25 |       |  |  |  |
| STONE CROSSING  |       |       | 18.25 |       |  |  |  |
| GREENHITHE FOR BLUEWATER  |       |       | 19.00 |       |  |  |  |
| SWANSCOMBE  |       |       | 20.25 |       |  |  |  |
| NORTHFLEET  |       |       | 21.00 |       |  |  |  |
| EBBSFLEET INTERNATIONAL   |       |       |       | 22.75 |  |  |  |
| GRAVESEND   |       |       | 23.00 | 24.75 |  |  |  |
| HIGHAM  |       |       | 27.50 |       |  |  |  |
| STROOD  |       |       | 30.25 | 32.00 |  |  |  |
| ROCHESTER   |       |       | 31.25 | 33.00 |  |  |  |
| CHATHAM   |       |       | 32.00 | 33.50 |  |  |  |
| GILLINGHAM (KENT)   |       |       | 33.50 | 35.25 |  |  |  |
| RAINHAM (KENT)  |       |       | 36.50 | 38.25 |  |  |  |

# DISTANCES (MILES)

| Table  | M1    | M2    | M3    | M4    | M5   | M6 | M7 |
|--|-------|-------|-------|-------|------|----|----|
| 188  |       |       |       |       |      |    |    |
| London to the Medway Towns, Sittingbourne, Sheerness, Faversham, Ramsgate, Canterbury East and Dover |       |       |       |       |      |    |    |
| LONDON CANNON STREET   |       |       |       |       |      |    |    |
| LONDON BRIDGE  |       |       |       |       |      |    |    |
| ST PANCRAS INTERNATIONAL   | 0.00  |       |       |       |      |    |    |
| STRATFORD INTERNATIONAL  | 6.00  |       |       |       |      |    |    |
| EBBSFLEET INTERNATIONAL  | 22.75 |       |       |       |      |    |    |
| GRAVESEND  | 24.75 |       |       |       |      |    |    |
| STROOD   | 32.00 |       |       |       |      |    |    |
| LONDON VICTORIA  |       | 0.00  | 0.00  | 0.00  |      |    |    |
| DENMARK HILL   |       |       |       | 4.25  |      |    |    |
| BROMLEY SOUTH  |       | 11.00 | 11.00 | 12.00 |      |    |    |
| ST MARY CRAY   |       | 14.75 | 14.75 |       |      |    |    |
| SWANLEY  |       | 17.50 | 17.50 |       |      |    |    |
| FARNINGHAM ROAD  |       | 20.50 | 20.50 |       |      |    |    |
| LONGFIELD  |       | 23.50 | 23.50 |       |      |    |    |
| MEOPHAM  |       | 26.00 | 26.00 |       |      |    |    |
| SOLE STREET  |       | 27.00 | 27.00 |       |      |    |    |
| ROCHESTER  | 33.00 | 33.75 | 33.75 |       |      |    |    |
| CHATHAM  | 33.50 | 34.25 | 34.25 |       |      |    |    |
| GILLINGHAM (KENT)  | 35.25 | 36.00 | 36.00 |       |      |    |    |
| RAINHAM (KENT)   | 38.25 | 39.00 | 39.00 |       |      |    |    |
| NEWINGTON  | 40.75 | 41.50 | 41.50 |       |      |    |    |
| SITTINGBOURNE  | 44.00 | 44.75 | 44.75 |       | 0.00 |    |    |
| KEMSLEY  |       |       |       |       | 2.00 |    |    |
| SWALE  |       |       |       |       | 4.00 |    |    |
| QUEENBOROUGH   |       |       |       |       | 6.00 |    |    |
| SHEERNESS-ON-SEA   |       |       |       |       | 8.00 |    |    |
| TEYNHAM  | 46.75 | 47.50 | 47.50 |       |      |    |    |
| FAVERSHAM  | 51.75 | 52.00 | 52.00 |       |      |    |    |
| WHITSTABLE   | 58.75 | 59.00 |       |       |      |    |    |
| CHESTFIELD & SWALECLIFFE   | 60.25 | 60.50 |       |       |      |    |    |
| HERNE BAY  | 62.50 | 62.75 |       |       |      |    |    |
| BIRCHINGTON-ON-SEA   | 70.50 | 70.75 |       |       |      |    |    |
| WESTGATE-ON-SEA  | 72.25 | 72.50 |       |       |      |    |    |
| MARGATE  | 73.50 | 73.75 |       |       |      |    |    |
| BROADSTAIRS  | 76.50 | 77.00 |       |       |      |    |    |
| DUMPTON PARK   | 78.00 | 78.25 |       |       |      |    |    |
| RAMSGATE   | 79.00 | 79.25 |       |       |      |    |    |
| SELLING  |       |       | 55.25 |       |      |    |    |
| CANTERBURY EAST  |       |       | 61.75 |       |      |    |    |
| BEKESBOURNE  |       |       | 64.75 |       |      |    |    |
| ADISHAM  |       |       | 67.75 |       |      |    |    |
| AYLESHAM   |       |       | 68.75 |       |      |    |    |
| SNOWDOWN   |       |       | 69.75 |       |      |    |    |
| SHEPHERDS WELL   |       |       | 71.75 |       |      |    |    |
| KEARSNEY   |       |       | 75.00 |       |      |    |    |
| DOVER PRIORY   |       |       | 77.25 |       |      |    |    |

# DISTANCES (MILES)

| Table   | M1    | M2     | M3     | M4   | M5    | M6 | M7 |
|---|-------|--------|--------|------|-------|----|----|
| 189   |       |        |        |      |       |    |    |
| London, Tonbridge and Ashford International to Canterbury West, Folkestone, Dover, Ramsgate and Margate |       |        |        |      |       |    |    |
| ST PANCRAS INTERNATIONAL  | 0.00  |        |        |      |       |    |    |
| STRATFORD INTERNATIONAL   | 6.00  |        |        |      |       |    |    |
| EBBSFLEET INTERNATIONAL   | 22.75 |        |        |      |       |    |    |
| LONDON CHARING CROSS  |       | 0.00   |        |      |       |    |    |
| LONDON WATERLOO (EAST)  |       | 0.75   |        |      |       |    |    |
| LONDON CANNON STREET  |       |        | 0.00   |      |       |    |    |
| LONDON BRIDGE   |       | 1.75   | 0.75   |      |       |    |    |
| ORPINGTON   |       | 13.75  |        |      |       |    |    |
| SEVENOAKS   |       | 22.00  |        |      |       |    |    |
| HILDENBOROUGH   |       | 27.00  |        |      |       |    |    |
| TONBRIDGE   |       | 29.50  |        |      |       |    |    |
| PADDOCK WOOD  |       | 34.75  |        |      |       |    |    |
| MARDEN  |       | 39.50  |        |      |       |    |    |
| STAPLEHURST   |       | 41.75  |        |      |       |    |    |
| HEADCORN  |       | 45.25  |        |      |       |    |    |
| PLUCKLEY  |       | 50.50  |        |      |       |    |    |
| LONDON VICTORIA   |       |        |        |      | 0.00  |    |    |
| BROMLEY SOUTH   |       |        |        |      | 11.00 |    |    |
| MAIDSTONE EAST  |       |        |        |      | 40.00 |    |    |
| ASHFORD INTERNATIONAL   | 56.00 | 56.00  | 0.00   |      | 59.25 |    |    |
| WYE   |       |        | 4.25   |      |       |    |    |
| CHILHAM   |       |        | 9.00   |      |       |    |    |
| CHARTHAM  |       |        | 11.00  |      |       |    |    |
| CANTERBURY WEST   |       |        | 14.25  |      |       |    |    |
| STURRY  |       |        | 16.50  |      |       |    |    |
| WESTENHANGER  |       | 64.25  |        |      |       |    |    |
| SANDLING  |       | 65.50  |        |      |       |    |    |
| FOLKESTONE WEST   |       | 69.25  |        |      |       |    |    |
| FOLKESTONE CENTRAL  |       | 70.00  |        |      |       |    |    |
| DOVER PRIORY  |       | 77.25  |        |      |       |    |    |
| MARTIN MILL   |       | 82.25  |        |      |       |    |    |
| WALMER  |       | 85.00  |        |      |       |    |    |
| DEAL  |       | 86.50  |        |      |       |    |    |
| SANDWICH  |       | 90.75  |        | 0.00 |       |    |    |
| MINSTER   |       |        | 25.50  | 4.75 |       |    |    |
| THANET PARKWAY  |       | 97.00  | 27.50  |      |       |    |    |
| RAMSGATE  |       | 99.00  | 29.50  |      |       |    |    |
| DUMPTON PARK  |       | 100.00 | 100.00 |      |       |    |    |
| BROADSTAIRS   |       | 101.25 | 31.75  |      |       |    |    |
| MARGATE   |       | 104.50 | 35.00  |      |       |    |    |

## DISTANCES (MILES)

| Table  | M1    | M2    | M3 | M4 | M5 | M6 | M7 |
|--|-------|-------|----|----|----|----|----|
| 190  |       |       |    |    |    |    |    |
| London to Maidstone East and Ashford International |       |       |    |    |    |    |    |
| LONDON VICTORIA                                    |       | 0.00  |    |    |    |    |    |
| LONDON BLACKFRIARS                                 | 0.00  |       |    |    |    |    |    |
| ELEPHANT & CASTLE                                  | 1.25  |       |    |    |    |    |    |
| BROMLEY SOUTH                                      | 11.50 | 11.00 |    |    |    |    |    |
| LONDON CHARING CROSS                               |       |       |    |    |    |    |    |
| LONDON WATERLOO EAST                               |       |       |    |    |    |    |    |
| LONDON CANNON STREET                               |       |       |    |    |    |    |    |
| LONDON BRIDGE                                      |       |       |    |    |    |    |    |
| ST MARY CRAY                                       |       | 14.75 |    |    |    |    |    |
| SWANLEY  |       | 17.50 |    |    |    |    |    |
| OTFORD   |       | 24.00 |    |    |    |    |    |
| KEMSING  |       | 27.00 |    |    |    |    |    |
| BOROUGH GREEN & WROTHAM                            |       | 29.50 |    |    |    |    |    |
| WEST MALLING                                       |       | 34.75 |    |    |    |    |    |
| EAST MALLING                                       |       | 35.75 |    |    |    |    |    |
| BARMING  |       | 37.50 |    |    |    |    |    |
| MAIDSTONE EAST                                     |       | 40.00 |    |    |    |    |    |
| BEARSTED   |       | 42.75 |    |    |    |    |    |
| HOLLINGBOURNE                                      |       | 45.00 |    |    |    |    |    |
| HARRIETSHAM  |       | 47.50 |    |    |    |    |    |
| LENHAM   |       | 49.25 |    |    |    |    |    |
| CHARING  |       | 53.25 |    |    |    |    |    |
| ASHFORD INTERNATIONAL                              |       | 59.25 |    |    |    |    |    |

|   |      |       |  |  |  |  |  |
|---|------|-------|--|--|--|--|--|
| 191   |      |       |  |  |  |  |  |
| London to Tonbridge, Tunbridge Wells and Hastings |      |       |  |  |  |  |  |
| LONDON CHARING CROSS                              |      | 0.00  |  |  |  |  |  |
| LONDON WATERLOO (EAST)                            |      | 0.75  |  |  |  |  |  |
| LONDON CANNON STREET                              | 0.00 |       |  |  |  |  |  |
| LONDON BRIDGE                                     | 0.75 | 1.75  |  |  |  |  |  |
| ORPINGTON   |      | 13.75 |  |  |  |  |  |
| SEVENOAKS   |      | 22.00 |  |  |  |  |  |
| HILDENBOROUGH                                     |      | 27.00 |  |  |  |  |  |
| TONBRIDGE   |      | 29.50 |  |  |  |  |  |
| HIGH BROOMS                                       |      | 33.00 |  |  |  |  |  |
| TUNBRIDGE WELLS                                   |      | 34.50 |  |  |  |  |  |
| FRANT   |      | 36.75 |  |  |  |  |  |
| WADHURST  |      | 39.25 |  |  |  |  |  |
| STONEGATE   |      | 43.25 |  |  |  |  |  |
| ETCHINGHAM  |      | 47.50 |  |  |  |  |  |
| ROBERTSBRIDGE                                     |      | 49.25 |  |  |  |  |  |
| BATTLE  |      | 55.50 |  |  |  |  |  |
| CROWHURST   |      | 57.50 |  |  |  |  |  |
| WEST ST LEONARDS                                  |      | 60.75 |  |  |  |  |  |
| ST LEONARDS WARRIOR SQ                            |      | 61.75 |  |  |  |  |  |
| HASTINGS  |      | 62.50 |  |  |  |  |  |
| ORE   |      | 63.50 |  |  |  |  |  |

## DISTANCES (MILES)

| Table  | M1    | M2 | M3 | M4 | M5 | M6 | M7 |
|--|-------|----|----|----|----|----|----|
| 192  |       |    |    |    |    |    |    |
| Strood to Maidstone West, Paddock Wood and Tonbridge |       |    |    |    |    |    |    |
| ST PANCRAS INTERNATIONAL                             |       |    |    |    |    |    |    |
| STRATFORD INTERNATIONAL                              |       |    |    |    |    |    |    |
| EBBSFLEET INTERNATIONAL                              |       |    |    |    |    |    |    |
| GRAVESEND  |       |    |    |    |    |    |    |
| STROOD   | 0.00  |    |    |    |    |    |    |
| CUXTON   | 2.25  |    |    |    |    |    |    |
| HALLING  | 4.00  |    |    |    |    |    |    |
| SNODLAND   | 5.50  |    |    |    |    |    |    |
| NEW HYTHE  | 6.75  |    |    |    |    |    |    |
| AYLESFORD  | 7.75  |    |    |    |    |    |    |
| MAIDSTONE BARRACKS                                   | 10.75 |    |    |    |    |    |    |
| MAIDSTONE WEST                                       | 11.25 |    |    |    |    |    |    |
| EAST FARLEIGH  | 13.00 |    |    |    |    |    |    |
| WATERINGBURY   | 16.00 |    |    |    |    |    |    |
| YALDING  | 17.75 |    |    |    |    |    |    |
| BELTRING   | 19.25 |    |    |    |    |    |    |
| PADDOCK WOOD   | 21.25 |    |    |    |    |    |    |
| TONBRIDGE  | 26.50 |    |    |    |    |    |    |

|                        |      |      |  |  |  |  |  |
|------------------------|------|------|--|--|--|--|--|
| 200                    |      |      |  |  |  |  |  |
| Glasgow to Paisley     |      |      |  |  |  |  |  |
| GLASGOW CENTRAL        | 0.00 | 0.00 |  |  |  |  |  |
| DUMBRECK               | 1.75 |      |  |  |  |  |  |
| CORKERHILL             | 3.25 |      |  |  |  |  |  |
| MOSSPARK               | 3.75 |      |  |  |  |  |  |
| CROOKSTON              | 4.50 |      |  |  |  |  |  |
| HAWKHEAD               | 6.50 |      |  |  |  |  |  |
| PAISLEY CANAL          | 7.00 |      |  |  |  |  |  |
| CARDONALD              |      | 3.75 |  |  |  |  |  |
| HILLINGTON EAST        |      | 4.50 |  |  |  |  |  |
| HILLINGTON WEST        |      | 5.00 |  |  |  |  |  |
| PAISLEY GILMOUR STREET |      | 7.25 |  |  |  |  |  |

|   |       |       |  |  |  |  |  |
|---|-------|-------|--|--|--|--|--|
| 201   |       |       |  |  |  |  |  |
| Glasgow and Paisley to Wemyss Bay, Greenock and Gourock |       |       |  |  |  |  |  |
| GLASGOW CENTRAL   | 0.00  | 0.00  |  |  |  |  |  |
| CARDONALD   | 3.75  | 3.75  |  |  |  |  |  |
| HILLINGTON EAST   | 4.50  | 4.50  |  |  |  |  |  |
| HILLINGTON WEST   | 5.00  | 5.00  |  |  |  |  |  |
| PAISLEY GILMOUR STREET                                  | 7.25  | 7.25  |  |  |  |  |  |
| PAISLEY ST JAMES  | 8.00  | 8.00  |  |  |  |  |  |
| BISHOPTON   | 12.25 | 12.25 |  |  |  |  |  |
| LANGBANK  | 16.25 | 16.25 |  |  |  |  |  |
| WOODHALL  | 19.00 | 19.00 |  |  |  |  |  |
| PORT GLASGOW  | 20.25 | 20.25 |  |  |  |  |  |
| WHINHILL  |       | 22.50 |  |  |  |  |  |
| DRUMFROCHAR   |       | 23.00 |  |  |  |  |  |
| BRANCHTON   |       | 24.75 |  |  |  |  |  |
| INVERKIP  |       | 28.75 |  |  |  |  |  |
| WEMYSS BAY  |       | 31.00 |  |  |  |  |  |
| BOGSTON   | 21.25 |       |  |  |  |  |  |
| CARTSDYKE   | 22.00 |       |  |  |  |  |  |
| GREENOCK CENTRAL  | 23.00 |       |  |  |  |  |  |
| GREENOCK WEST   | 23.75 |       |  |  |  |  |  |
| FORT MATILDA  | 25.00 |       |  |  |  |  |  |
| GOUROCK   | 26.25 |       |  |  |  |  |  |

## DISTANCES (MILES)

| Table  | M1    | M2    | M3     | M4     | M5 | M6 | M7 |
|--|-------|-------|--------|--------|----|----|----|
| 202  |       |       |        |        |    |    |    |
| Glasgow and Paisley to Kilwinning, Ardrossan, Largs, Ayr, Girvan and Stranraer |       |       |        |        |    |    |    |
| GLASGOW CENTRAL  | 0.00  | 0.00  | 0.00   | 0.00   |    |    |    |
| PAISLEY GILMOUR STREET   | 7.25  | 7.25  | 7.25   |        |    |    |    |
| JOHNSTONE  | 10.75 | 10.75 | 10.75  |        |    |    |    |
| MILLIKEN PARK  | 11.50 | 11.50 | 11.50  |        |    |    |    |
| HOWWOOD (RENFREW)  | 13.00 | 13.00 | 13.00  |        |    |    |    |
| LOCHWINNOCH  | 16.50 | 16.50 | 16.50  |        |    |    |    |
| GLENGARNOCK  | 20.50 | 20.50 | 20.50  |        |    |    |    |
| DALRY  | 23.25 | 23.25 | 23.25  |        |    |    |    |
| KILWINNING   | 26.75 | 26.75 | 26.75  |        |    |    |    |
| STEVENSTON   | 29.00 | 29.00 |        |        |    |    |    |
| SALTCOATS  | 30.25 | 30.25 |        |        |    |    |    |
| ARDROSSAN SOUTH BEACH  | 31.25 | 31.25 |        |        |    |    |    |
| ARDROSSAN TOWN   |       | 31.75 |        |        |    |    |    |
| ARDROSSAN HARBOUR  |       | 32.25 |        |        |    |    |    |
| WEST KILBRIDE  | 35.75 |       |        |        |    |    |    |
| FAIRLIE  | 39.75 |       |        |        |    |    |    |
| LARGS  | 42.75 |       |        |        |    |    |    |
| IRVINE   |       |       | 30.00  |        |    |    |    |
| BARASSIE   |       |       | 33.75  |        |    |    |    |
| BARRHEAD   |       |       |        | 7.50   |    |    |    |
| KILMARNOCK   |       |       |        | 24.25  |    |    |    |
| TROON  |       |       | 35.00  | 35.00  |    |    |    |
| PRESTWICK INT. AIRPORT   |       |       | 37.75  | 37.75  |    |    |    |
| PRESTWICK TOWN   |       |       | 38.25  | 38.25  |    |    |    |
| NEWTON-ON-AYR  |       |       | 40.25  | 40.25  |    |    |    |
| AYR  |       |       | 41.50  | 41.50  |    |    |    |
| MAYBOLE  |       |       | 50.50  | 50.50  |    |    |    |
| GIRVAN   |       |       | 62.75  | 62.75  |    |    |    |
| BARRHILL   |       |       | 75.00  | 75.00  |    |    |    |
| STRANRAER  |       |       | 101.00 | 101.00 |    |    |    |



## DISTANCES (MILES)

| Table   | M1    | M2     | M3    | M4 | M5 | M6 | M7 |
|---|-------|--------|-------|----|----|----|----|
| 203   |       |        |       |    |    |    |    |
| Glasgow to East Kilbride, Barrhead, Kilmarnock, Dumfries and Carlisle |       |        |       |    |    |    |    |
| GLASGOW CENTRAL   |       | 0.00   | 0.00  |    |    |    |    |
| CROSSMYLOOF   |       | 2.25   | 2.25  |    |    |    |    |
| POLLOKSHAWS WEST  |       | 3.25   | 3.25  |    |    |    |    |
| THORNLIBANK   |       |        | 4.25  |    |    |    |    |
| GIFFNOCK  |       |        | 5.25  |    |    |    |    |
| CLARKSTON   |       |        | 6.50  |    |    |    |    |
| BUSBY   |       |        | 7.25  |    |    |    |    |
| THORNTONHALL  |       |        | 8.50  |    |    |    |    |
| HAIRMYRES   |       |        | 10.00 |    |    |    |    |
| EAST KILBRIDE   |       |        | 11.50 |    |    |    |    |
| KENNISHEAD  |       | 4.50   |       |    |    |    |    |
| PRIESTHILL & DARNLEY  |       | 5.00   |       |    |    |    |    |
| NITSHILL  |       | 5.75   |       |    |    |    |    |
| BARRHEAD  |       | 7.50   |       |    |    |    |    |
| DUNLOP  |       | 16.50  |       |    |    |    |    |
| STEWARTON   |       | 18.75  |       |    |    |    |    |
| KILMAURS  |       | 22.00  |       |    |    |    |    |
| STRANRAER   | 0.00  |        |       |    |    |    |    |
| GIRVAN  | 38.25 |        |       |    |    |    |    |
| AYR   | 59.50 |        |       |    |    |    |    |
| PRESTWICK TOWN  | 62.75 |        |       |    |    |    |    |
| TROON   | 66.00 |        |       |    |    |    |    |
| KILMARNOCK  | 76.75 | 24.25  |       |    |    |    |    |
| AUCHINLECK  |       | 38.00  |       |    |    |    |    |
| NEW CUMNOCK   |       | 45.50  |       |    |    |    |    |
| KIRKCONNEL  |       | 52.75  |       |    |    |    |    |
| SANQUHAR  |       | 56.00  |       |    |    |    |    |
| DUMFRIES  |       | 82.25  |       |    |    |    |    |
| ANNAN   |       | 97.75  |       |    |    |    |    |
| GRETNA GREEN  |       | 105.50 |       |    |    |    |    |
| CARLISLE  |       | 115.50 |       |    |    |    |    |

|   |       |      |       |  |  |  |  |
|---|-------|------|-------|--|--|--|--|
| 204   |       |      |       |  |  |  |  |
| Glasgow to Cathcart circle, Neilston and Newton |       |      |       |  |  |  |  |
| GLASGOW CENTRAL                                 | 0.00  | 0.00 | 0.00  |  |  |  |  |
| POLLOKSHIELDS WEST                              | 2.25  |      |       |  |  |  |  |
| MAXWELL PARK                                    | 2.75  |      |       |  |  |  |  |
| SHAWLANDS                                       | 3.50  |      |       |  |  |  |  |
| POLLOKSHAWS EAST                                | 3.75  |      |       |  |  |  |  |
| LANGSIDE  | 4.25  |      |       |  |  |  |  |
| POLLOKSHIELDS EAST                              |       | 1.75 | 1.75  |  |  |  |  |
| QUEENS PARK (STRATHCLYDE)                       |       | 2.25 | 2.25  |  |  |  |  |
| CROSSHILL                                       |       | 2.50 | 2.50  |  |  |  |  |
| MOUNT FLORIDA                                   |       | 3.25 | 3.25  |  |  |  |  |
| CATHCART  | 5.25  |      | 4.00  |  |  |  |  |
| MUIREND   |       |      | 4.75  |  |  |  |  |
| WILLIAMWOOD                                     |       |      | 6.00  |  |  |  |  |
| WHITCRAIGS                                      |       |      | 6.75  |  |  |  |  |
| PATTERTON                                       |       |      | 7.75  |  |  |  |  |
| NEILSTON  |       |      | 11.75 |  |  |  |  |
| KINGS PARK                                      | 5.75  | 4.50 |       |  |  |  |  |
| CROFTFOOT                                       | 6.00  | 4.75 |       |  |  |  |  |
| BURNSIDE  | 7.00  | 5.75 |       |  |  |  |  |
| KIRKHILL  | 8.50  | 7.25 |       |  |  |  |  |
| NEWTON (LANARK)                                 | 10.00 | 8.75 |       |  |  |  |  |

## DISTANCES (MILES)

| Table                              | M1   | M2 | M3 | M4 | M5 | M6 | M7 |
|------------------------------------|------|----|----|----|----|----|----|
| 205                                |      |    |    |    |    |    |    |
| Glasgow to Maryhill and Anniesland |      |    |    |    |    |    |    |
| GLASGOW QUEEN STREET               | 0.00 |    |    |    |    |    |    |
| ASHFIELD                           | 2.25 |    |    |    |    |    |    |
| POSSILPARK & PARKHOUSE             | 3.00 |    |    |    |    |    |    |
| GILSHOCHILL                        | 3.25 |    |    |    |    |    |    |
| SUMMERSTON                         | 4.25 |    |    |    |    |    |    |
| MARYHILL                           | 4.75 |    |    |    |    |    |    |
| KELVINDALE                         | 5.50 |    |    |    |    |    |    |
| ANNIESLAND                         | 6.25 |    |    |    |    |    |    |

|   |      |      |       |       |  |  |  |
|---|------|------|-------|-------|--|--|--|
| 206   |      |      |       |       |  |  |  |
| Glasgow to Partick, Milngavie, Yoker, Dalmuir, Dumbarton, Balloch and Helensburgh |      |      |       |       |  |  |  |
| EDINBURGH   |      |      |       |       |  |  |  |
| HAYMARKET   |      |      |       |       |  |  |  |
| BATHGATE  |      |      |       |       |  |  |  |
| AIRDRIE   |      |      |       |       |  |  |  |
| COATBRIDGE SUNNYSIDE  |      |      |       |       |  |  |  |
| SPRINGBURN  |      |      |       |       |  |  |  |
| BELGROVE  |      |      |       |       |  |  |  |
| MOTHERWELL  |      |      |       |       |  |  |  |
| LARKHALL  |      |      |       |       |  |  |  |
| HAMILTON CENTRAL  |      |      |       |       |  |  |  |
| WHIFFLET  |      |      |       |       |  |  |  |
| RUTHERGLEN  |      |      |       |       |  |  |  |
| DALMARNOCK  |      |      |       |       |  |  |  |
| BRIDGETON   |      |      |       |       |  |  |  |
| ARGYLE STREET   |      |      |       |       |  |  |  |
| GLASGOW CENTRAL   | 0.00 |      |       |       |  |  |  |
| ANDERSTON   | 0.50 |      |       |       |  |  |  |
| EXHIBITION CENTRE   | 1.00 |      |       |       |  |  |  |
| HIGH STREET   |      |      |       |       |  |  |  |
| GLASGOW QUEEN STREET  |      | 0.00 | 0.00  | 0.00  |  |  |  |
| CHARING CROSS   |      | 0.75 | 0.75  | 0.75  |  |  |  |
| PARTICK   | 2.25 | 2.50 | 2.50  | 2.50  |  |  |  |
| HYNDLAND  | 3.00 | 3.25 | 3.25  | 3.25  |  |  |  |
| JORDANHILL  |      | 3.75 |       |       |  |  |  |
| SCOTSTOUNHILL   |      | 4.75 |       |       |  |  |  |
| GARSCADDEN  |      | 5.25 |       |       |  |  |  |
| YOKER   |      | 6.25 |       |       |  |  |  |
| CLYDEBANK   |      | 7.00 |       |       |  |  |  |
| ANNIESLAND  | 4.00 |      | 4.25  | 4.25  |  |  |  |
| WESTERTON   | 4.50 |      | 5.75  | 5.75  |  |  |  |
| BEARSDEN  | 5.75 |      |       |       |  |  |  |
| HILLFOOT  | 6.25 |      |       |       |  |  |  |
| MILNGAVIE   | 7.00 |      |       |       |  |  |  |
| DRUMCHAPEL  |      |      | 7.00  | 7.00  |  |  |  |
| DRUMRY  |      |      | 7.75  | 7.75  |  |  |  |
| SINGER  |      |      | 8.75  | 8.75  |  |  |  |
| DALMUIR   |      | 8.25 | 9.50  | 9.50  |  |  |  |
| KILPATRICK  |      |      | 10.75 | 10.75 |  |  |  |
| BOWLING   |      |      | 12.50 | 12.50 |  |  |  |
| DUMBARTON EAST  |      |      | 15.00 | 15.00 |  |  |  |
| DUMBARTON CENTRAL   |      |      | 15.50 | 15.50 |  |  |  |
| DALREOCH  |      |      | 15.75 | 15.75 |  |  |  |
| RENTON  |      |      | 17.50 |       |  |  |  |
| ALEXANDRIA  |      |      | 18.50 |       |  |  |  |
| BALLOCH   |      |      | 20.75 |       |  |  |  |
| CARDROSS  |      |      |       | 19.00 |  |  |  |
| CRAIGENDORAN  |      |      |       | 22.75 |  |  |  |
| HELENSBURGH CENTRAL   |      |      |       | 23.75 |  |  |  |
| HELENSBURGH UPPER   |      |      |       |       |  |  |  |

## DISTANCES (MILES)

| Table  | M1    | M2    | M3    | M4    | M5 | M6 | M7 |
|--|-------|-------|-------|-------|----|----|----|
| 207  |       |       |       |       |    |    |    |
| Glasgow to Hamilton, Larkhall, Whifflet and Motherwell |       |       |       |       |    |    |    |
| MILNGAVIE  |       |       |       |       |    |    |    |
| DALMUIR  |       |       |       |       |    |    |    |
| HYNDLAND   |       |       |       |       |    |    |    |
| PARTICK  |       |       |       |       |    |    |    |
| EXHIBITION CENTRE                                      |       |       |       |       |    |    |    |
| ANDERSTON  |       |       |       |       |    |    |    |
| GLASGOW CENTRAL  | 0.00  | 0.00  | 0.00  | 0.00  |    |    |    |
| ARGYLE STREET  | 0.50  | 0.50  | 0.50  |       |    |    |    |
| BRIDGETON  | 1.75  | 1.75  | 1.75  |       |    |    |    |
| DALMARNOCK   | 2.25  | 2.25  | 2.25  |       |    |    |    |
| RUTHERGLEN   | 3.00  | 3.00  | 3.00  |       |    |    |    |
| CAMBUSLANG   | 5.00  | 5.00  |       | 4.75  |    |    |    |
| NEWTON (LANARK)  | 6.50  | 6.50  |       |       |    |    |    |
| BLANTYRE   | 9.00  | 9.00  |       |       |    |    |    |
| HAMILTON WEST  | 10.75 | 10.75 |       |       |    |    |    |
| HAMILTON CENTRAL                                       | 11.75 | 11.75 |       |       |    |    |    |
| CHATELHERAULT  |       | 13.50 |       |       |    |    |    |
| MERRYTON   |       | 15.00 |       |       |    |    |    |
| LARKHALL   |       | 15.75 |       |       |    |    |    |
| AIRBLES  | 14.00 |       |       |       |    |    |    |
| CARMYLE  |       |       | 5.50  |       |    |    |    |
| MOUNT VERNON   |       |       | 7.00  |       |    |    |    |
| BAILLIESTON  |       |       | 7.75  |       |    |    |    |
| BARGEDDIE  |       |       | 9.75  |       |    |    |    |
| KIRKWOOD   |       |       | 10.25 |       |    |    |    |
| WHIFFLET   |       |       | 11.50 |       |    |    |    |
| UDDINGSTON   |       |       |       | 8.25  |    |    |    |
| BELLSHILL  |       |       |       | 11.00 |    |    |    |
| MOTHERWELL   | 14.75 |       | 15.50 | 13.75 |    |    |    |

|   |       |       |  |  |  |  |  |
|---|-------|-------|--|--|--|--|--|
| 208   |       |       |  |  |  |  |  |
| Glasgow, Hamilton and Motherwell to Cumbernauld and Falkirk |       |       |  |  |  |  |  |
| GLASGOW QUEEN STREET  |       | 0.00  |  |  |  |  |  |
| SPRINGBURN  |       | 2.00  |  |  |  |  |  |
| ROBROYSTON  |       | 4.00  |  |  |  |  |  |
| STEPPS  |       | 6.00  |  |  |  |  |  |
| GARTCOSH  |       | 7.00  |  |  |  |  |  |
| GLASGOW CENTRAL   |       |       |  |  |  |  |  |
| HAMILTON WEST   |       |       |  |  |  |  |  |
| HAMILTON CENTRAL  |       |       |  |  |  |  |  |
| AIRBLES   |       |       |  |  |  |  |  |
| MOTHERWELL  | 0.00  |       |  |  |  |  |  |
| WHIFFLET  | 4.00  |       |  |  |  |  |  |
| COATBRIDGE CENTRAL  | 5.00  |       |  |  |  |  |  |
| GREENFAULDS   | 11.00 | 13.00 |  |  |  |  |  |
| CUMBERNAULD   | 12.00 | 14.00 |  |  |  |  |  |
| CAMELON   |       | 23.00 |  |  |  |  |  |
| FALKIRK GRAHAMSTON  |       | 24.00 |  |  |  |  |  |
| LARBERT   | 20.00 |       |  |  |  |  |  |
| STIRLING  | 28.00 |       |  |  |  |  |  |

## DISTANCES (MILES)

| Table  | M1    | M2    | M3    | M4 | M5 | M6 | M7 |
|--|-------|-------|-------|----|----|----|----|
| 209  |       |       |       |    |    |    |    |
| Glasgow to Motherwell, Lanark, Carstairs, Shotts and Edinburgh |       |       |       |    |    |    |    |
| GLASGOW CENTRAL  | 0.00  | 0.00  | 0.00  |    |    |    |    |
| CAMBUSLANG   | 5.25  |       | 5.25  |    |    |    |    |
| UDDINGSTON   | 8.50  |       | 8.50  |    |    |    |    |
| BELLSHILL  | 11.25 |       | 11.25 |    |    |    |    |
| MOTHERWELL   |       | 12.50 | 13.75 |    |    |    |    |
| HOLYTOWN   | 13.25 |       |       |    |    |    |    |
| SHIELDMUIR   |       | 14.25 |       |    |    |    |    |
| WISHAW   |       | 15.75 |       |    |    |    |    |
| CARLUKE  |       | 20.25 |       |    |    |    |    |
| LANARK   |       | 28.75 |       |    |    |    |    |
| CARSTAIRS  |       | 28.50 |       |    |    |    |    |
| CARFIN   | 14.00 |       |       |    |    |    |    |
| CLELAND  | 15.75 |       |       |    |    |    |    |
| HARTWOOD   | 19.00 |       |       |    |    |    |    |
| SHOTTS   | 20.50 |       |       |    |    |    |    |
| FAULDHOUSE   | 24.00 |       |       |    |    |    |    |
| BREICH   | 26.25 |       |       |    |    |    |    |
| ADDIEWELL  | 28.75 |       |       |    |    |    |    |
| WEST CALDER  | 30.50 |       |       |    |    |    |    |
| LIVINGSTON SOUTH   | 33.25 |       |       |    |    |    |    |
| KIRKNEWTON   | 36.25 | 46.25 |       |    |    |    |    |
| CURRIEHILL   | 40.75 | 49.75 |       |    |    |    |    |
| WESTER HAILES  | 42.50 | 52.50 |       |    |    |    |    |
| KINGSKNOWE   | 43.50 | 53.50 |       |    |    |    |    |
| SLATEFORD  | 44.25 | 54.25 |       |    |    |    |    |
| HAYMARKET  | 46.00 | 56.00 |       |    |    |    |    |
| EDINBURGH  | 47.25 | 57.25 |       |    |    |    |    |

|  |       |      |  |  |  |  |  |
|--|-------|------|--|--|--|--|--|
| 210  |       |      |  |  |  |  |  |
| Glasgow to Springburn, Coatbridge, Airdrie, Bathgate and Edinburgh |       |      |  |  |  |  |  |
| HELENSBURGH CENTRAL  |       |      |  |  |  |  |  |
| BALLOCH  |       |      |  |  |  |  |  |
| DUMBARTON CENTRAL  |       |      |  |  |  |  |  |
| DALMUIR  |       |      |  |  |  |  |  |
| MILNGAVIE  |       |      |  |  |  |  |  |
| PARTICK  |       |      |  |  |  |  |  |
| CHARING CROSS  |       |      |  |  |  |  |  |
| GLASGOW QUEEN STREET   | 0.00  | 0.00 |  |  |  |  |  |
| HIGH STREET  | 0.50  | 0.50 |  |  |  |  |  |
| BELGROVE   | 1.00  | 1.00 |  |  |  |  |  |
| DUKE STREET  |       | 1.50 |  |  |  |  |  |
| ALEXANDRA PARADE   |       | 1.75 |  |  |  |  |  |
| BARNHILL   |       | 3.00 |  |  |  |  |  |
| SPRINGBURN   |       | 3.25 |  |  |  |  |  |
| CARNTYNE   | 2.75  |      |  |  |  |  |  |
| SHETTLESTON  | 3.50  |      |  |  |  |  |  |
| GARROWHILL   | 4.75  |      |  |  |  |  |  |
| EASTERHOUSE  | 5.25  |      |  |  |  |  |  |
| BLAIRHILL  | 8.50  |      |  |  |  |  |  |
| COATBRIDGE SUNNYSIDE   | 9.00  |      |  |  |  |  |  |
| COATDYKE   | 10.00 |      |  |  |  |  |  |
| AIRDRIE  | 11.00 |      |  |  |  |  |  |
| DRUMGELLOCH  | 12.50 |      |  |  |  |  |  |
| CALDERCRUIX  | 15.50 |      |  |  |  |  |  |
| BLACKRIDGE   | 21.00 |      |  |  |  |  |  |
| ARMADALE   | 23.25 |      |  |  |  |  |  |
| BATHGATE   | 25.75 |      |  |  |  |  |  |
| LIVINGSTON NORTH   | 28.75 |      |  |  |  |  |  |
| UPHALL   | 31.75 |      |  |  |  |  |  |
| EDINBURGH PARK   | 40.50 |      |  |  |  |  |  |
| HAYMARKET  | 43.00 |      |  |  |  |  |  |
| EDINBURGH  | 44.25 |      |  |  |  |  |  |

## DISTANCES (MILES)

| Table  | M1    | M2 | M3 | M4 | M5 | M6 | M7 |
|--|-------|----|----|----|----|----|----|
| <b>211</b>                                   |       |    |    |    |    |    |    |
| <b>Glasgow to Falkirk High and Edinburgh</b> |       |    |    |    |    |    |    |
| GLASGOW QUEEN STREET                         | 0.00  |    |    |    |    |    |    |
| CROY   | 11.50 |    |    |    |    |    |    |
| FALKIRK HIGH                                 | 21.75 |    |    |    |    |    |    |
| POLMONT                                      | 25.00 |    |    |    |    |    |    |
| LINLITHGOW                                   | 29.75 |    |    |    |    |    |    |
| HAYMARKET                                    | 46.00 |    |    |    |    |    |    |
| EDINBURGH                                    | 47.25 |    |    |    |    |    |    |

|  |       |       |       |      |  |  |  |
|--|-------|-------|-------|------|--|--|--|
| <b>212</b>   |       |       |       |      |  |  |  |
| <b>Glasgow, Edinburgh and Falkirk to Stirling, Alloa, Dunblane and Perth</b> |       |       |       |      |  |  |  |
| GLASGOW QUEEN STREET   | 0.00  | 0.00  |       |      |  |  |  |
| BISHOPBRIGGS   | 3.25  | 3.25  |       |      |  |  |  |
| LENZIE   | 6.25  | 6.25  |       |      |  |  |  |
| CROY   | 11.50 | 11.50 |       |      |  |  |  |
| EDINBURGH  |       |       | 0.00  |      |  |  |  |
| HAYMARKET  |       |       | 1.25  |      |  |  |  |
| EDINBURGH PARK   |       |       | 3.75  |      |  |  |  |
| LINLITHGOW   |       |       | 17.50 |      |  |  |  |
| POLMONT  |       |       | 22.25 |      |  |  |  |
| FALKIRK GRAHAMSTON   |       |       | 25.50 | 0.00 |  |  |  |
| CAMELON  |       |       | 27.00 | 1.00 |  |  |  |
| CUMBERNAULD  |       |       |       | 9.00 |  |  |  |
| LARBERT  | 21.00 | 21.00 | 28.25 |      |  |  |  |
| STIRLING   | 29.00 | 29.00 | 36.50 |      |  |  |  |
| ALLOA  | 35.75 |       |       |      |  |  |  |
| BRIDGE OF ALLAN  |       | 32.50 | 40.00 |      |  |  |  |
| DUNBLANE   |       | 34.50 | 42.00 |      |  |  |  |
| GLENEAGLES   |       | 46.75 | 54.25 |      |  |  |  |
| PERTH  |       | 62.50 | 70.75 |      |  |  |  |

|  |       |        |        |  |  |  |  |
|--|-------|--------|--------|--|--|--|--|
| <b>213</b>   |       |        |        |  |  |  |  |
| <b>Glasgow, Edinburgh and Perth to Pitlochry, Aviemore and Inverness</b> |       |        |        |  |  |  |  |
| EDINBURGH  | 0.00  | 0.00   |        |  |  |  |  |
| HAYMARKET  | 1.25  | 1.25   |        |  |  |  |  |
| EDINBURGH GATEWAY  | 5.50  |        |        |  |  |  |  |
| INVERKEITHING  | 13.25 |        |        |  |  |  |  |
| KIRKCALDY  | 26.00 |        |        |  |  |  |  |
| MARKINCH   | 33.25 |        |        |  |  |  |  |
| LADYBANK   | 39.25 |        |        |  |  |  |  |
| GLASGOW QUEEN STREET   |       |        | 0.00   |  |  |  |  |
| FALKIRK GRAHAMSTON   |       | 25.50  |        |  |  |  |  |
| LARBERT  |       | 28.25  | 21.00  |  |  |  |  |
| STIRLING   |       | 36.50  | 29.00  |  |  |  |  |
| BRIDGE OF ALLAN  |       | 40.00  | 32.50  |  |  |  |  |
| DUNBLANE   |       | 42.00  | 34.50  |  |  |  |  |
| GLENEAGLES   |       | 54.25  | 46.75  |  |  |  |  |
| PERTH  | 57.00 | 70.75  | 62.50  |  |  |  |  |
| DUNKELD & BIRNAM   |       | 86.25  | 78.00  |  |  |  |  |
| PITLOCHRY  |       | 99.25  | 91.00  |  |  |  |  |
| BLAIR ATHOLL   |       | 106.00 | 97.75  |  |  |  |  |
| DALWHINNIE   |       | 130.25 | 121.00 |  |  |  |  |
| NEWTONMORE   |       | 140.50 | 131.25 |  |  |  |  |
| KINGUSSIE  |       | 143.25 | 134.00 |  |  |  |  |
| AVIEMORE   |       | 155.00 | 145.75 |  |  |  |  |
| CARRBRIDGE   |       | 162.00 | 152.75 |  |  |  |  |
| INVERNESS  |       | 188.75 | 180.00 |  |  |  |  |

# DISTANCES (MILES)

| Table  | M1     | M2     | M3     | M4 | M5 | M6 | M7 |
|--|--------|--------|--------|----|----|----|----|
| 214  |        |        |        |    |    |    |    |
| Glasgow, Edinburgh and Perth to Dundee, Arbroath, Aberdeen, Inverurie, Elgin and Inverness |        |        |        |    |    |    |    |
| EDINBURGH  |        | 0.00   |        |    |    |    |    |
| HAYMARKET  |        | 1.25   |        |    |    |    |    |
| EDINBURGH GATEWAY  |        | 5.50   |        |    |    |    |    |
| INVERKEITHING  |        | 13.25  |        |    |    |    |    |
| KIRKCALDY  |        | 26.00  |        |    |    |    |    |
| MARKINCH   |        | 33.25  |        |    |    |    |    |
| LADYBANK   |        | 39.25  |        |    |    |    |    |
| SPRINGFIELD  |        | 42.25  |        |    |    |    |    |
| CUPAR  |        | 44.50  |        |    |    |    |    |
| LEUCHARS   |        | 51.00  |        |    |    |    |    |
| GLASGOW QUEEN STREET   | 0.00   |        |        |    |    |    |    |
| LARBERT  | 21.00  |        |        |    |    |    |    |
| STIRLING   | 29.00  |        |        |    |    |    |    |
| BRIDGE OF ALLAN  | 32.50  |        |        |    |    |    |    |
| DUNBLANE   | 34.50  |        |        |    |    |    |    |
| GLENEAGLES   | 46.75  |        |        |    |    |    |    |
| PERTH  | 62.50  |        |        |    |    |    |    |
| INVERGOWRIE  | 79.75  |        |        |    |    |    |    |
| DUNDEE   | 83.75  | 59.25  |        |    |    |    |    |
| BROUGHTY FERRY   | 87.25  | 63.25  |        |    |    |    |    |
| BALMOSSIE  | 89.00  | 65.00  |        |    |    |    |    |
| MONIFIETH  | 89.75  | 65.75  |        |    |    |    |    |
| BARRY LINKS  | 92.75  | 68.75  |        |    |    |    |    |
| GOLF STREET  | 93.50  | 69.50  |        |    |    |    |    |
| CARNOUSTIE   | 94.00  | 70.00  |        |    |    |    |    |
| ARBROATH   | 100.25 | 76.25  |        |    |    |    |    |
| MONTROSE   | 114.00 | 90.00  |        |    |    |    |    |
| LAURENCEKIRK   | 124.00 | 100.00 |        |    |    |    |    |
| STONEHAVEN   | 138.25 | 114.25 |        |    |    |    |    |
| PORTLETHEN   | 146.50 | 122.50 |        |    |    |    |    |
| ABERDEEN   | 154.50 | 130.50 | 0.00   |    |    |    |    |
| DYCE   |        |        | 6.25   |    |    |    |    |
| KINTORE  |        |        | 13.00  |    |    |    |    |
| INVERURIE  |        |        | 17.00  |    |    |    |    |
| INSCH  |        |        | 27.05  |    |    |    |    |
| HUNTLY   |        |        | 40.75  |    |    |    |    |
| KEITH  |        |        | 53.25  |    |    |    |    |
| ELGIN  |        |        | 71.25  |    |    |    |    |
| FORRES   |        |        | 83.05  |    |    |    |    |
| NAIRN  |        |        | 93.25  |    |    |    |    |
| INVERNESS AIRPORT  |        |        |        |    |    |    |    |
| INVERNESS  |        |        | 108.25 |    |    |    |    |

## DISTANCES (MILES)

| Table   | M1    | M2    | M3    | M4     | M5    | M6 | M7 |
|---|-------|-------|-------|--------|-------|----|----|
| <b>215</b>  |       |       |       |        |       |    |    |
| <b>Edinburgh to Dunfermline, Cowdenbeath, Kirkcaldy, Glenrothes, Perth and Dundee</b> |       |       |       |        |       |    |    |
| EDINBURGH   | 0.00  | 0.00  | 0.00  | 0.00   | 0.00  |    |    |
| HAYMARKET   | 1.25  | 1.25  | 1.25  | 1.25   | 1.25  |    |    |
| SOUTH GYLE  | 4.50  | 4.50  | 4.50  | 4.50   | 4.50  |    |    |
| EDINBURGH GATEWAY   | 5.50  | 5.50  | 5.50  | 5.50   | 5.50  |    |    |
| DALMENY   | 9.50  | 9.50  | 9.50  | 9.50   | 9.50  |    |    |
| NORTH QUEENSFERRY   | 11.25 | 11.25 | 11.25 | 11.25  | 11.25 |    |    |
| INVERKEITHING   | 13.25 | 13.25 | 13.25 | 13.25  | 13.25 |    |    |
| ROSYTH  |       |       | 14.75 |        |       |    |    |
| DUNFERMLINE TOWN  |       |       | 17.00 |        |       |    |    |
| DUNFERMLINE QUEEN MARGARET  |       |       | 18.75 |        |       |    |    |
| COWDENBEATH   |       |       | 22.75 |        |       |    |    |
| LOCHGELLY   |       |       | 25.00 |        |       |    |    |
| CARDENDEN   |       |       | 27.25 |        |       |    |    |
| DALGETY BAY   | 14.75 | 14.75 |       | 14.75  | 14.75 |    |    |
| ABERDOUR  | 17.50 | 17.50 |       | 17.50  | 17.50 |    |    |
| BURNTISLAND   | 20.25 | 20.25 |       | 20.25  | 20.25 |    |    |
| KINGHORN  | 22.75 | 22.75 |       | 22.75  | 22.75 |    |    |
| KIRKCALDY   | 25.75 | 25.75 |       | 25.75  | 25.75 |    |    |
| GLENROTHES WITH THORNTON  | 30.75 |       | 30.75 |        |       |    |    |
| CAMERON BRIDGE  |       | 34.50 |       |        |       |    |    |
| LEVEN   |       | 36.50 |       |        |       |    |    |
| MARKINCH  |       |       |       | 33.25  | 33.25 |    |    |
| LADYBANK  |       |       |       | 39.25  | 39.25 |    |    |
| PERTH   |       |       |       |        | 57.00 |    |    |
| SPRINGFIELD   |       |       |       | 42.25  |       |    |    |
| CUPAR   |       |       |       | 44.50  |       |    |    |
| LEUCHARS  |       |       |       | 51.00  |       |    |    |
| DUNDEE  |       |       |       | 59.25  |       |    |    |
| ARBROATH  |       |       |       | 76.25  |       |    |    |
| ABERDEEN  |       |       |       | 130.50 |       |    |    |

|  |       |       |  |  |  |  |  |
|--|-------|-------|--|--|--|--|--|
| <b>216</b>                                   |       |       |  |  |  |  |  |
| <b>Edinburgh to North Berwick and Dunbar</b> |       |       |  |  |  |  |  |
| HAYMARKET                                    | 0.00  | 0.00  |  |  |  |  |  |
| EDINBURGH                                    | 1.25  | 1.25  |  |  |  |  |  |
| MUSSELBURGH                                  | 6.50  | 6.50  |  |  |  |  |  |
| WALLYFORD                                    | 8.75  | 8.75  |  |  |  |  |  |
| PRESTONPANS                                  | 11.00 | 11.00 |  |  |  |  |  |
| LONGNIDDRY                                   | 14.50 | 14.50 |  |  |  |  |  |
| DREM   | 19.00 | 19.00 |  |  |  |  |  |
| NORTH BERWICK                                |       | 29.25 |  |  |  |  |  |
| EAST LINTON                                  | 24.25 |       |  |  |  |  |  |
| DUNBAR                                       | 30.25 |       |  |  |  |  |  |

|  |       |  |  |  |  |  |  |
|--|-------|--|--|--|--|--|--|
| <b>217</b>                                   |       |  |  |  |  |  |  |
| <b>Edinburgh to Galashiels and Tweedbank</b> |       |  |  |  |  |  |  |
| HAYMARKET                                    |       |  |  |  |  |  |  |
| EDINBURGH                                    | 0.00  |  |  |  |  |  |  |
| BRUNSTANE                                    | 4.00  |  |  |  |  |  |  |
| NEWCRAIGHALL                                 | 4.75  |  |  |  |  |  |  |
| SHAWFAIR                                     | 5.75  |  |  |  |  |  |  |
| ESKBANK                                      | 8.25  |  |  |  |  |  |  |
| NEWTONGRANGE                                 | 9.75  |  |  |  |  |  |  |
| GOREBRIDGE                                   | 12.00 |  |  |  |  |  |  |
| STOW   | 26.75 |  |  |  |  |  |  |
| GALASHIELS                                   | 36.50 |  |  |  |  |  |  |
| TWEEDBANK                                    | 38.50 |  |  |  |  |  |  |

# DISTANCES (MILES)

| Table  | M1     | M2     | M3 | M4 | M5 | M6 | M7 |
|--|--------|--------|----|----|----|----|----|
| 218  |        |        |    |    |    |    |    |
| Edinburgh and Glasgow to Crianlarich, Oban, Fort William and Mallaig |        |        |    |    |    |    |    |
| EDINBURGH  |        |        |    |    |    |    |    |
| GLASGOW QUEEN STREET   | 0.00   | 0.00   |    |    |    |    |    |
| DALMUIR  | 10.00  | 10.00  |    |    |    |    |    |
| DUMBARTON CENTRAL  | 16.50  | 16.50  |    |    |    |    |    |
| HELENSBURGH UPPER  | 25.50  | 25.50  |    |    |    |    |    |
| GARELOCHHEAD   | 32.25  | 32.25  |    |    |    |    |    |
| ARROCHAR & TARBET  | 43.00  | 43.00  |    |    |    |    |    |
| ARDLUI   | 51.00  | 51.00  |    |    |    |    |    |
| CRIANLARICH  | 59.75  | 59.75  |    |    |    |    |    |
| TYNDRUM LOWER  | 64.75  |        |    |    |    |    |    |
| DALMALLY   | 76.75  |        |    |    |    |    |    |
| LOCH AWE   | 79.50  |        |    |    |    |    |    |
| FALLS OF CRUACHAN  | 83.50  |        |    |    |    |    |    |
| TAYNUILT   | 88.50  |        |    |    |    |    |    |
| CONNEL FERRY   | 95.25  |        |    |    |    |    |    |
| OBAN   | 101.50 |        |    |    |    |    |    |
| UPPER TYNDRUM  |        | 64.50  |    |    |    |    |    |
| BRIDGE OF ORCHY  |        | 72.25  |    |    |    |    |    |
| RANNOCH  |        | 87.75  |    |    |    |    |    |
| CORROUR  |        | 95.00  |    |    |    |    |    |
| TULLOCH  |        | 105.00 |    |    |    |    |    |
| ROY BRIDGE   |        | 110.75 |    |    |    |    |    |
| SPEAN BRIDGE   |        | 114.00 |    |    |    |    |    |
| FORT WILLIAM   |        | 122.75 |    |    |    |    |    |
| BANAVIE  |        | 125.00 |    |    |    |    |    |
| CORPACH  |        | 126.00 |    |    |    |    |    |
| LOCH EIL OUTWARD BOUND   |        | 129.00 |    |    |    |    |    |
| LOCHEILSIDE  |        | 132.75 |    |    |    |    |    |
| GLENFINNAN   |        | 139.25 |    |    |    |    |    |
| LOCHAILORT   |        | 148.50 |    |    |    |    |    |
| BEASDALE   |        | 153.25 |    |    |    |    |    |
| ARISAIG  |        | 156.75 |    |    |    |    |    |
| MORAR  |        | 161.25 |    |    |    |    |    |
| MALLAIG  |        | 164.25 |    |    |    |    |    |



## DISTANCES (MILES)

| Table  | M1     | M2    | M3 | M4 | M5 | M6 | M7 |
|--|--------|-------|----|----|----|----|----|
| 219  |        |       |    |    |    |    |    |
| Inverness to Dingwall, Kyle of Lochalsh, Thurso and Wick |        |       |    |    |    |    |    |
| INVERNESS  | 0.00   | 0.00  |    |    |    |    |    |
| BEAULY   | 10.00  | 10.00 |    |    |    |    |    |
| MUIR OF ORD  | 13.00  | 13.00 |    |    |    |    |    |
| CONON BRIDGE   | 16.00  | 16.00 |    |    |    |    |    |
| DINGWALL   | 18.75  | 18.75 |    |    |    |    |    |
| GARVE  |        | 30.50 |    |    |    |    |    |
| LOCHLUICHART   |        | 36.00 |    |    |    |    |    |
| ACHANALT   |        | 40.25 |    |    |    |    |    |
| ACHNASHEEN   |        | 46.50 |    |    |    |    |    |
| ACHNASHELLACH  |        | 59.25 |    |    |    |    |    |
| STRATHCARRON   |        | 64.50 |    |    |    |    |    |
| ATTADALE   |        | 67.00 |    |    |    |    |    |
| STROME FERRY   |        | 72.00 |    |    |    |    |    |
| DUNCRAIG   |        | 75.75 |    |    |    |    |    |
| PLOCKTON   |        | 77.00 |    |    |    |    |    |
| DUIRINISH  |        | 78.50 |    |    |    |    |    |
| KYLE OF LOCHALSH   |        | 82.25 |    |    |    |    |    |
| ALNESS   | 28.50  |       |    |    |    |    |    |
| INVERGORDON  | 31.50  |       |    |    |    |    |    |
| FEARN  | 40.75  |       |    |    |    |    |    |
| TAIN   | 44.25  |       |    |    |    |    |    |
| ARDGAY   | 57.75  |       |    |    |    |    |    |
| CULRAIN  | 61.00  |       |    |    |    |    |    |
| INVERSHIN  | 61.50  |       |    |    |    |    |    |
| LAIRG  | 67.00  |       |    |    |    |    |    |
| ROGART   | 77.00  |       |    |    |    |    |    |
| GOLSPIE  | 84.50  |       |    |    |    |    |    |
| DUNROBIN CASTLE  | 87.00  |       |    |    |    |    |    |
| BRORA  | 90.50  |       |    |    |    |    |    |
| HELMSDALE  | 101.50 |       |    |    |    |    |    |
| KILDONAN   | 111.00 |       |    |    |    |    |    |
| KINBRACE   | 118.25 |       |    |    |    |    |    |
| FORSINARD  | 125.75 |       |    |    |    |    |    |
| ALTNABREAC   | 134.00 |       |    |    |    |    |    |
| SCOTSCALDER  | 143.00 |       |    |    |    |    |    |
| GEORGEMAS JUNCTION                                       | 147.25 |       |    |    |    |    |    |
| THURSO   | 154.00 |       |    |    |    |    |    |
| WICK   | 175.00 |       |    |    |    |    |    |